

**Did you know**  
**Financial Services on the Central Coast card?**  
 To order any of our crisis relief resources or to have your services advertised on the card please visit [centralcoast.nsw.gov.au](http://centralcoast.nsw.gov.au) and search 'Crisis relief services'

Seek medical attention with **Health on the Streets**, contact 4365 2294

**Health**



1. **Toukley Neighbourhood Centre**  
3 Heador Street, Toukley
2. **Lakes Food Care**  
199 Main Rd, Toukley
3. **Wyong Neighbourhood Centre**  
Wyong Town Park, Allison Rd, Wyong
4. **St Vincent de Paul**  
47 Howarth Street, Wyong
5. **Central Coast Outreach**  
19 Anzac Rd, Long Jetty
6. **Samartians Gosford**  
Lakes Anglican Church, 247 Wallarah Rd, Kanwal
7. **Salvation Army Oasis Centre**  
15 Hely St, Wyong
8. **San Remo Neighbourhood Centre**  
28 Brava Ave North, San Remo
9. **Kanwal Cornerstone Church**  
Corner Wallarah and Minnamurra Rd, Kanwal
10. **The Fathers Table**  
Wyong Town Park, Allison Rd, Wyong
11. **Long Jetty Uniting Church**  
204 The Entrance Rd, Long Jetty
12. **The Entrance Neighbourhood Centre & Benevolent Society**  
Corner of Battley and Oakland Ave, The Entrance
13. **Bateau Bay Neighbourhood Centre**  
4/10 Cynthia St, Bateau Bay
14. **Berkeley Vale Neighbourhood Centre**  
3 Heather Ave, Berkeley Vale
15. **Feed a Friend**  
509 – 515 The Entrance Rd, The Entrance
16. **Northern Lakes Neighbourhood Centre**  
1 Colongra Bay Rd, Lake Munmorah
17. **The Long Jetty Meeting Place**  
204 The Entrance Rd, Long Jetty
18. **Young Parents Hub**  
2a Amy Ct, Wyong
19. **Compass Housing - The Meeting Place**  
1 Northumberland Way, Tumbi Umbi
20. **Wyong Neighbourhood Centre**  
8 Rankens Ct, Wyong

**Locations**

**Housing Services**

- Link2Home** 24hr Line 1800 152 152
- Coast Shelter** 4325 3540
- Department of Housing Wyong** 4352 9600
- Uniting Burnside** Doorways Program 1800 067 967

**Op-Shop**

- Wyong Neighbourhood Centre**  
Old Wyong School, 4 Rankens Ct, Wyong
- Salvos**  
130 Pacific Hwy, Tuggerah  
253 The Entrance Rd, The Entrance  
28 Canton Beach Rd, Toukley
- Vinnies**  
47 Howarth St, Wyong  
189 The Entrance Rd, The Entrance  
173 Main Rd, Toukley  
Shop 62B Tenth Ave, Budgewoi

**Other Services**

- Lifeline** 13 11 14
- Domestic Violence Hotline** 1800 656 463

**Shower and Laundry Facilities**

- Toukley Neighbourhood Centre**  
Shower and Laundry  
Open Monday, Wednesday – Friday, 9am – 12pm  
4396 1555
- Orange Sky Laundry**  
Tuesday - Watanobbi Community Centre 2pm - 4pm  
Friday - Toukley Neighbourhood Centre 10am - 1pm  
Friday - Wyong Neighbourhood Centre 2:30pm - 4:30pm
- Oasis Centre Wyong**  
Shower and Laundry  
Monday - Friday 8am - 4pm  
4353 9799

**Youth Services**

- Links Youth Services**  
28 Brava Ave, San Remo - 4391 7888
- Wyong Youth Refuge**  
4351 1922
- Phoenix Youth Support Service**  
Gravity Youth Centre Lakehaven Shopping Centre -  
4393 9555
- Headspace**  
70 Chelmsford Rd, Lake Haven - 4394 9100
- Oasis Centre**  
15 Hely St, Wyong - 4353 9799

Health  
 Seek medical assistance with Health on the Streets,  
 contact 4365 2294

**Crisis Relief  
 Emergency Food Services  
 Central Coast  
 North**



Central Coast Council  
 Wyong Office 2 Hely Street Wyong  
 Gosford Office 49 Mann Street Gosford  
 P 4350 5555 / 4325 8222  
[centralcoast.nsw.gov.au](http://centralcoast.nsw.gov.au)

# Crisis Relief Services Central Coast - North

<b>Meals</b>	<b>Hampers</b>	<b>Vouchers</b>	<b>Youth</b>	<b>Grocery Items</b>	<b>Over 50</b>
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Monday	Tuesday	Wednesday	Thursday	Friday
<b>Discount Groceries</b> Bateau Bay Neighbourhood Centre 9am - 3pm 4332 7450	<b>Community Lunch and Drop-in Centre</b> The Entrance Long Jetty Uniting Church 10am - 2pm 0403 019 632	<b>Discount Groceries</b> Bateau Bay Neighbourhood Centre 9am - 3pm 4332 7450	<b>Discount Groceries</b> The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	<b>Discount Groceries</b> The Salvation Army, Oasis Centre 9am - 4pm 4353 9799
<b>Low Cost Groceries</b> Lakes Food Care Toukley 9am - 4pm 4307 1234	<b>Discount Groceries</b> Bateau Bay Neighbourhood Centre 9am - 3pm 4332 7450	<b>Discount Groceries</b> The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	<b>Low Cost Groceries</b> Lakes Food Care Toukley 9am - 4pm 4307 1234	<b>Emergency relief vouchers, food, clothing and household items</b> Salvos Connect 9am - 5pm 1300 371 288
<b>Discount Groceries</b> The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	<b>Care Packages</b> The Benevolent Society 9am - 4pm 4321 8601	<b>Frozen Meals</b> Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	<b>Emergency relief vouchers, food, clothing and household items</b> Salvos Connect 9am - 5pm 1300 371 288	<b>Frozen Meals</b> Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability
<b>Food Items and Frozen Meals</b> The Benevolent Society (subject to availability) 9am - 4pm 4321 8601	<b>Food Items and Frozen Meals</b> The Benevolent Society (subject to availability) 9am - 4pm 4321 8601	<b>Food Items and Frozen Meals</b> The Benevolent Society (subject to availability) 9am - 4pm 4321 8601	<b>Food Items and Frozen Meals</b> The Benevolent Society (subject to availability) 9am - 4pm 4321 8601	<b>Food Items and Frozen Meals</b> The Benevolent Society (subject to availability) 9am - 4pm 4321 8601
<b>The Pantry - Food Bank</b> Young Parent's Hub 9am - 3pm 4335 1444	<b>The Pantry - Food Bank</b> Young Parent's Hub 9am - 3pm 4335 1444	<b>The Pantry - Food Bank</b> Young Parent's Hub 9am - 3pm 4335 1444	<b>The Pantry - Food Bank</b> Young Parent's Hub 9am - 3pm 4335 1444	<b>The Pantry - Food Bank</b> Young Parent's Hub 9am - 3pm 4335 1444
<b>Emergency Relief Vouchers</b> Wyong Neighbourhood Centre 9am - 2:30pm By appointment 4353 1750	<b>Emergency relief vouchers, food, clothing and household items</b> Salvos Connect 9am - 5pm 1300 371 288	<b>Emergency relief vouchers, food, clothing and household items</b> Salvos Connect 9am - 5pm 1300 371 288	<b>Frozen Meals</b> Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	<b>Low Cost Groceries</b> Lakes Food Care Toukley 9am - 4pm 4307 1234
<b>Care Packages</b> The Benevolent Society 9am - 4pm 4321 8601	<b>Discount Groceries</b> The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	<b>Food Hampers</b> St Vincent De Paul Wyong 9am - 4pm Drop in and home visit 4356 6700	<b>Community Barbeque</b> Bateau Bay Neighbourhood Centre 1st Thursday of month 9:30am - 12pm 4332 7450	<b>Care Packages</b> The Benevolent Society 9am - 4pm 4321 8601
<b>Emergency relief vouchers, food, clothing and household items</b> Salvos Connect 9am - 5pm 1300 371 288	<b>Low Cost Groceries</b> Lakes Food Care Toukley 9am - 4pm 4307 1234	<b>Care Packages</b> The Benevolent Society 9am - 4pm 4321 8601	<b>Food &amp; Household Hampers</b> Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	<b>Food &amp; Household Hampers</b> Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750
<b>Frozen Meals</b> Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	<b>Emergency Relief Vouchers</b> Wyong Neighbourhood Centre 9am - 2:30pm By appointment 4353 1750	<b>Food &amp; Household Hampers</b> Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	<b>Emergency Relief Vouchers</b> San Remo Neighbourhood Centre 9:30am - 1pm 4390 7888	<b>Food Hampers</b> St Vincent De Paul Wyong 9am - 4pm Drop in and home visit 4356 6700
<b>Food &amp; Household Hampers</b> Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4356 6700	<b>Frozen Meals</b> Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	<b>Food and General Assistance</b> Central Coast Outreach Services 12pm - 2pm 4333 1108	<b>Food Hampers</b> St Vincent De Paul Wyong 9am - 4pm Drop in and home visit 4356 6700	<b>Community Café</b> Toukley Neighbourhood Centre 10am - 1pm During school terms \$2 donation 4396 1555
<b>Food Hampers</b> St Vincent De Paul Wyong 9am - 4pm Drop in and home visit 4356 6700	<b>Food Hampers</b> St Vincent De Paul Wyong 9am - 4pm Drop in and home visit 4356 6700	<b>Community Meals</b> Feed a Friend 10am - 1:30pm 4333 1108	<b>Care Packages</b> The Benevolent Society 9am - 4pm 4321 8601	<b>Emergency Relief Vouchers</b> Samaritans Gorokan Lakes Anglican Church By appointment 10am - 12pm 4393 2450
<b>Emergency Meals</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Food &amp; Household Hampers</b> Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	<b>Food Bank Groceries</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Food Bank Groceries</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Emergency Meals</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733
<b>Food Bank Groceries</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Emergency Relief Vouchers</b> San Remo Neighbourhood Centre 9:30am - 1pm 4390 7888	<b>Community Lunch</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Emergency Meals</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Food Bank Groceries</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733
<b>Food and General Assistance</b> Central Coast Outreach Services 12pm - 2pm 4333 1108	<b>Food Bank Groceries</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Emergency Meals</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Food Items &amp; Household Goods</b> Central Coast Outreach Services 10am - 3pm 4333 1108	<b>Food for Thought Restaurant</b> San Remo Neighbourhood Centre 11am - 1pm 4390 7888
<b>Community Meals</b> Feed a Friend 10am - 1:30pm 4333 1108	<b>Emergency Meals</b> Compass Housing - The Meeting Place 10am - 2pm 1300 333 733	<b>Emergency Relief Vouchers</b> Samaritans Gorokan Lakes Anglican Church By appointment 10am - 12pm 4393 2450	<b>Food Bank Low Cost Groceries</b> Northern Lakes Neighbourhood Centre 10am - 11am 4358 3148	<b>Community Lunch</b> Bateau Bay Anglican Church 12pm - 1pm 4332 6129
<b>Emergency Relief Vouchers</b> Samaritans Gorokan Lakes Anglican Church By appointment 10am - 12pm 4393 2450	<b>Fresh Food and Bread</b> Berkeley Vale Neighbourhood Centre 12pm 4388 5801	<b>Community Café</b> Kanwal Cornerstone Church 10am - 12pm 0478 838 586	<b>Free Community Café</b> Northern Lakes Neighbourhood Centre Once a month 11:30am - 1:30pm 1800 466 046 - check dates	<b>Emergency Food Packages</b> Bateau Bay Anglican Church 1pm - 3pm 4332 6129
<b>Fresh Food and Bread</b> Berkeley Vale Neighbourhood Centre 12pm 4388 5801		<b>Low Cost Groceries</b> Lakes Food Care Toukley 12pm - 4pm 4307 1234	<b>Fresh Food and Bread</b> Berkeley Vale Neighbourhood Centre 12pm 4388 5801	<b>Pizza in the Park &amp; Hampers</b> Fathers Table 5pm - 6pm 0406 947 767 Drop in
		<b>Community Lunch</b> The Salvation Army, Oasis Centre 12pm - 1:30pm 4353 9799		
		<b>Fresh Food and Bread</b> Berkeley Vale Neighbourhood Centre 12pm 4388 580		
				<b>Sunday</b> <b>Community Lunch &amp; Hampers</b> Fathers Table 11:00am - 1pm 0406 947 767 Drop in