

2025 Central Coast Council First Aid Training Calendar



| January Thursday 9 th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |
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| February | | | |
| Thursday 6 th | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thursday 6 th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Monday 17 th | Pool Lifeguard – Update Only | 9am-4pm | Gosford Olympic Pool |
| Wednesday 19 th | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |
| Thursday 20 th | Provide CPR (HLTAID009) | 9.30-11.30am | Niagara Park Stadium |
| Wednesday 26 th | Oxygen Resuscitation | 9am-12pm | Niagara Park Stadium |
| March | | | |
| Thursday 6 th | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thursday 6 th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wednesday 19th | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |
| Thursday 20 th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |
| April | | | |
| Wednesday 2 nd | Oxygen Resuscitation | 9am-12pm | Niagara Park Stadium |
| Wednesday 16 ^h | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |
| Thursday 17 th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |
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| Thursday 8 th | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centr |
| Thursday 8 th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centr |
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| Friday 16 th | Pool Lifeguard – Update Only | 9am-4pm | Gosford Olympic Pool |
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| Friday 16 th June Thursday 5 th | · · · · · | · · | |
| June | Pool Lifeguard – Update Only | 9am-4pm | Gosford Olympic Pool Lake Haven Rec Centre Lake Haven Rec Centre |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) | 9am-4pm 8.30-12.30pm | Lake Haven Rec Centre |
| June Thursday 5 th Thursday 5 th | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) Provide CPR (HLTAID009) | 9am-4pm 8.30-12.30pm 1pm-3pm | Lake Haven Rec Centro Lake Haven Rec Centro |
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| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm | Lake Haven Rec Centr Lake Haven Rec Centr Niagara Park Stadium Gosford Olympic Pool |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am | Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July Thursday 3 th | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm | Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July Thursday 3 th Thursday 3 th | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm 1pm-3pm | Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centre Lake Haven Rec Centre |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July Thursday 3 th Thursday 3 th Wednesday 23 rd | Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID009) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm 1pm-3pm 9am-1pm | Lake Haven Rec Centr Lake Haven Rec Centr Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centr Lake Haven Rec Centr Niagara Park Stadium |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July Thursday 3 th Thursday 3 th Wednesday 23 rd Thursday 24 th August | Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID009) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am | Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July Thursday 3 th Thursday 3 th Wednesday 23 rd Thursday 24 th August Thursday 7 th | Pool Lifeguard – Update Only Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide First Aid (HLTAID011) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm | Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centre |
| June Thursday 5 th Thursday 5 th Wednesday 18 ^h Thursday 19 th July Thursday 3 th Thursday 3 th Wednesday 23 rd Thursday 24 th August | Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) Provide First Aid (HLTAID009) Provide CPR (HLTAID009) Provide First Aid (HLTAID011) Provide CPR (HLTAID009) | 9am-4pm 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am 8.30-12.30pm 1pm-3pm 9am-1pm 9.30-11.30am | Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centre Lake Haven Rec Centre Niagara Park Stadium Gosford Olympic Pool Lake Haven Rec Centre |
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September

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| Thursday 4 th | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thursday 4 th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Thursday 11 th | Pool Lifeguard – Update Only | 9am-4pm | Gosford Olympic Pool |
| Wednesday 24 th | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |
| Thursday 25 th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |

October

| Thursday 2 nd | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
|---------------------------|-------------------------------|--------------|-----------------------|
| Thursday 2 nd | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wednesday22 nd | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |
| Thursday 23 rd | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |

November

| Wednesday 5 th | Oxygen Resuscitation | 9am-12pm | Niagara Park Stadium |
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| Thursday 13 th | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thursday 13 th | Provide CPR (HLTAID009) | 1pm-3pm | Lake Haven Rec Centre |
| Wednesday 19 th | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |
| Thursday 20 th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |

December

| Monday 1 st | Pool Lifeguard – Update Only | 9am-4pm | Wyong Olympic Pool |
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| Tuesday 2 nd | Pool Lifeguard – Update Only | 9am-4pm | Gosford Olympic Pool |
| Thursday 4 th | Provide CPR (HLTAID009) | 9.30-11.30am | Gosford Olympic Pool |
| Wednesday 10 th | Provide First Aid (HLTAID011) | 9am-1pm | Niagara Park Stadium |