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| Date | Course | Time | Venue |
| **January** | | | |
| Wed 10th | Provide CPR (HLTAID009) | 1.30-3.30pm | Gosford Pool |
| **February** | | | |
| Wed 7th | Provide CPR (HLTAID009) | 9.30-11.30am | Lake Haven Rec Centre |
| Thurs 8th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |
| Wed 14th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Wed 14th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 21st | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| Thurs 22nd | Advanced Resuscitation | 9am – 1pm | Gosford Olympic Pool |
| **March** | | | |
| Wed 6th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| Thurs 14th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thurs 14th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 20th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| **April** | | | |
| Wed 3rd | Advanced Resuscitation | 9am – 1pm | Gosford Olympic Pool |
| Wed 10th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| Wed 24h | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Wed 24th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| **May** | | | |
| Wed 1st | Provide CPR (HLTAID009) | 9.30-11.30am | Lake Haven Rec Centre |
| Wed 15th | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| Fri 17th | Pool Lifeguard Update | 9am-4pm | Gosford Pool |
| **June** | | | |
| Wed 5th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Wed 5th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 26th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| **July** | | | |
| Wed 3rd | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| Thurs 11th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thurs 11th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 17th | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| Thurs 18th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| **August** | | | |
| Wed 7th | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| Thurs 8th | Advanced Resuscitation | 9am – 1pm | Gosford Pool |
| Wed 21st | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Wed 21st | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 28th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| **September** | | | |
| Thurs 5th | Provide CPR (HLTAID009) | 9.30-11.30am | Lake Haven Rec Centre |
| Thurs 12th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thurs 12th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Fri 13th | Pool Lifeguard Update | 9am – 4pm | Gosford Pool |
| **October** | | | |
| Wed 9th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Wed 9th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 16th | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| Wed 23rd | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| **November** | | | |
| Wed 6th | Advanced Resuscitation | 9am-1pm | Gosford Pool |
| Thurs 14th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thurs 14th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wed 20th | Provide First Aid course (HLTAIDO11) | 8.30-12.30pm | Lake Haven Rec Centre |
| Wed 20th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Thurs 21st | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| Wed 27th | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |
| **December** | | | |
| Mon 2nd | Pool Lifeguard Update | 9am – 4pm | Wyong Pool |
| Tues 3rd | Pool Lifeguard Update | 9am – 4pm | Gosford Pool |
| Wed 4th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Pool |
| Thurs 5th | Provide CPR (HLTAID009) | 9.30-11.30am | Lake Haven Rec Centre |
| Wed 11th | Provide First Aid course (HLTAIDO11) | 9am – 1pm | Niagara Park Stadium |