

Lake Haven Recreation Centre

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FiT
For Life

**Lake Haven
Recreation
Centre**
Sports
Activities List



Leisure
Centres

* ADULT ACTIVITIES	DAY, TIME & LOCATION	COST (valid to 30 th June 2026) CONTACT	SEASONS
Sports Court Hire	Mon to Sun (operating hrs)	\$75/hr or half crt \$37.50/hr	
Sports Court Hire Regular	Mon to Sun (operating hrs)	\$63/hr or half crt \$31.50/hr	All year round (court avail. varies)
Squash Court Hire	Mon to Sun (operating hrs)	\$27/hr #members free	All year round (court avail. varies)
Sports Court Casual Entry	Mon to Sun (operating hrs)	\$7.50 per person #members free	All year round (court avail. varies)
Basketball	Sports court 1 & 2		
Mens comp night	Mon 6.15pm-9.30pm	Teams pay \$70per game*	Mar-Jun, Jul-Oct & Nov-Feb
Social drop-in games 16 + (staffed)	Tue 6.15pm-8pm Crt 1	\$10 per person #members free	All year round except PH
Netball	Sports court 1		
Womens comp night	Wed 6.00pm-9.00pm	Teams pay \$70 per game*	Mar-Aug
Mixed summer comp night	Wed 6.00pm-9.00pm	Teams pay \$70 per game*	Sept -Dec
Squash	Squash courts 1-3	\$10 per person #members free	
Teams comp (X Wyong)	Mon 5.30pm-9pm	michael.mortiss@gmail.com	All year round except PH
Doubles comp (X Wyong)	Tue 6.00pm-8.30pm	djtheman1950@gmail.com	
Teams comp (CC Squash)	Wed 9.00am-11.00am	mandy.biddle@bigpond.com	
Teams comp (X Wyong)	Wed 5.30pm-9pm	irenazena@gmail.com	
Badminton	Sports court 2		
Morning social drop-in games	Mon, Tue & Thu 10.30am Wed & Fri 9.30am, Sun 9am	\$7 per person #members free	All year round except PH
Beyond Badminton Inc Club	Wed 6.30pm & Sun 10.30am	beyondbaddy@gamil.com	
Pickleball	Sports court 1 or 2		
Morning social drop-in games	Mon, Tue & Thu 10.30am Wed & Fri 9.30am	\$7 per person #members free	All year round except PH
Evening social drop-in games	Tue evening session TBA	\$10 per person #members free	
Dodgeball	Sports court 2		
Training and games	Tue 6pm-8pm	northernnswdodgeball@gmail.com	All year round except PH
Evolution Judo	Thurs 5.00pm-6.00pm	Ph: 0423 466 212	
Classes by Evolution Judo Acad.	Classes held on our stage	matthewlipman36@hotmail.com	School terms

* JUNIOR ACTIVITIES	DAY, TIME & LOCATION	COST (valid to 30 th June 2026) CONTACT	SEASONS
Sports Court Hire	Mon to Sun (operating hrs)	\$75/hr or half crt \$37.50/hr	All year round (court avail. varies)
Sports Court Hire Regular	Mon to Sun (operating hrs)	\$63/hr or half crt \$31.50/hr	All year round (court avail. varies)
Squash Court Hire	Mon to Sun (operating hrs)	\$27/hr #members free	All year round (court avail. varies)
Sports Court Casual Entry	Mon to Sun (operating hrs)	*\$6.50 per person #members free	court availability varies
Basketball Programs	Sports courts 1 & 2		
Learn to play coaching for 6-11s	Mon & Thur 4.05-5.00pm	From \$12.90/session AK vouch yes	School terms
Game skills coaching for 11-16s	Mon & Thur 5.05-6.00pm	From \$12.90/session AK vouch yes	School terms
U12, U14, U16 team competition	Games Fri 4.20pm-8.20pm	Teams pay \$600 per season	School terms (3x12 week comps)
U19s team competition	Games Fri 7.40pm-9.40pm	Teams pay \$60 per game*	School terms (3x12 week comps)
Central Coast Little Kickers	Mon & Sat mornings	info: 4326 1997	
Soccer lessons for pre-schoolers	Classes held on sports crt 1	littlekickers.com.au	All year round except PH
YMCA Street Gym	Thurs 2.30pm-4.30pm	centralcoast.youth@ymcansw.org.au	
Free teens indoor sports & fitness	Court & outdoor gym use	Free indoor crts & outdoor gym	School terms
Evolution Judo	Mon & Wed from 4.30pm	info: 0423 466 212	
Classes for 6-15s by Evolution Judo	Classes held on our stage	matthewlipman36@hotmail.com	School terms
Northern NSW Dodgeball	Sports court 1		
Training and games	Wed 5pm-6pm	northernnswdodgeball@gmail.com	School terms
School Holiday Activities	Sports court 1		
Basketball coaching (6-11/12-15yrs)	Mon/Thurs from 4.30pm	\$15 per session	School holidays
Basketball casual entry	Mon to Fri 9.00am-5.00pm	*\$6.50 per person #members free	School holidays

* Children 11 years and under require supervision by an adult or responsible teenager

* Team registration fee applies

Operating Hours - 6am to 8pm Monday to Thursday, 6am to 7pm Fridays, 8am to 4pm Saturdays & 9am to 3pm Sundays (closed most Public Hols)