

Lake Haven Recreation Centre

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FiT
For Life

**Lake Haven
Recreation
Centre
Sports
Activities List**



Leisure
Centres

ADULT & TEEN ACTIVITIES	DAY & TIME	COST (valid to 30 th June 2024)	SEASONS
General BB Court Hire General Squash Court Hire	Mon to Sun (operating hrs) Mon to Sun (operating hrs)	\$34 (30min) \$68 (60min) \$12.50 (1/2hr) \$25(hr)#members free	all year round (court avail. varies) all year round (court avail. varies)
Indoor BB Courts Casual Entry	Mon to Sun (operating hrs)	\$7 per person #members free	all year round (court avail. varies)
Netball - LHRC women's comp night	Wed 6pm-9pm	teams pay \$65 per game*	Mar-Jun, Jul-Oct & Nov-Feb
Basketball - LHRC men's & U25s comp night adult drop-in games (staffed)	Tue 6pm-10pm Mon 615pm-8.15pm	teams pay \$65 per game* \$9 per person #members free	Mar-Jun, Jul-Oct & Nov-Feb 6pm to 8pm school hols
Dance – Your First Dance Co. held in our recreation room	Mon, Tue, Wed, Thurs from 630pm	Info: 0438 401 872 yourfirstdanceco.com.au	school terms
Squash social comp (Mags Mullarkey) squash court bookings	Wed 9am-11am opening hours	info: 0423 591 359 From \$12.50 ½ hr #members free	school terms all year round
Badminton - LHRC social drop-in	Mon,Wed,Thur 10am-12pm Fri 9am-11am Wed 6.15pm-8.15pm	\$7 per person #members free	all year round 6pm to 8pm school hols
Volleyball – LHRC social drop-in	Sat 10am-12pm Thurs 6.15pm-8.15pm	\$7 per person #members free	all year round 6pm-8pm school hols
Judo - Evolution Judo Academy held in our recreation room	Thurs 5pm-6pm	info: 0423 466 212 matthewlipman36@hotmail.com	all year round

JUNIOR ACTIVITIES	DAY & TIME	COST (valid to 30 th June 2024)	SEASONS
Indoor BB Courts Casual Entry	Mon to Sun (operating hrs)	*\$6 per person #members free	court availability varies
Basketball - LHRC U12, U14, U16, U19s comps learn to play coaching (6-11 yrs) game skills coaching (12-16 yrs)	teams play Fri 4pm-10pm Mon, Tue & Thurs 4pm Mon, Tue & Thurs 5pm	teams pay \$55 per game* From \$11.50/session AK vouch yes From \$11.50/session AK vouch yes	School terms- 3x13 week comps school terms school terms
Little Kickers – Soccer lessons for pre-schoolers	Mon & Sat mornings classes held on crt 1	info: 4326 1997 littlekickers.com.au	all year round
YMCA Street Gym Free teens indoor sports & fitness	Thurs 2.30pm-4.30pm	info: 0409 658 302 free indoor crts & outdoor gym	centralcoast.youth@ymcansw.org.au school terms
Goshu Kenpo – Golden Dragon 6 -15 years martial arts	Tue, & Wed 6pm-7pm squash crt3 with Sensei Ryan	info: 0450 663 617	school terms
Judo – Evolution Judo Academy 6 -15 years martial arts	Mon & Wed from 4.30pm Rec room with Matt Lipman	info: 0423 466 212 matthewlipman36@hotmail.com	school terms
Go4 Fun Kids Free healthy lifestyle prog	Tue 4pm -6pm	Info:1800 780 900 or go4fun.com.au Free gov program	School terms
Kids School Holiday Activities Basketball Coaching (6-15 yrs) Inflatable & sports fun (5-12 yrs) Basketball casual entry	Mon & Thurs from 430pm TBA Mon to Fri 9am-3pm	\$13.50 per session \$10.50 per person *\$6 per person #members free	school holidays school holidays school holidays

* Children 11 years and under require supervision by an adult or responsible teenager

* Team registration fee applies

Operating Hours - 6am to 8pm Monday to Thursday, 6am to 7pm Fridays, 8am to 4pm Saturdays & 9am to 3pm Sundays (closed most Public Hols)