

2025 Central Coast Council First Aid Training Calendar



| January<br>Thursday 9 <sup>th</sup>   | Provide CPR (HLTAID009)   | 9.30-11.30am   | Gosford Olympic Pool  |
|---|---|--|---|
|   |   |  |   |
| February  |   |  |   |
| Thursday 6 <sup>th</sup>  | Provide First Aid (HLTAID011)   | 8.30-12.30pm   | Lake Haven Rec Centre   |
| Thursday 6 <sup>th</sup>  | Provide CPR (HLTAID009)   | 1pm-3pm  | Lake Haven Rec Centre   |
| Monday 17 <sup>th</sup>   | Pool Lifeguard – Update Only  | 9am-4pm  | Gosford Olympic Pool  |
| Wednesday 19 <sup>th</sup>  | Provide First Aid (HLTAID011)   | 9am-1pm  | Niagara Park Stadium  |
| Thursday 20 <sup>th</sup>   | Provide CPR (HLTAID009)   | 9.30-11.30am   | Niagara Park Stadium  |
| Wednesday 26 <sup>th</sup>  | Oxygen Resuscitation  | 9am-12pm   | Niagara Park Stadium  |
| March   |   |  |   |
| Thursday 6 <sup>th</sup>  | Provide First Aid (HLTAID011)   | 8.30-12.30pm   | Lake Haven Rec Centre   |
| Thursday 6 <sup>th</sup>  | Provide CPR (HLTAID009)   | 1pm-3pm  | Lake Haven Rec Centre   |
| Wednesday 19th  | Provide First Aid (HLTAID011)   | 9am-1pm  | Niagara Park Stadium  |
| Thursday 20 <sup>th</sup>   | Provide CPR (HLTAID009)   | 9.30-11.30am   | Gosford Olympic Pool  |
| April   |   |  |   |
| Wednesday 2 <sup>nd</sup>   | Oxygen Resuscitation  | 9am-12pm   | Niagara Park Stadium  |
| Wednesday 16 <sup>h</sup>   | Provide First Aid (HLTAID011)   | 9am-1pm  | Niagara Park Stadium  |
| Thursday 17 <sup>th</sup>   | Provide CPR (HLTAID009)   | 9.30-11.30am   | Gosford Olympic Pool  |
| Мау   |   |  |   |
| Thursday 8 <sup>th</sup>  | Provide First Aid (HLTAID011)   | 8.30-12.30pm   | Lake Haven Rec Centr  |
| Thursday 8 <sup>th</sup>  | Provide CPR (HLTAID009)   | 1pm-3pm  | Lake Haven Rec Centr  |
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| Friday 16 <sup>th</sup>   | Pool Lifeguard – Update Only  | 9am-4pm  | Gosford Olympic Pool  |
|   | · · · · ·   | · ·  | Gosford Olympic Pool  |
| Friday 16 <sup>th</sup><br>June<br>Thursday 5 <sup>th</sup>   | · · · · ·   | · ·  |   |
| June  | Pool Lifeguard – Update Only  | 9am-4pm  | Gosford Olympic Pool<br>Lake Haven Rec Centre<br>Lake Haven Rec Centre  |
| <b>June</b><br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup>  | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)   | 9am-4pm<br>8.30-12.30pm  | Lake Haven Rec Centre   |
| <b>June</b><br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup>   | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)  | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm   | Lake Haven Rec Centro<br>Lake Haven Rec Centro  |
| <b>June</b><br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup>  | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)   | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm  | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium  |
| <b>June</b><br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup>   | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)   | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm  | Lake Haven Rec Centr<br>Lake Haven Rec Centr<br>Niagara Park Stadium<br>Gosford Olympic Pool  |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July  | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)  | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am  | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool  |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup>  | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)   | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm  | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium  |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup><br>Thursday 3 <sup>th</sup>  | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)  | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm   | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centre<br>Lake Haven Rec Centre  |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup><br>Thursday 3 <sup>th</sup><br>Wednesday 23 <sup>rd</sup>  | Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID009)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)   | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm  | Lake Haven Rec Centr<br>Lake Haven Rec Centr<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centr<br>Lake Haven Rec Centr<br>Niagara Park Stadium  |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup><br>Thursday 3 <sup>th</sup><br>Wednesday 23 <sup>rd</sup><br>Thursday 24 <sup>th</sup><br>August                             | Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID009)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)  | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am                            | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool                          |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup><br>Thursday 3 <sup>th</sup><br>Wednesday 23 <sup>rd</sup><br>Thursday 24 <sup>th</sup><br>August<br>Thursday 7 <sup>th</sup> | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide First Aid (HLTAID011) | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm            | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centre |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup><br>Thursday 3 <sup>th</sup><br>Wednesday 23 <sup>rd</sup><br>Thursday 24 <sup>th</sup><br>August                             | Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID009)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)  | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am                            | Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centre<br>Lake Haven Rec Centre<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centre |
| June<br>Thursday 5 <sup>th</sup><br>Thursday 5 <sup>th</sup><br>Wednesday 18 <sup>h</sup><br>Thursday 19 <sup>th</sup><br>July<br>Thursday 3 <sup>th</sup><br>Thursday 3 <sup>th</sup><br>Wednesday 23 <sup>rd</sup><br>Thursday 24 <sup>th</sup><br>August<br>Thursday 7 <sup>th</sup> | Pool Lifeguard – Update Only<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009)<br>Provide First Aid (HLTAID011)<br>Provide First Aid (HLTAID011)<br>Provide First Aid (HLTAID011)<br>Provide First Aid (HLTAID011)<br>Provide CPR (HLTAID009) | 9am-4pm<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm<br>9am-1pm<br>9.30-11.30am<br>8.30-12.30pm<br>1pm-3pm | Lake Haven Rec Centro<br>Lake Haven Rec Centro<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centro<br>Niagara Park Stadium<br>Gosford Olympic Pool<br>Lake Haven Rec Centro<br>Lake Haven Rec Centro |





## September

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|----------------------------|-------------------------------|--------------|-----------------------|
| Thursday 4 <sup>th</sup>   | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thursday 4 <sup>th</sup>   | Provide CPR (HLTAID009)       | 1pm-3pm      | Lake Haven Rec Centre |
| Thursday 11 <sup>th</sup>  | Pool Lifeguard – Update Only  | 9am-4pm      | Gosford Olympic Pool  |
| Wednesday 24 <sup>th</sup> | Provide First Aid (HLTAID011) | 9am-1pm      | Niagara Park Stadium  |
| Thursday 25 <sup>th</sup>  | Provide CPR (HLTAID009)       | 9.30-11.30am | Gosford Olympic Pool  |

## October

| Thursday 2 <sup>nd</sup>  | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
|---------------------------|-------------------------------|--------------|-----------------------|
| Thursday 2 <sup>nd</sup>  | Provide CPR (HLTAID009)       | 1pm-3pm      | Lake Haven Rec Centre |
| Wednesday22 <sup>nd</sup> | Provide First Aid (HLTAID011) | 9am-1pm      | Niagara Park Stadium  |
| Thursday 23 <sup>rd</sup> | Provide CPR (HLTAID009)       | 9.30-11.30am | Gosford Olympic Pool  |

## November

| Wednesday 5 <sup>th</sup>  | Oxygen Resuscitation          | 9am-12pm     | Niagara Park Stadium  |
|----------------------------|-------------------------------|--------------|-----------------------|
| Thursday 13 <sup>th</sup>  | Provide First Aid (HLTAID011) | 8.30-12.30pm | Lake Haven Rec Centre |
| Thursday 13 <sup>th</sup>  | Provide CPR (HLTAID009)       | 1pm-3pm      | Lake Haven Rec Centre |
| Wednesday 19 <sup>th</sup> | Provide First Aid (HLTAID011) | 9am-1pm      | Niagara Park Stadium  |
| Thursday 20 <sup>th</sup>  | Provide CPR (HLTAID009)       | 9.30-11.30am | Gosford Olympic Pool  |

## December

| Monday 1 <sup>st</sup>     | Pool Lifeguard – Update Only  | 9am-4pm      | Wyong Olympic Pool   |
|----------------------------|-------------------------------|--------------|----------------------|
| Tuesday 2 <sup>nd</sup>    | Pool Lifeguard – Update Only  | 9am-4pm      | Gosford Olympic Pool |
| Thursday 4 <sup>th</sup>   | Provide CPR (HLTAID009)       | 9.30-11.30am | Gosford Olympic Pool |
| Wednesday 10 <sup>th</sup> | Provide First Aid (HLTAID011) | 9am-1pm      | Niagara Park Stadium |