

YOUR HYGIENE

Soap dispensers in toilet blocks

Soap dispensers will be installed in all Council-run public toilet blocks across the Coast, where possible and within available funding.

Vandal guards will also be installed on 20 dispensers in blocks considered to be at high risk of vandalism.

Council has not installed soap dispensers in the past because there are often high rates of vandalism in public toilets. There is also a significant risk of falls and injuries if soap lands on the floor, causing a slip hazard.

However, last week Council voted to install the dispensers in a bid to promote soap's role in good hand hygiene which can help prevent the spread of the COVID-19 virus and other illnesses.

To reduce the risk of slip hazards, the dispensers will be installed directly over washbasins.

As well as washing hands with soap and water to avoid spreading COVID, please continue to practise social distancing and to stay home if feeling unwell.

YOUR HEALTH

Take care not to share!

With a local COVID-19 case identified last week, Coast residents are being urged to be extra vigilant about monitoring their personal health and avoiding community transmission of the virus.

In addition to COVID testing clinics at Gosford, Wyong and Erina, a pop-up clinic has been set up at Woy Woy Hospital. It was expected to be open until Thursday 3 September, with an extension if required.

Anyone experiencing even mild symptoms should seek a test. Symptoms include fever, cough, sore throat, difficulty breathing, and loss of taste or smell. To find your closest clinic, visit nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics

NSW Health recommends wearing a mask, particularly when it may be difficult to maintain social distance from others. This includes when travelling on public transport or in indoor settings.

Council thanks residents for helping to avoid spreading the virus. In addition to a mask, please continue to maintain 1.5metres social distancing and practise hand hygiene. Get tested and stay home if unwell.

YOUR LEISURE

Isolation art

A special exhibition at Gosford Regional Gallery is showcasing the creative responses of 11 Central Coast artists to their time 'in iso' during the COVID-19 shutdown.

The "isolation" works represent a diverse range of responses, from messages of hope and encouragement, explorations of domestic life and the natural environment, to candid expressions of the challenges of physical distance, fear, boredom, and unemployment. With venue closures and restrictions on meeting together, artists have continued to explore innovative ways of reaching out to the community and creatively processing the implications of enforced isolation.

This exhibition celebrates the resilience of our creative community on the Central Coast during the upheaval of recent months. Work from the following artists is featured: Peter Baka, Jon Ellis, Jane Gillings, Grant Molony, Jenni McEwen, Richard O'Farrell, Ian Provost, Shirin Shamie, Claire Tozer, Margaret Westcott and Cheryl Wilcox.

Based at the Gosford Regional Gallery the exhibition is open until Saturday 12 September.

For details, search "isolation" at centralcoast.nsw.gov.au.

Take simple steps to better prepare yourself, your family and your home for an emergency.

Use the Red Cross 'Get Prepared' app to:

1. Make action plans
2. Find your emergency alerts
3. Save key contacts



Download the Get Prepared app and make your plan, visit getprepared.app.link/central-coast



What should climate action look like in your community?

In 2020, our region has faced climate impacts such as drought, bushfires, floods and coastal erosion.

Small actions lead to big solutions for your community.

Have your say and help develop the first Central Coast Climate Action Plan #CentralCoastCAP

Complete the 10 minute survey, or share your ideas on the interactive map at yourvoiceourcoast.com

