



TERRIGAL

“there are no strangers here.... only friends you have yet to meet”

Cnr Terrigal Drive & Duffys Road, Terrigal 2260
 Email: terrigal50plus@outlook.com

Ph: 4384 5152

Monday		
Fitness	8.00am – 9.15am (7.30am start optional)	\$5
Mosaics	9.30am – 12.30pm	\$30 (per project)
Bridge	10.00am – 2.30pm	\$2.50
Bridge Lessons (Beginners)	10.30am – 2.30pm (Begins 4/2/19))	\$30 (6 wk course)
Ukulele	1.30pm – 2.30pm	\$5
Zumba Gold	2.30pm – 3.30pm	\$5
Woodport Physical Culture Club	4.00 pm – 9.15pm (0414854324)	\$5 - \$7
Tuesday		
Yoga	8.00am – 9.00am	\$5
Painting	9.00am – 12.00pm	\$2
Mah Jong	9.30am – 2.30pm	\$2
Rock and Roll Dance School	12.30pm – 2.00pm	\$10
Zumba Gold	2.30pm – 3.30pm	\$5
Jazz Dance	3.45pm – 5.15pm (0402197475)	\$12
Groove	5.30pm – 6.30pm (0423655982)	\$10 (\$40 for 5)
Wednesday		
Yoga	8.00am – 9.00 am	\$5
Indoor Bowls	9.30am –11.30am	\$2
Handicraft	9.00am – 12.00pm	\$2
Cards (Samba/Bolivia)	9.30am – 2.30pm	\$2
Cards (Solo)	11.00am – 3.00pm	\$2
Bingo	1.00pm – 3.00pm	\$2 + games
Tai Chi	3.30 pm- 5.00pm (0415321001)	\$8
Taekwondo	6.30pm – 8.00pm (0404381150)	\$60/month
THURSDAY		
Bushwalking	8.00am onwards (Refer to itinerary)	\$1
Yoga	8.00am – 9.00am	\$5
That’s entertainment concerts (1 st 3 rd 5 th of the month)	10.00am – 12.00pm	\$5 (morning tea inc)
Book Club (2 nd & 4 th of the month)	10.00am – 12.00pm	\$2 (Booked out)
Zumba Gold	1.00pm – 2.00pm	\$5
Yoga	3.00pm – 4.00pm (0410441601)	\$7
Woodport Physical Culture Club	4.30 pm – 9.15pm (0414854324)	\$5 - \$7

	FRIDAY	
Fitness	8.00am – 9.15am (7.30am start optional)	\$5
Card Making	9.00am – 12.00PM	\$8
Yoga	9.30am – 10.30am	\$5
Meditation	9.30am – 10.30am	\$2
Cards (500)	10.30am – 2.30pm	\$2
Line Dancing	11.00am – 12.30pm	\$5
Tai Chi	1.00pm – 2.00pm	\$5
Salsa Dancing (starts 1st Mar)	7.00pm – 8.30pm	\$120 (6 wk course)

Denotes private hirers

Dining Room opens 7.00am – Lunch orders required by 11.00am

Morning & Afternoon Tea available

Library is open whilst Centre is open