25m Pool Timetable Tuesday Wednesday Thursday Saturday SQUAD SQUAD SQUAD SQUAD SQUAD SQUAD OPEN SQUAD OPEN SQUAD OPEN OPEN SQUAD SOUAD SQUAD OPEN SQUAD OPEN SQUAD OPEN SQUAD OPEN SOUAD OPEN SOUAD SOUAD OPEN OPEN SOUAD OPEN SQUAD OPEN For Life SOUAD OPEN **OPEN** SOUAD OPEN SOUAD OPEN SOUAD OPEN OPEN SOUAD OPEN OPEN 8am **OPEN** AQUA OPEN **OPEN OPEN OPEN** 8:45am **OPEN** AQUA OPEN **OPEN OPEN** AOUA OPEN **OPEN OPEN** Toukley AOUA AQUA AOUA OPEN OPEN **OPEN OPEN** OPEN Swimfit **OPEN OPEN** AQUA AOUA OPEN OPEN **OPEN OPEN OPEN OPEN OPEN** Aquatic **OPEN OPEN** AQUA **OPEN OPEN OPEN OPEN OPEN OPEN OPEN** OPEN **OPEN OPEN OPEN OPEN OPEN** OPEN **OPEN OPEN OPEN OPEN OPEN** Centre **OPEN OPEN OPEN OPEN** OPEN OPEN OPEN OPEN OPEN CLOSED CLOSED L2S/ L2S/ **LEARN** LEARN **OPEN** SQUAD 2 SWIM L2S / L2S/ LEARN **LEARN** OPEN SQUAD 2 SWIM 2 SWIM **SQUAD** SWIM CLUB L2S / L2S/ LEARN LEARN SQUAD SOUAD 2 SWIM 2 SWIM L2S / L2S/ **LEARN** LEARN OPEN OPEN OPEN SOUAD SQUAD 2 SWIM 2 SWIM L2S/ L2S/ **LEARN** L2S/ SQUAD SQUAD 2 SWIM **SQUAD** L2S/ **LEARN** L2S/ L2S / OPEN OPEN SQUAD 2 SWIM SQUAD SOUAD L2S / L2S/ **LEARN** L2S/ LAP SWIM SQUAD 2 SWIM SQUAD CLOSE L2S / L2S/ **LEARN** 6:45pm **OPEN** SQUAD Toukley Central LAP SWIM CLOSE LAP SWIM CLOSE LAP SWIM CLOSE LAP SWIM CLOSE Club Pool Coast Aquatic Council Centre 7:30pm **Timetables** L2S Learn to Swim program 7:45pm Aquarobics class Aqua Lap Swimming Adults & Swimming **Swimfit** Adult swimfit class Children accompanied by adult

Hydrotherapy Pool Conditions of Entry

- Use of Hydro Pool is only available when swimming lessons or centre programs are not running, refer to timetable.
- No lap, casual or recreations swimming is permitted in the Hydrotherapy pool during 'hydro only' time. This time is a specialised centre for rehabilitation, supervised programs or therapeutic purpose pool for those with specific condition.
- Patrons with cuts, sores, open wounds, flu like symptoms, etc. should not enter the pool as the only exception, approved waterproof dressings are allowable. For further guidance please report to staff.
- Acceptable swim attire must be worn by all patrons.
- You must shower before entering the pool.
- Patrons are required to use the change room facilities to change into and out of swim wear.
- Incontinent adult or infant participants are required to wear protective swim pants.
- No food or drink (other than water from non-glass containers) is to be consumed in the pool.
- Other than for short term access requirements, please keep all doors and windows closed. Hydrotherapy is performed in a controlled environment and inappropriate use may alter the ambient temperature.
- Abusive, disruptive, offensive behavious or language is not permitted. Offenders will be asked to leave.
- Toukley Aquatic Centre and Central Coast Council accepts no responsibility for lost or stolen belongings. Patrons are advised not to leave valuables in changes rooms whilst in the pool.

Management reserves the right to refuse entry. Refusal to comply with these conditions of entry may result in removal from the facility.

Hydro Pool Timetable

Effective from 11 November 2023 - 30 March 2024



Concession	\$4.50
Adult	\$7.10

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
6am	Hydro	Hydro	Hydro	Hydro	Hydro	CLOSED	
7am	Hydro	Hydro	Hydro	Hydro	Hydro	Shared Space OPEN	CLOSED
7:45am	AQUA	Hydro	Hydro	AQUA	Hydro	Shared Space OPEN	
8am	AQUA	Hydro	Hydro	AQUA	Hydro	Learn 2 Swim	Hydro
8:45am	Learn 2 Swim		Hydro	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Hydro
9am	Learn 2 Swim	Group/School Bookings	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	
10am	Learn 2 Swim		Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim
12pm	Hydro	Hydro	Hydro	Hydro	Hydro	Hydro	Hydro
1:30pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
3pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
3:30pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	CLOSED	CLOSED
3:45pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
4pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
6pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
6:30pm	SHARED SPACE						
	OPEN 6pm-7pm	OPEN 6pm-7pm	OPEN 6pm-7pm	OPEN 6pm-7pm	OPEN 6pm-7pm		
7pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

Hydro	Adults OnlySwimming	Learn 2 Swim	Learn to Swim program
Open	Adults and children under 6 (accompanied in water by an adult)	Aqua	Aqua aerobics class

^{*}Customers are required to be out of the water approx 15 minutes prior to closing