

Crisis Relief Emergency Food Services Central Coast South

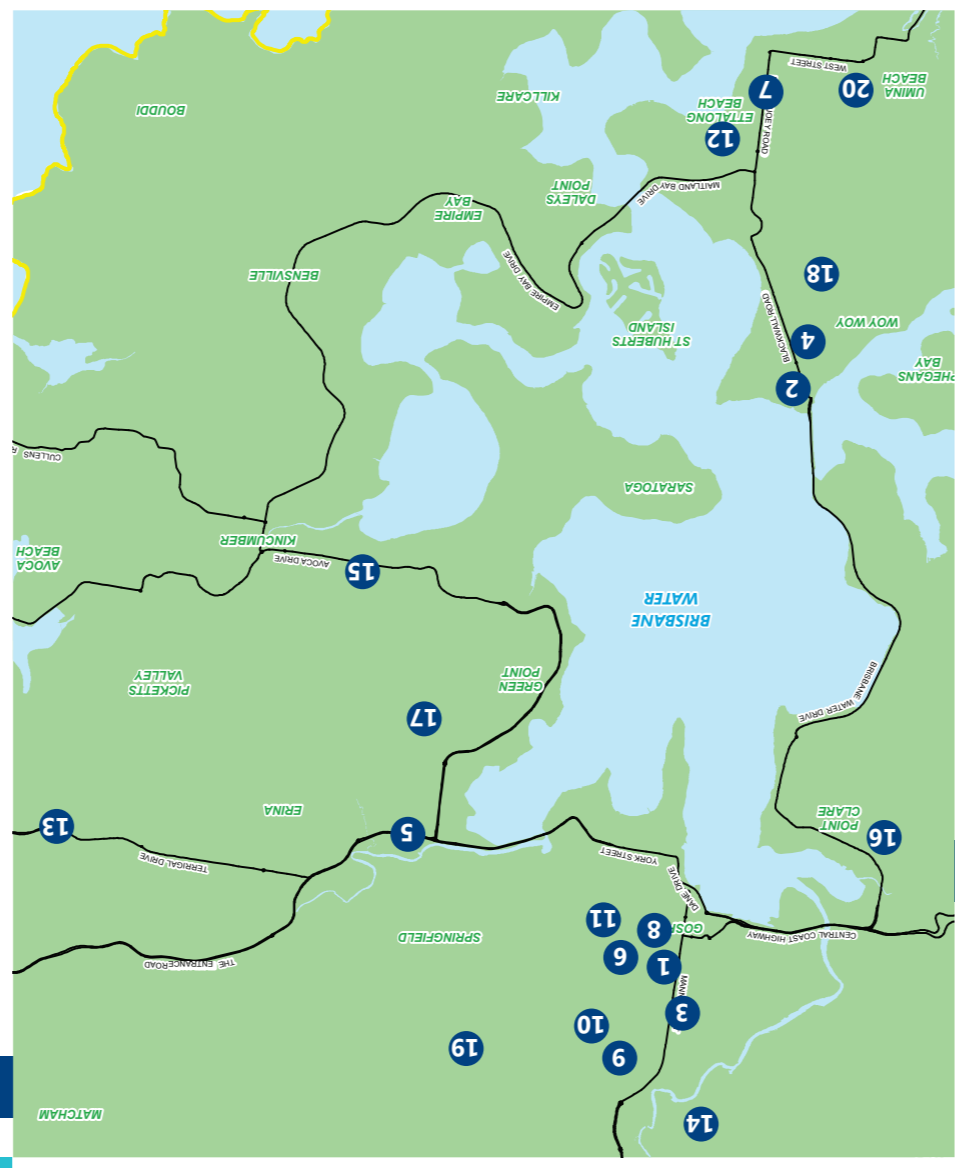


Locations

1. **Vinnies Gosford**
273-275 Mann Street, Gosford
2. **Vinnies Woy Woy**
41 The Boulevard, Woy Woy
3. **Coast Shelter Community Centre**
346 Mann Street, North Gosford
4. **Mary Mac's Place**
100 Blackwall Road, Woy Woy
5. **Salvation Army Erina**
120-140 The Entrance Road, Erina
6. **Liberty Life House**
225 Albany Street North, Gosford
7. **Hope Church**
4 Sydney Avenue, Umina Beach
8. **Uniting Church**
129 Donnison Street, Gosford
9. **Samartians Wyoming**
2 Ronald Avenue, Wyoming
10. **Global Care Resource Centre**
4/127 Maidens Brush Road, Wyoming
11. **Gosford 50+ Leisure and Learning Centre**
Corner Albany Street North and Henry Wheeler Place, Gosford
12. **Ettalong 50+ Leisure and Learning Centre**
Corner Broken Bay Road and Karingi Street, Ettalong

Neighbourhood Centres

13. **Terrigal 50+ Leisure and Learning Centre**
Corner Terrigal Drive and Duffy's Road, Terrigal
14. **Community Support and Outreach Services**
2-12 Pandalaria Road, Narara
4329 4477
15. **Kincumber Neighbourhood Centre**
1/20 Kincumber Street, Kincumber
4363 1044
16. **Kariong Neighbourhood Centre**
Langford Drive, Kariong
4340 1724
17. **Green Point Community Centre**
96 Koolang Road, Green Point
4367 7591
18. **Peninsula Community Centre**
93 McMasters Road, Woy Woy
4341 9333
19. **Wyoming Community Centre**
147 Maidens Brush Road, Wyoming
4323 7483
20. **Salvation Army Umina**
10 Sydney Avenue, Umina Beach



Services

- Lifeline**
13 11 14
- Domestic Violence Hotline**
1800 656 463
- Bungree**
Provide support to Aboriginal people who are homeless or at risk of homelessness, 4350 0100
- Meals on Wheels**
Meal delivery and support service for the elderly and disabled, 4357 8444
- Coast Shelter**
4346 1263

Shower and Laundry Facilities

- Coast Shelter Community Centre**
Shower and laundry facilities. Fresh towels, toiletries and laundry powder provided
Open from 8am, 4346 1263
- Kincumber Neighbourhood Centre**
Shower facilities, 4363 1044
- Orange Sky Laundry**
Mon - Coast Shelter 9am - 12pm
Mon - White Elephant Mart Wyoming 1:30pm - 3:30pm
Tues - Soul Soup Woy Woy 5:30pm - 7:30pm
Wed - Ocean Beach SLSC Umina 7am - 9am
Wednesday - Mary Mac's Woy Woy 10:30am - 12:30pm
Wed - Pass it on Clothing Gosford 6:30pm - 8:30pm
Thurs - Mary Mac's Woy Woy 9:30am - 12:30pm

Housing Services

- Link2Home**
(Priority support for domestic and family violence)
24 hr line
1800 152 152
- Coast Shelter**
4325 3540
- Department of Housing Gosford**
4323 5211

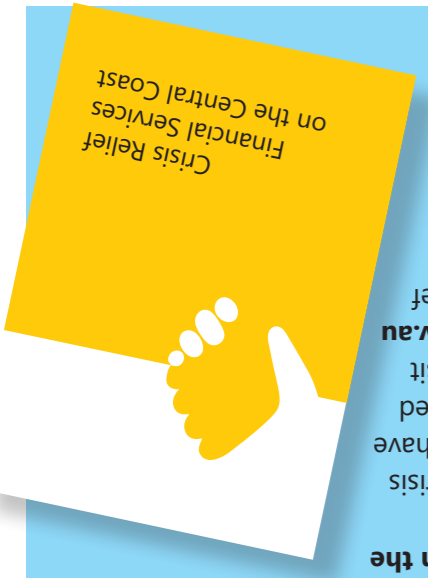
Youth Services

- Homeless Youth Assistance Program (HYAP)**
Allambi Care, 4944 5900
- Rumbalara Youth Refuge**
Gosford, 4325 7555
- Woy Woy Youth Cottage**
Woy Woy, 4341 9027
- RYSS Youth Centre**
123 Donnison Street, Gosford, 4323 2374
- Headspace**
Gosford, 4304 7870
- Evolution Youth Services**
Woy Woy, 4342 3684

Health

Seek medical attention with **Health on the Streets**, contact 4365 2294

Did you know Council also has a **Financial Services on the Central Coast card?** To order any of our crisis relief resources or to have your services advertised on the card please visit **centralcoast.nsw.gov.au** and search 'Crisis relief services'



Central Coast Council
Wyong Office 2 Hely Street Wyong
Gosford Office 49 Mann Street Gosford
P 4350 5555 / 4325 8222
centralcoast.nsw.gov.au

Crisis Relief Services Central Coast - South

Meals

Hampers

Vouchers

Youth

Grocery Items

Over 50

Monday

Tuesday

Wednesday

Thursday

Friday

Food Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Vouchers Wyoming Community Centre 9am - 4pm 4323 7483
Youth Brekky Club Kincumber Neighbourhood Centre 7:30am - 8am 4363 1044	Food Hampers Community Support and Outreach Services 9am - 3:30pm 4329 4477	Youth Brekky Club Kincumber Neighbourhood Centre 7:30am - 8am 4363 1044	Food Hampers Community Support and Outreach Services 9am - 3:30pm 4329 4477	Youth Brekky Club Kincumber Neighbourhood Centre 7:30am - 8am 4363 1044
Food Hampers Community Support and Outreach Services 9am - 3:30pm 4329 4477	Food Hampers Green Point Community Centre Drop in, subject to availability. 9am - 4pm 4367 7591	Food Hampers Community Support and Outreach Services 9am - 3:30pm 4329 4477	Food Hampers Green Point Community Centre Drop in, subject to availability. 9am - 4pm 4367 7591	Food Hampers Green Point Community Centre Drop in, subject to availability. 9am - 4pm 4367 7591
Food Hampers Green Point Community Centre Drop in, subject to availability. 9am - 4pm 4367 7591	Food Hampers Salvation Army, Erina 9:30am - 2:30pm Referral only. 1300 371 288	Food Hampers Green Point Community Centre Drop in, subject to availability. 9am - 4pm 4367 7591	Essential Food Cards Vinnies, Gosford 9am - 3pm 4322 5861	Food Hampers Green Point Community Centre Drop in, subject to availability. 9am - 4pm 4367 7591
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Food Parcels Samaritans, Wyoming 10am - 1:30pm Drop in, subject to availability. 4329 3052	Second Bite Grocery Items Green Point Community Centre 2pm - 3pm Gold coin donation, bring a bag to fill. 4367 7591	Food Parcels Salvation Army, Erina 9:30am - 2:30pm Referral only. 1300 371 288	Food Parcels Liberty Life House Gosford Drop in. 10am - 2pm 4321 0305	Food Parcels Liberty Life House Gosford Drop in. 10am - 2pm 4321 0305
Subsidised Lunch 50+ Leisure and Learning Centre Terrigal People over 50 Meals from \$3 Orders by 11am 4384 5152	Food Parcels Liberty Life House Gosford Drop in. 10am - 2pm 4321 0305	Discounted Grocery Items Foodcare Global Care Resource Centre, Wyoming 10am - 2pm 0431 623 436	Discounted Grocery Items Foodcare Global Care Resource Centre, Wyoming 10am - 2pm 0431 623 436	Food Parcels Samaritans, Wyoming 10am - 1:30pm Drop in, subject to availability. 4329 3052
Free Lunch Coast Shelter Community Centre 11am - 1pm 4346 1263	Free Lunch Coast Shelter Community Centre 11am - 1pm 4346 1263	Food Parcels Liberty Life House, Gosford Drop in. 10am - 2pm 4321 0305	Free Lunch Coast Shelter Community Centre 11am - 1pm 4346 1263	Free Lunch Coast Shelter Community Centre 11am - 1pm 4346 1263
Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584	Subsidised Lunch 50+ Leisure and Learning Centre Terrigal People over 50 Meals from \$3 Orders by 11am 4384 5152	Second Bite Program Kincumber Neighbourhood Centre. 10:30am - 12:30pm 4363 1044	Subsidised Lunch 50+ Leisure and Learning Centre Terrigal People over 50 Meals from \$3 Orders by 11am 4384 5152	Subsidised Lunch 50+ Leisure and Learning Centre Terrigal People over 50 Meals from \$3 Orders by 11am 4384 5152
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Free Dinner Coast Shelter Community Centre 6:30pm - 7:30pm 4346 1263	Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584	Subsidised Lunch 50+ Leisure and Learning Centre Terrigal People over 50 Meals from \$3 Orders by 11am 4384 5152	Subsidised Lunch 50+ Leisure and Learning Centre Gosford People over 50 Meals from \$3 Orders by 11am 4304 7065	Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584
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		Free Dinner Coast Shelter Community Centre 6:30pm - 7:30pm 4346 1263		
Saturday				
Free Lunch Coast Shelter Community Centre 11am - 1pm 4346 1263				
Free Dinner Coast Shelter Community Centre 6pm - 7pm 4346 1263				
Sunday				
Free Breakfast Coast Shelter Community Centre 9am - 10am 4346 1263				
Free Lunch Uniting Church Gosford 12pm 4325 3695				
Free Dinner Coast Shelter Community Centre 6pm - 7pm 4346 1263				