

25m Pool Timetable

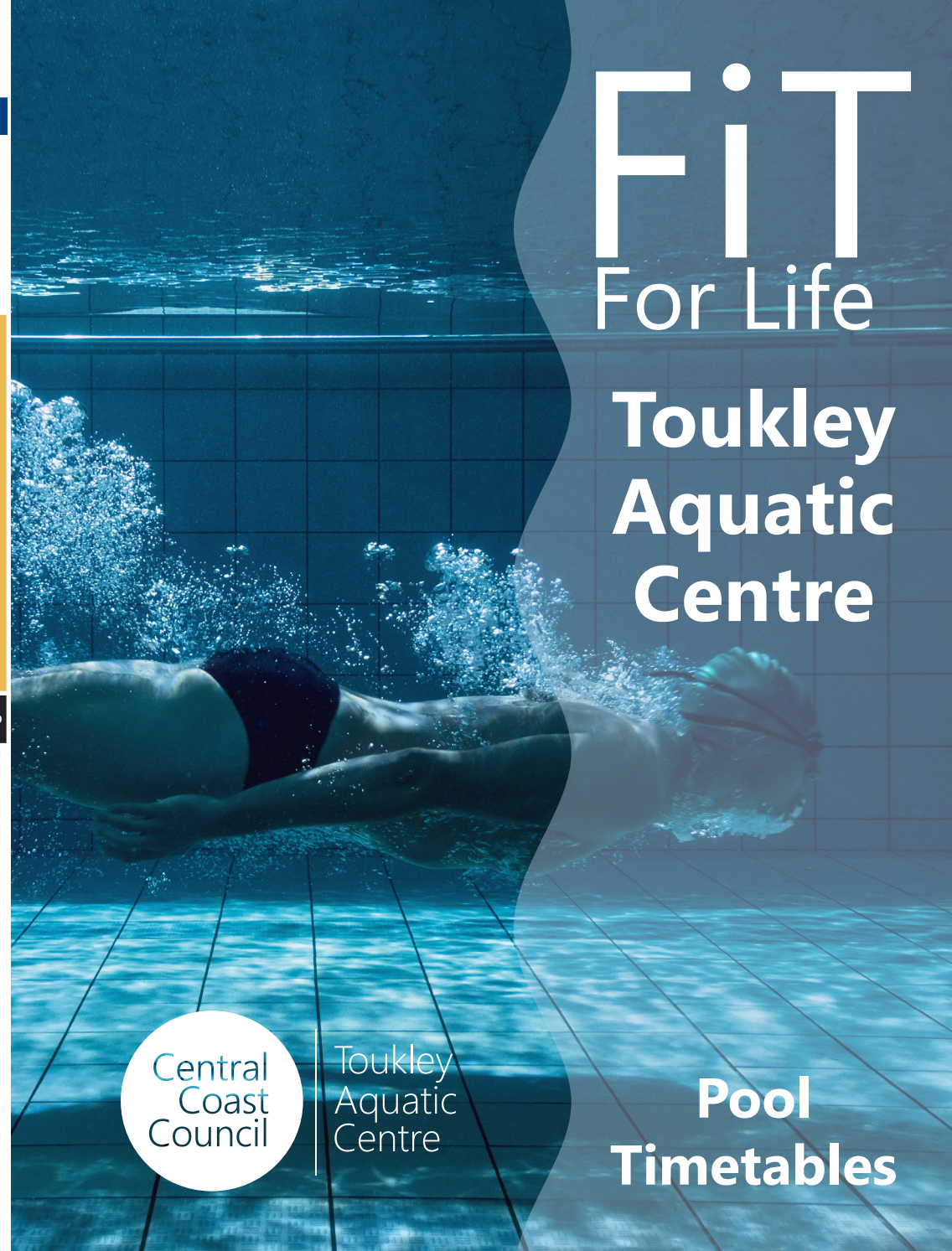
*Customers are required to be out of the water approx 15 minutes prior to closing

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
5:00am							
6am							
6:30am	SQUAD	SQUAD	SQUAD		SQUAD		
7am						SQUAD	
7:30am							
8am		AQUA					
8:45am					AQUA	Swimfit	
9am	AQUA						
9:30am						L2S	L2S
10am						OPEN	OPEN
11am							
12pm							
12:30pm		OPEN	OPEN	OPEN			
3pm							
3:30pm					OPEN		
4pm						CLOSED	CLOSED
4:45pm							
5pm		L2S			L2S / SQUAD		
5:15pm	L2S / SQUAD		L2S / SQUAD				
6pm							
6:30pm	*	Swimfit				Closed	SWIM CLUB
6:45pm							
7pm	Closed	AQUA	Closed	Closed	Swimfit	AQUA	Closed
7:30pm							
7:45pm							

Open - Lap swimming/recreation
L2S - Learn to Swim programs

Aqua - aerobics class
Squad - Swim programs

* 1 lap lane available from 10 March - 26 May (no recreation swim lane)
Swimfit - Adult swimfit class



Fit For Life

Toukley Aquatic Centre



Toukley Aquatic Centre

Pool Timetables

Hydrotherapy Pool Conditions of Entry

- Use of Hydro Pool is only available when swimming lessons or centre programs are not running, refer to timetable.
- No lap, casual or recreations swimming is permitted in the Hydrotherapy pool during 'hydro only' time. This time is a specialised centre for rehabilitation, supervised programs or therapeutic purpose pool for those with specific condition.
- Patrons with cuts, sores, open wounds, flu like symptoms, etc. should not enter the pool as the only exception, approved waterproof dressings are allowable. For further guidance please report to staff.
- Acceptable swim attire must be worn by all patrons.
- You must shower before entering the pool.
- Patrons are required to use the change room facilities to change into and out of swim wear.
- Incontinent adult or infant participants are required to wear protective swim pants.
- No food or drink (other than water from non-glass containers) is to be consumed in the pool.
- Other than for short term access requirements, please keep all doors and windows closed. Hydrotherapy is performed in a controlled environment and inappropriate use may alter the ambient temperature.
- Abusive, disruptive, offensive behaviour or language is not permitted. Offenders will be asked to leave.
- Toukley Aquatic Centre and Central Coast Council accepts no responsibility for lost or stolen belongings. Patrons are advised not to leave valuables in changes rooms whilst in the pool.

Management reserves the right to refuse entry. Refusal to comply with these conditions of entry may result in removal from the facility.

Hydro Pool Timetable

Effective from February – March 2025



Toukley Aquatic Centre

Concession	\$4.80
Adult	\$7.50

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
6am	Hydro			Hydro	Hydro	CLOSED	CLOSED
7am		Hydro	Hydro		Hydro	SHARED	CLOSED
7:45am	AQUA			AQUA			
8am							Hydro
8:45am	Learn 2 Swim					Learn 2 Swim	Hydro
9am	Learn 2 Swim						Learn 2 Swim
11am	Learn 2 Swim						
12-12:15pm	Hydro / L2S						
12:15pm	Hydro						
1:30pm	OPEN						
3pm	OPEN					OPEN	OPEN
3:30pm		Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim		
3:45pm	*Learn 2 Swim	Hydro / L2S	Hydro / L2S	Hydro / L2S	Hydro / L2S		
6pm		SHARED	SHARED	SHARED	SHARED	CLOSED	CLOSED
6:15pm							
7pm	CLOSED						

Hydro	Adults Only Swimming	Shared	Hydro time shared with Learn to swim classes (space maybe limited)
Open	Adults and children under 6 (accompanied by an adult)	Learn 2 Swim	Learn to Swim program
		Aqua	Aqua aerobics class