

Activities Information

Each Activity has a Convenor who represent Members at monthly meetings with the Team Leader. At the meetings Conveners are able to raise matters and put in requests for activity requirements. They are also given information to pass onto members.

Meals

A meal service is subsidised by Central Coast Council, to help keep prices at a minimum. Hot lunch is available from Tuesday to Friday. To provide an efficient service, lunch orders are required by 11:00am. Our kitchen is run primarily by volunteers with the assistance of a staff member to ensure legislative conditions are met.

Parking

Some parking is available at the back of the Centre. There is all day parking along Karingi Street and 3 hour parking across the road behind the dry cleaners. Please do not park in front of the school gates.

Terms and Conditions

- Attire must be neat, tidy and appropriate at all times. Singlets, bare feet, thongs or soiled clothing are not permitted.
- Smoking is not permitted in Council's buildings or vehicles or within 10 meters of the Centre.
- Members who are found to be intoxicated or exhibit anti-social behaviour will be required to leave the premises immediately.
- No verbal or physical abuse of members, other users or staff will be tolerated. This includes comments regarding religion, race, sex, age or disability.
- The canvassing for petitions by members will not be allowed.
- Individuals have responsibility for their own health and safety.
- Council is not responsible for the loss or damage to any personal belongings left unattended.
- Issues regarding the care and maintenance of Council's building and equipment are to be taken up with the Positive Ageing Officer or Team Leader and are not to be dealt with directly by members or other users.
- No animals, except guide dogs or animals trained for people with disabilities, are to be brought into the Centre.



50+ Leisure
and Learning
Centres

Activity Program and Fees

Ettalong

PHONE 4304 7222

Cnr Broken Bay Road and Karingi Street

Thank you for joining our Centre,
we hope you will find friendship and a caring atmosphere.
Please feel free to discuss any ideas you may have or new
Activities you would like to see introduced.
We welcome your friends to join us as well.

Fees

An Annual Membership of \$10.00 p/a will be charged from 1 July each year. All activities are free unless stated otherwise.

Staff

Team Leader: Melissa Metcalfe

Positive Ageing Officers: Bronwyn McKirdy

Volunteers: Receptionist, Gardener and Kitchenhands

Volunteers

Volunteering is a great way to give back to your community, make new friends and provides an opportunity to develop new skills. Volunteering promotes personal growth and self-esteem. If you are interested in becoming a Volunteer please speak to the Centre's Positive Ageing Officer.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY					
Indoor Bowls	9:00 to 11:30	Indoor Bowls	9:00 to 11:30	Indoor Bowls	9:00 to 11:30	Indoor Bowls	9:00 to 11:30	Indoor Bowls	9:00 to 11:30				
Chess	9:00 to 11:30	Dancing	9:00 to 11:30	Table Tennis	9:00 to 12:00	Dancing	9:00 to 11:30	Line Dancing (PH) \$6 Contact: 0409 150 518	9:30 to 11:30				
Rummikg	9:00 to 12:00	Handicraft	9:30 to 11:30	Leatherwork	9:00 to 12:00	Chess	9:00 to 11:30	Painting	9:30 to 12:00				
Ukulele	9:30 to 11:00	Darts	12:00 to 2:30	Bridge	12:00 to 3:30	Women's Shed	9:30 to 12:00	Bridge	12:00 to 3:30				
Mah Jong	12:30 to 3:30	Cards (500 & Canasta)	12:30 to 3:30	Scrabble	12:00 to 3:30	Mah Jong	12:00 to 3:30	Choir	12:30 to 2:30				
Fitness (PH) \$10.00 Contact: 0424 347 578	1:00 to 2:00	Social Dancing (PH) \$6 Contact: 0409 994 307	5:45 to 8:45	Active 50+ Exercise (PH) \$10.00 Contact: 0404 944 342	1:00 to 2:00	Table Tennis	1:00 to 3:30	Bowls Clinic	1:00 to 2:00				
Chair Yoga (PH) \$10.00 Contact: 0410 305 011	2:30 to 3:30			Clubbercise (PH) \$10 Contact: 0424 176 411	6:00 to 7:00			<table border="1"> <thead> <tr> <th colspan="2">SUNDAY</th> </tr> </thead> <tbody> <tr> <td>Coastal Bootscooters (PH) \$6 Contact: 0409 150 518</td> <td>3:00 to 6:00</td> </tr> </tbody> </table>		SUNDAY		Coastal Bootscooters (PH) \$6 Contact: 0409 150 518	3:00 to 6:00
SUNDAY													
Coastal Bootscooters (PH) \$6 Contact: 0409 150 518	3:00 to 6:00												
Clubbercise (PH) \$10 Contact: 0424 176 411	6:00 to 7:00												



(S, C, R, A, B, B, L, E)

Disclaimer: Activity schedules are subject to change. Information may be changed or updated without notice. (PH) denotes private hirer