

Activities Information

Each Activity has a Convenor who represent Members at monthly meetings. Convenors decide how Social Funds are spent. Social Funds are raised by trading tables, raffles, selling pre-loved books and magazines, etc.

Meals

A meal service is subsidised by Central Coast Council, to help keep prices at a minimum. Hot lunch is available from Tuesday to Friday. To provide an efficient service, lunch orders are required by 11:00am.

Our kitchen is run primarily by volunteers with the assistance of a staff member to ensure legislative conditions are met.

Referrals

The Team Leader is able to assist by referring you to MyAgedCare Programs (MAC), provide information on accommodation, legal issues, day care programs and link you to agencies to maintain your independence of living.

Parking

A Parking Pass is issued at the time of paying your Annual Membership Fees. Parking spaces are strictly for attending activities and are NOT to be used otherwise.

Rangers patrol regularly and are requested by the Team Leader should this privilege be abused.



50+ Leisure
and Learning
Centres

Activity Program and Fees

Ettalong

PHONE 4304 7222

Cnr Broken Bay Road and Karingi Street

Thank you for joining our Centre,
we hope you will find friendship and a caring atmosphere.
Please feel free to discuss any ideas you may have or new
Activities you would like to see introduced.
We welcome your friends to join us as well.

Fees

From January 2018 to June 2018 membership will be FREE. An Annual Membership of \$10.00 p/a (due in July each year) will be charged from 1 July 2018.

Staff




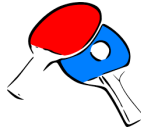

Team Leader: Melissa Metcalfe — Gosford Centre 4304 7065

Centre Assistant: Bronwyn McKirdy, Vickie Howman, Mandy Herbert

Volunteers: Reception, Dining Room and Kitchen

Volunteers

Volunteering is a great way to give back to your community, make new friends and provides an opportunity to develop new skills.
Volunteering promotes personal growth and self-esteem.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Indoor Bowls	9:00 to 12:00	Indoor Bowls	9:00 to 12:00	Indoor Bowls	9:00 to 12:00	Indoor Bowls	9:00 to 12:00	Indoor Bowls Clinic	9:00 to 12:00
Old Time/New Vogue Dancing	9:00 to 11:30	Handicraft	9:00 to 12:00	Table Tennis	9:00 to 12:00	Old Time/New Vogue Dancing	9:00 to 11:30	Line Dancing	9:00 to 11:00
Chess	9:00 to 11:00	Latin American/ Ballroom	9:30 to 11:30	Leatherwork	9:00 to 12:00	Women's Shed	9:00 to 11:30	Painting	9:00 to 12:00
Rummiking	9:30 to 12:00	Darts	12:00 to 2:30	Bridge	12:00 to 3:30	Polynesian Dance	12:00 to 1:00	Choir	12:00 to 2:00
Smartphone/ Tablets/iPad Workshop	10:00 to 12:00 <i>Bookings Essential</i>	Cards (500 & Canasta)	12:00 to 3:30	Scrabble	12:30 to 3:30	Cards (Hand & Foot)	12:00 to 3:30	Bridge	12:00 to 3:30
Move 'n' Groove	11:30 to 12:30	Ukulele	1:00 to 3:00	50+ Active Exercise \$9.00	1:00 to 2:00	Folk Art	12:30 to 2:30	Scrabble	12:30 to 3:30
Mah Jong	12:30 to 3:30	  				Mah Jong	12:30 to 3:30	Tai-Chi (Beginners) \$10.00	2:00 to 3:00
Fitness \$8.00	1:00 to 2:15					Table Tennis	1:15 to 3:30	 	

◆ Fitness \$8:00 ◆ 50+ Active Exercise \$9.00 ◆ Tai-Chi \$10.00 ◆