## **Hydro** Pool Timetable



## Effective from 25 August – 10 November 2025

Concession \$5.00 Adult \$7.70							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
6am	Hydro	Hydro	Hydro	Hydro	Hydro	CLOSED	CLOSED
7am						SHARED	
7:45am				AQUA			
8am							Hydro
8:45am						Learn 2 Swim	Hydro
9am			Learn 2 Swim			200111 2 3111111	Learn 2 Swim
11am							
12-12:15pm	Hydro / Learn 2 Swim						
12:15pm	Hydro						
1:30pm						OPEN*	OPEN*
2:45pm			OPEN				
3pm							
3:30pm	1 2.6	Learn 2 Swim	Learn 2 Swim	1 2 Si.	Learn 2 Swim		
3:45pm	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	Learn 2 Swim	CLOSED	CLOSED
6pm	CLOSED	Hydro / L2S	Hydro / L2S	CLOSED	Hydro / L2S		
6:15pm		SHARED	SHARED		SHARED		
7pm			CLOSED			<u> </u>	

HydroAdults Only SwimmingSharedHydro time shared with<br/>Learn 2 swim classes<br/>(space may be limited)OpenAdults and children under 6<br/>(accompanied by an adult)Learn 2 SwimLearn to Swim programLearn 2 SwimAquaAqua aerobics class

## **Hydrotherapy Pool Conditions of Entry**

- Use of Hydro Pool is only available when swimming lessons or centre programs are not running, refer to timetable.
- No lap, casual or recreations swimming is permitted in the Hydrotherapy pool during 'hydro only' time. This time is a specialised centre for rehabilitation, supervised programs or therapeutic purpose pool for those with specific conditions.
- Patrons with cuts, sores, open wounds, flu like symptoms, etc. should not enter the pool as the only exception, approved waterproof dressings are allowable. For further guidance please report to staff.
- Acceptable swim attire must be worn by all patrons.
- You must shower before entering the pool.
- Patrons are required to use the change room facilities to change into and out of swim wear.
- Incontinent adult or infant participants are required to wear protective swim pants.
- No food or drink (other than water from non-glass containers) is to be consumed in the pool.
- Other than for short term access requirements, please keep all doors and windows closed. Hydrotherapy is performed in a controlled environment and inappropriate use may alter the ambient temperature.
- Abusive, disruptive, offensive behaviors or language is not permitted. Offenders will be asked to leave.
- Toukley Aquatic Centre and Central Coast Council accepts no responsibility for lost or stolen belongings. Patrons are advised not to leave valuables in changes rooms whilst in the pool.

Management reserves the right to refuse entry. Refusal to comply with these conditions of entry may result in removal from the facility.