

# 25m Pool Timetable

\*Customers are required to be out of the water approx 15 minutes prior to closing

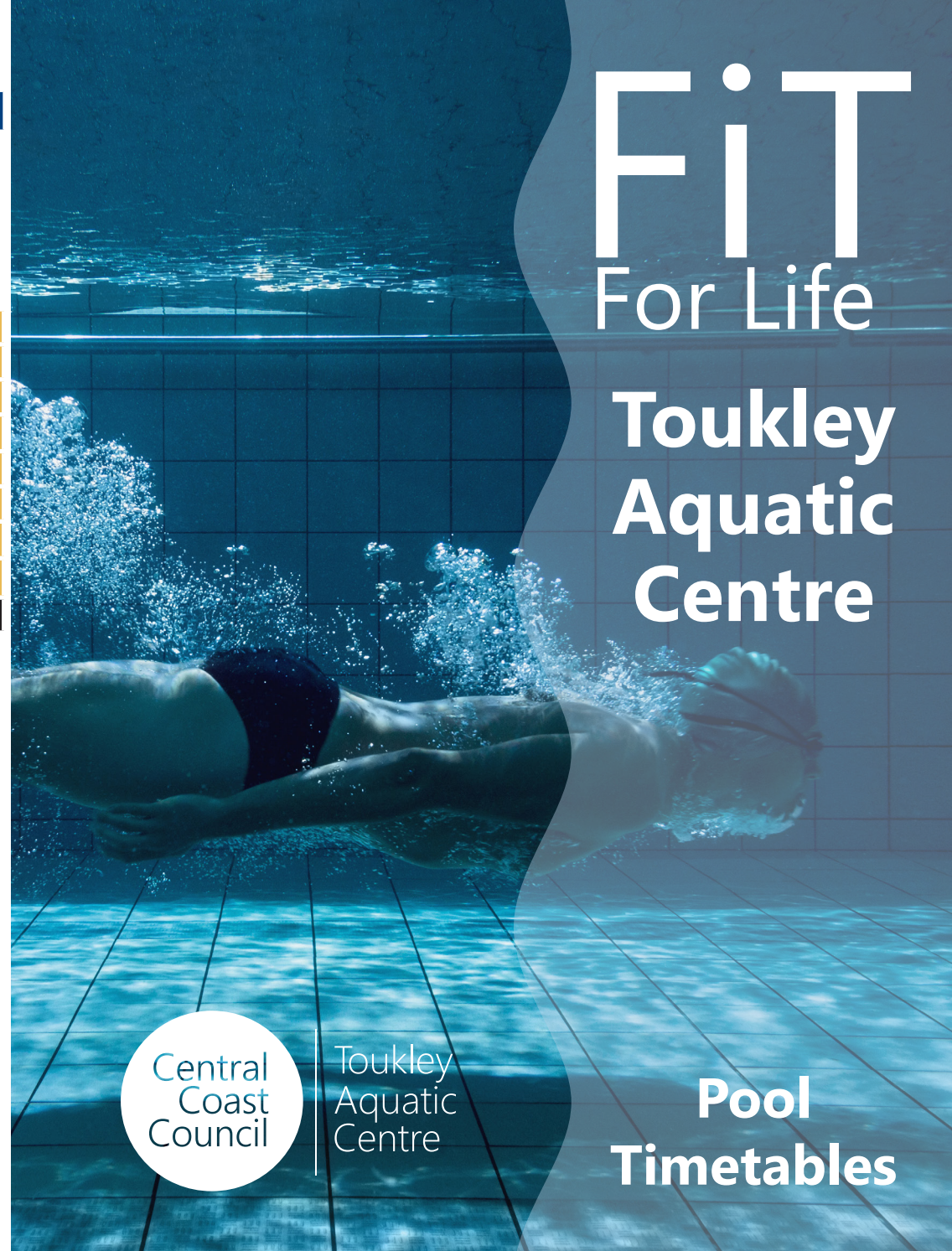
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
5:00am	SQUAD		SQUAD	SQUAD	SQUAD		
6am	SQUAD OPEN	OPEN	SQUAD OPEN	SQUAD OPEN	SQUAD OPEN		
6:30am	SQUAD OPEN	OPEN	SQUAD OPEN	SQUAD OPEN	SQUAD OPEN		
7am	SQUAD OPEN	OPEN	SQUAD OPEN	SQUAD OPEN	SQUAD OPEN	OPEN	
7:30am	SQUAD OPEN	OPEN	SQUAD OPEN	SQUAD OPEN	SQUAD OPEN	OPEN	
8am	OPEN	AQUA OPEN	OPEN	OPEN	OPEN	Swimfit OPEN	OPEN
8:45am	OPEN	AQUA OPEN	OPEN	OPEN	AQUA OPEN	Swimfit OPEN	OPEN
9am	AQUA OPEN	AQUA OPEN	OPEN	OPEN	AQUA OPEN	Swimfit OPEN	OPEN
9:30am	AQUA OPEN	OPEN	OPEN	OPEN	AQUA OPEN	OPEN	OPEN
9:45am	AQUA OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
10am	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
12pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
1:30pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
3pm	OPEN	OPEN	OPEN	OPEN	OPEN	CLOSED	CLOSED
3:30pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	LEARN 2 SWIM OPEN		
4pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	LEARN 2 SWIM OPEN	SWIM CLUB	
4:45pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	LEARN 2 SWIM OPEN		
5pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	LEARN 2 SWIM OPEN		
5:15pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	L2S / SQUAD OPEN		
6pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	L2S / SQUAD OPEN		
6:30pm	L2S / SQUAD OPEN	L2S / SQUAD OPEN	L2S / SQUAD OPEN	LEARN 2 SWIM OPEN	L2S / SQUAD	LAP SWIM CLOSE	
6:45pm	L2S / SQUAD	LEARN 2 SWIM	Swimfit	L2S / SQUAD OPEN	LEARN 2 SWIM	Swimfit	
7pm	LAP SWIM CLOSE	AQUA	LAP SWIM CLOSE	AQUA	LAP SWIM CLOSE	Swim Club	
7:30pm							
7:45pm							

**L2S** Learn to Swim program  
**Aqua** Aquarobics class  
**Swimfit** Adult swimfit class

**Squad** Swimming  
**Open** Lap Swimming Adults & Children accompanied by adult

# Fit For Life

## Toukley Aquatic Centre



Central Coast Council

Toukley Aquatic Centre

# Pool Timetables

# Hydrotherapy Pool Conditions of Entry

- Use of Hydro Pool is only available when swimming lessons or centre programs are not running, refer to timetable.
- No lap, casual or recreations swimming is permitted in the Hydrotherapy pool during 'hydro only' time. This time is a specialised centre for rehabilitation, supervised programs or therapeutic purpose pool for those with specific condition.
- Patrons with cuts, sores, open wounds, flu like symptoms, etc. should not enter the pool as the only exception, approved waterproof dressings are allowable. For further guidance please report to staff.
- Acceptable swim attire must be worn by all patrons.
- You must shower before entering the pool.
- Patrons are required to use the change room facilities to change into and out of swim wear.
- Incontinent adult or infant participants are required to wear protective swim pants.
- No food or drink (other than water from non-glass containers) is to be consumed in the pool.
- Other than for short term access requirements, please keep all doors and windows closed. Hydrotherapy is performed in a controlled environment and inappropriate use may alter the ambient temperature.
- Abusive, disruptive, offensive behaviour or language is not permitted. Offenders will be asked to leave.
- Toukley Aquatic Centre and Central Coast Council accepts no responsibility for lost or stolen belongings. Patrons are advised not to leave valuables in changes rooms whilst in the pool.

**Management reserves the right to refuse entry. Refusal to comply with these conditions of entry may result in removal from the facility.**

# Hydro Pool Timetable

Effective from 1 July - 30 September 2024



Toukley Aquatic Centre

<b>Concession</b>	\$4.80
<b>Adult</b>	\$7.50

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
6am	Hydro	Hydro	Hydro	Hydro	Hydro	CLOSED	CLOSED
7am	Hydro	Hydro	Hydro	Hydro	Hydro	Shared Space OPEN	
7:45am	AQUA	Hydro	Hydro	AQUA	Hydro	Shared Space OPEN	
8am	AQUA	Hydro	Hydro	AQUA	Hydro	Learn 2 Swim	Hydro
8:45am	Learn 2 Swim	Group/School Bookings	Hydro	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Hydro
9am	Learn 2 Swim		Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim
10am	Learn 2 Swim		Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	
12pm	Hydro	Hydro	Hydro	Hydro	Hydro	Hydro	Hydro
1:30pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
3pm	OPEN	OPEN	OPEN	OPEN	OPEN	CLOSED	CLOSED
3:30pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
3:45pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
4pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
6pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
6:30pm	SHARED SPACE						
	OPEN 6pm-7pm	OPEN 6pm-7pm	OPEN 6pm-7pm	OPEN 6pm-7pm	OPEN 6pm-7pm		
7pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

<b>Hydro</b>	Adults Only Swimming	<b>Learn 2 Swim</b>	Learn to Swim program
<b>Open</b>	Adults and children under 6 (accompanied in water by an adult)	<b>Aqua</b>	Aqua aerobics class

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