

# Hotlines

**Link2Home**

1800 152 152

**Lifeline**

13 11 14

**Uniting Doorways**

1800 864 864

**DCJ Housing Hotline**

1800 422 322

**Moneycare**

1800 722 363

**Meals on Wheels**

4357 8444

**Bungree Aboriginal Association**

4350 0100

**Allambi Youth Homeless Line**

4944 5900

**Coast Shelter**

4325 3540

**Women's Legal Service**

1800 801 501

**NSW Sexual Violence Helpline**

02 9621 0800

**Central Coast Tenants' Advice**

4353 5515

**Yerin Aboriginal Health Centre**

4351 1040

**National Domestic Family and Sexual Violence Hotline**

1800 737 732

**MensLine**

1300 789 978

**NSW Domestic Violence Line**

1800 656 463

**Kids Helpline**

1800 551 800

# Organisations

**1 The Fathers Table**

0406 947 767  
Wyong Town Park,  
6 Rankens Crt, Wyong  
Fri: 5pm-6pm / Sun: 10am-12pm

**2 Safelink Alliance**

0411 044 587  
Kibble Park, Donnison St, Gosford  
Mon/6pm-8pm

**3 Southlakes Inc.**

0432 580 059  
Bateau Bay, Erina, Gosford, Kariong,  
Kincumber, Lake Haven, Toukley,  
Tuggerah, Umina and Woy Woy  
Mon-Fri / 9am-4:30pm

**4 Uniting Doorways**

02 4355 8900  
38 Pacific Hwy, Wyong  
Mon-Fri / 9am - 3pm

**5 Central Coast Family Support Services**

02 4340 1585  
21 Old Mt Penang Rd, Kariong  
Mon-Fri / 9am-5pm

**6 Legal Aid**

1300 888 529  
92-100 Donnison Street, Gosford  
Mon-Fri / 9am-5pm

**7 Coast Shelter**

02 4325 3540  
346 Mann St, North Gosford  
Mon-Fri / 9am-5pm

**8 Oasis Wyong**

02 4353 9799  
15 Hely St, Wyong  
Mon-Fri / 9am-4pm

**9 The Benevolent Society**

1800 236 762  
15 Battley Ave, The Entrance  
Mon-Fri / 9am-4pm

**10 Samaritans Gorokan**

0437 595 001  
274 Wallarah Rd, Kanwal  
Mon, Wed & Fri / 9:30am-1:30pm

**11 Salvation Army**

1300 371 288  
120 Central Coast Hwy, Green Point  
Tue, Wed & Thur / 9:30am-12:30pm

**12 Mary Mac's Place**

02 4341 0584  
100 Blackwall Rd, Woy Woy  
Mon-Fri / 8am-1pm

**13 Young Parents Hub**

02 4335 1444  
2a Amy Close, Wyong  
Mon-Fri / 9am-5pm

**14 Health on the Streets**

02 4365 2294  
*Mobile outreach van comes to you*  
Mon - Fri / 9-4pm

**15 Allambi Care (12-24yr)**

Youth outreach service  
02 4944 5900  
Mon-Fri / 9am-5pm

**16 Uniting Church Gosford**

02 4325 3695  
129 Donnison Street, Gosford  
Sun:12pm

**17 Central Coast Libraries**

02 4306 7900  
Bateau Bay, Erina, Gosford, Kariong,  
Kincumber, Lake Haven, Toukley,  
Tuggerah, Umina and Woy Woy  
Mon-Fri / 9am-4:30pm

**18 Orange Sky Laundry**

07 3067 5800  
Toukley, Wyong, Woy Woy, Gosford and  
The Entrance  
Various times and various sites

**19 Bungree Aboriginal Association**

02 4350 0100  
7B Pioneer Ave, Tuggerah  
Mon-Fri/9am-5pm

**20 Wyong DCJ Housing**

02 4352 4400  
36 Alison Rd, Wyong  
Mon-Fri/9am-5pm

**21 Gosford DCJ Housing**

02 4323 5211  
Level 5, 221 Mann Street, Gosford  
Mon-Fri/9am-5pm

**22 Central Coast Tenants Advice and Advocacy Service**

02 4353 5515  
12 Alison Rd, Wyong  
Mon-Thur 11am-3pm

**23 Yerin Aboriginal Health Services**

02 4351 1040  
3-5/56-64 Pacific Hwy, Wyong  
Mon-Fri/8:30am-5pm

**24 Coptic Orthodox Community Outreach Service**

1800 788 801  
Kibble Park, Donnison St, Gosford  
Thurs / 6pm-8pm

**25 The Entrance Food Hub Inc**

02 4332 2422 | 0468 642 599  
80 Oakland Ave, The Entrance  
Wed-Sat / 10am-3pm

**26 The Heartland Foundation**

0450 188 462  
191 Wallarah Rd, Kanwal  
Every second Sunday at Wyong  
10am-12pm

**27 Woy Woy SDA Food Pantry & Soup Kitchen**

0414 377 731 | 4329 4477  
83 Blackwall Rd Woy Woy  
Thur 6-7:30pm & Fri 11:30am-1:30pm  
Tue 6-7pm, Fri 6-8pm &  
Sat 12:30pm-2pm

**28 Bateau Bay Anglican Church**

02 4332 6129  
2 Tyrrell Place, Bateau Bay  
Fri / 12pm-2:30pm

**29 Coast Hands**

0434 409 950  
Cnr Wallarah Rd & Minnamurra Rd,  
Kanwal  
Tue: 6pm

**30 Shoebox Revolution**

0411 797 532  
Cnr Battley Rd & Oakland Ave, The  
Entrance  
Mon /11am-1pm

**31 Wyoming Samaritans**

0413 334 743  
Anglican Church, Ronald Ave,  
Wyoming  
Mon & Fri / 10am-1pm

**32 The People's Pantry**

02 4329 4477  
Yaringaa, John Hoare Close, Woy Woy  
Mon & Wed / 11:15am-2:30pm

## Neighbourhood Centres

**N1 Wyong**

02 4353 1750  
Building 2, 8 Rankens Court, Wyong  
Mon-Fri / 9am - 2pm

**N2 Toukley**

02 4396 1555  
Unit 2, 46 Victoria Ave, Toukley  
Mon-Fri / 9am - 3pm

**N3 Bateau Bay**

02 4332 7450  
10 Cynthia St, Bateau Bay  
Mon-Fri / 9am-4pm

**N4 Berkeley Vale**

0490 538 494  
3 Heather Ave, Berkeley Vale  
Mon-Fri / 9am-4pm

**N5 Kariong**

02 4240 1724  
10 Langford Dr, Kariong  
Mon-Fri / 9am-4pm

**N6 Kincumber**

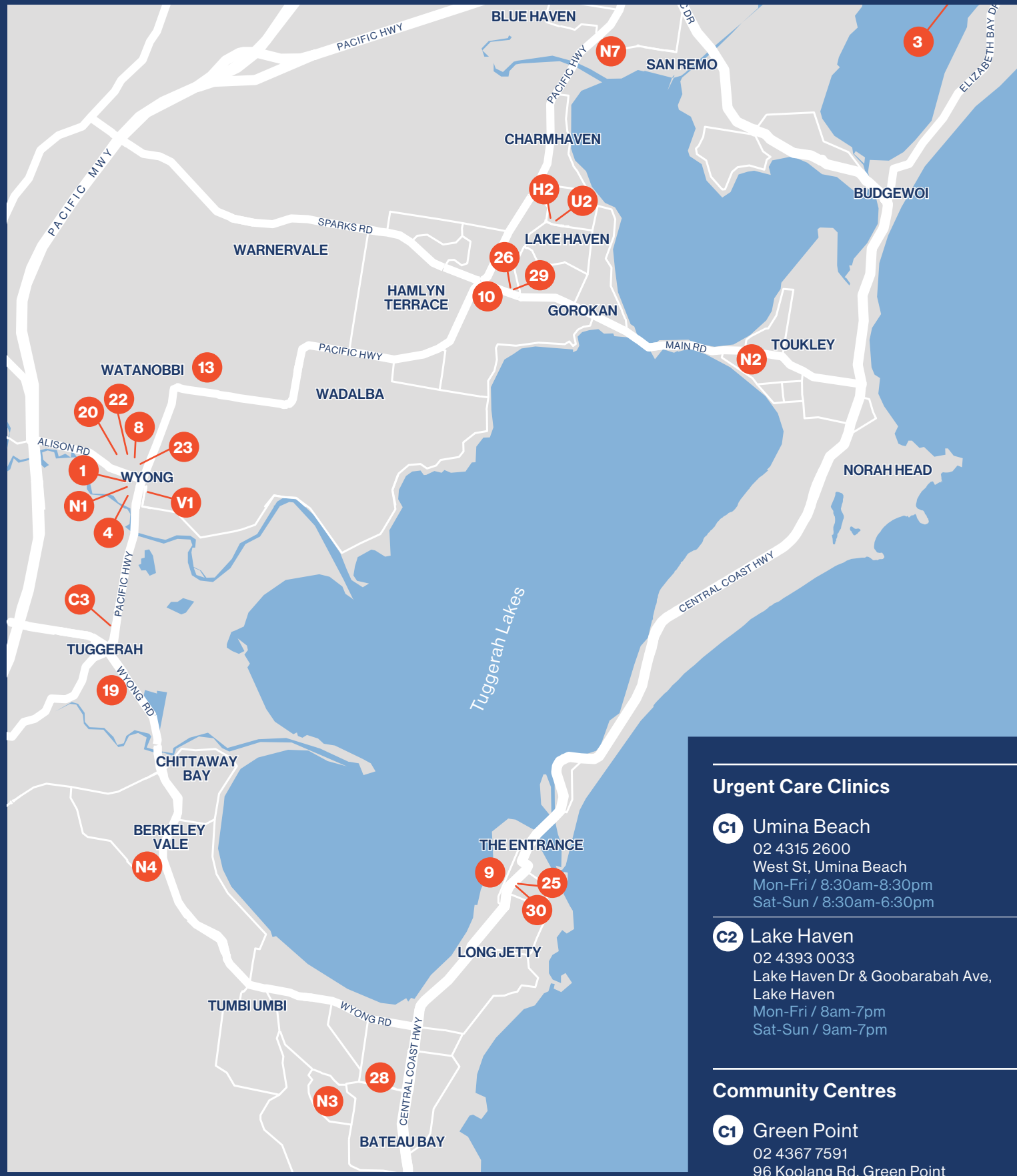
02 4363 1044  
1/20 Kincumber St, Kincumber  
Mon-Fri / 9am-4pm

**N7 San Remo**

02 4390 7888  
28 Brava Ave North, San Remo  
Mon-Fri / 9am-2pm

**N8 Narara**

02 4329 4477  
2-12 Pandala Rd, Narara  
Mon-Fri / 9am-3:30pm



## Urgent Care Clinics

**C1 Umina Beach**

02 4315 2600  
West St, Umina Beach  
Mon-Fri / 8:30am-8:30pm  
Sat-Sun / 8:30am-6:30pm

**C2 Lake Haven**

02 4393 0033  
Lake Haven Dr & Goobarabah Ave,  
Lake Haven  
Mon-Fri / 8am-7pm  
Sat-Sun / 9am-7pm

## Community Centres

**C1 Green Point**

02 4367 7591  
96 Koolang Rd, Green Point  
Tues: 12pm

**C2 Gosford Regional**

Community Services  
02 4323 7483  
Wyoming Community Centre, 147  
Maidens Brush Rd, Wyoming  
Mon - Fri/9am - 4pm

**C3 Baptist Care**

1300 130 225  
102 Pacific Hwy, Tuggerah  
Mon-Fri / 9am-5pm

## Headspace (12-24yr)

**H1 Gosford**

02 4304 7870  
Suite 1, Lvl2 Gateway Centre  
237 Mann St, Gosford  
Mon-Fri / 8:30am-5pm

**H2 Lake Haven**

02 4394 9100  
70 Chelmsford Road, Lake Haven  
Mon-Fri / 8:30am-8pm

## Vinnies

**V1 Wyong**

02 4353 5614  
47 Howarth Street, Wyong  
Mon-Fri / 9am - 4pm

**V2 Gosford**

02 4322 5861  
273-275 Mann Street, Gosford  
Mon-Fri / 9am - 4pm