

Monday	Tuesday	Wednesday	Thursday	Friday
Discount Groceries Bateau Bay Neighbourhood Centre 9am - 3pm 4332 7450	Discount Groceries Bateau Bay Neighbourhood Centre 9am - 3pm 4332 7450	Discount Groceries Bateau Bay Neighbourhood Centre 9am - 3pm 4332 7450	EAPA Vouchers & Food Vouchers Benevolent Society The Entrance 9am - 4pm 4332 4545	EAPA Vouchers & Food Vouchers Benevolent Society The Entrance 9am - 4pm 4332 4545
EAPA Vouchers & Food Vouchers Benevolent Society The Entrance 9am - 4pm 4332 4545	Food Items The Entrance Neighbourhood Centre 9am - 4pm 4332 4545	Food Items The Entrance Neighbourhood Centre 9am - 4pm 4332 4545	Discount Groceries The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	Discount Groceries The Salvation Army, Oasis Centre 9am - 4pm 4353 9799
Low Cost Groceries Lakes Food Care Toukley 9am - 4pm 4307 1234	EAPA Vouchers & Food Vouchers Benevolent Society The Entrance 9am - 4pm 4332 4545	Discount Groceries The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	Low Cost Groceries Lakes Food Care Toukley 9am - 4pm 4307 1234	Emergency relief vouchers, food, clothing and household items Salvos Connect 9am - 5pm 1300 371 288
Discount Groceries The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	Emergency relief vouchers, food, clothing and household items Salvos Connect 9am - 5pm 1300 371 288	Frozen Meals Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	Food Items The Entrance Neighbourhood Centre 9am - 4pm 4332 4545	Food Vouchers Toukley Neighbourhood Centre 9am - 1pm 4396 1555
Emergency Relief Vouchers Wyong Neighbourhood Centre 9am - 2:30pm By appointment 4353 1750	Discount Groceries The Salvation Army, Oasis Centre 9am - 4pm 4353 9799	Emergency relief vouchers, food, clothing and household items Salvos Connect 9am - 5pm 1300 371 288	Emergency relief vouchers, food, clothing and household items Salvos Connect 9am - 5pm 1300 371 288	Frozen Meals Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability
Food Items The Entrance Neighbourhood Centre 9am - 4pm 4332 4545	Low Cost Groceries Lakes Food Care Toukley 9am - 4pm 4307 1234	EAPA Vouchers & Food Vouchers Benevolent Society The Entrance 9am - 4pm 4332 4545	Food Vouchers Toukley Neighbourhood Centre 9am - 1pm 4396 1555	Low Cost Groceries Lakes Food Care Toukley 9am - 4pm 4307 1234
Emergency relief vouchers, food, clothing and household items Salvos Connect 9am - 5pm 1300 371 288	Food Vouchers Toukley Neighbourhood Centre 9am - 1pm 4396 1555	Food Hampers St Vincent De Paul Wyong 9:30am - 2pm Drop in and home visit 4353 5613	Frozen Meals Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	Food & Household Hampers Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750
Frozen Meals Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	Emergency Relief Vouchers Wyong Neighbourhood Centre 9am - 2:30pm By appointment 4353 1750	Food & Household Hampers Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	Community Barbeque Bateau Bay Neighbourhood Centre 1st Thursday of month 9:30am - 12pm 4332 7450	Food Hampers St Vincent De Paul Wyong 9:30am - 2pm Drop in and home visit 4353 5613
Food & Household Hampers Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	Frozen Meals Toukley Neighbourhood Centre 9am - 2pm 4396 1555 Subject to availability	Food Items & Household Goods Central Coast Outreach Services 10am - 3pm 4333 1108	Food & Household Hampers Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	Community Meals Feed a Friend 10am - 1:30pm 4333 1108
Food Hampers St Vincent De Paul Wyong 9:30am - 2pm Drop in and home visit 4353 5613	Food Hampers St Vincent De Paul Wyong 9:30am - 2pm Drop in and home visit 4353 5613	Community Meals Feed a Friend 10am - 1:30pm 4333 1108	Emergency Relief Vouchers San Remo Neighbourhood Centre 9:30am - 1pm 4390 7888	Food Items & Household Goods Central Coast Outreach Services 10am - 3pm 4333 1108
Food Items & Household Goods Central Coast Outreach Services 10am - 3pm 4333 1108	Food & Household Hampers Wyong Neighbourhood Centre 9:30am - 2:30pm Subject to availability 4353 1750	Emergency Relief Vouchers Samaritans Gorokan Lakes Anglican Church By appointment 10am - 12pm 4393 2450	Food Hampers St Vincent De Paul Wyong 9:30am - 2pm Drop in and home visit 4353 5613	Community Café Toukley Neighbourhood Centre 10am - 1pm During school terms \$2 donation 4396 1555
Community Meals Feed a Friend 10am - 1:30pm 4333 1108	Emergency Relief Vouchers San Remo Neighbourhood Centre 9:30am - 1pm 4390 7888	Community Café Kanwal Cornerstone Church 10am - 12pm 0478 838 586	Food Items & Household Goods Central Coast Outreach Services 10am - 3pm 4333 1108	Emergency Relief Vouchers Samaritans Gorokan Lakes Anglican Church By appointment 10am - 12pm 4393 2450
Emergency Relief Vouchers Samaritans Gorokan Lakes Anglican Church By appointment 10am - 12pm 4393 2450	Food Items & Household Goods Central Coast Outreach Services 10am - 3pm 4333 1108	Low Cost Groceries Lakes Food Care Toukley 12pm - 4pm 4307 1234	Emergency Food Relief Veggies, bread and more Northern Lakes Family Centre 10:30am - 12:30pm Call before 10am 0432 580 059	Food for Thought Restaurant San Remo Neighbourhood Centre 11am - 1pm 4390 7888
Fresh Food and Bread Berkeley Vale Neighbourhood Centre 12pm 4388 5801	Fresh Food and Bread Berkeley Vale Neighbourhood Centre 12pm 4388 5801	Community Lunch The Salvation Army, Oasis Centre 12pm - 1:30pm 4353 9799	Fresh Food and Bread Berkeley Vale Neighbourhood Centre 12pm 4388 5801	Community Lunch Bateau Bay Anglican Church 12pm - 1pm 4332 6129
		Fresh Food and Bread Berkeley Vale Neighbourhood Centre 12pm 4388 580		Emergency Food Packages Bateau Bay Anglican Church 1pm - 3pm 4332 6129
				Pizza in the Park & Hampers Fathers Table 5pm - 6pm 0406 947 767 Drop in

Key

Meals	Hampers
Vouchers	Groceries



Sunday
Community Lunch & Hampers Fathers Table 11:00am - 1pm 0406 947 767 Drop in

Housing Services

Link2Home

(Priority support for domestic and family Violence) 24hr Line
1800 152 152

Coast Shelter

4325 3540

Department of Housing Wyong

4352 9600

Uniting Burnside

Doorways Program
1800 067 967

Op-Shop

Wyong Neighbourhood Centre

Old Wyong School, 4 Rankens Ct, Wyong
Open Monday – Thursday 9am to 3pm

Salvos

130 Pacific Hwy, Tuggerah
253 The Entrance Rd, The Entrance
28 Canton Beach Rd, Toukley
Open Monday – Friday 9am to 5pm

Lifeline

4/14 Alison Rd, Wyong
Open Monday – Saturday 9am to 5pm

Vinnies

47 Howarth St, Wyong
189 The Entrance Rd, The Entrance
173 Main Rd, Toukley
Shop 62B Tenth Ave, Budgewoi
Open Monday – Saturday 9am to 4pm

Other Services

Lifeline

13 11 14

Domestic Violence Hotline

1800 656 463

Safe Beds for Pets

Will provide safety for your pet if you are fleeing domestic violence
9782 4408

Shower and Laundry Facilities

Toukley Neighbourhood Centre

Shower and Laundry
Open Monday, Wednesday – Friday
9am – 12pm
4396 1555

Orange Sky Laundry

Tuesday - Central Coast Outreach
9:30am – 12:30PM
Thursday - Bateau Bay Neighbourhood Centre
2pm – 4pm
Friday - Toukley Neighbourhood Centre
10am – 1pm

Youth Services

Links Youth Services

28 Brava Ave, San Remo - 4391 7888

Wyong Youth Refuge

4351 1922

Phoenix Youth Support Service

Gravity Youth Centre Lakehaven Shopping Centre - 4393 9555

Headspace

70 Chelmsford Rd, Lake Haven -
4394 9100

Oasis Centre

15 Hely St, Wyong - 4353 9799

Locations

- 1. Toukley Neighbourhood Centre**
3 Heador Street, Toukley
- 2. Lakes Food Care**
199 Main Rd, Toukley
- 3. Wyong Neighbourhood Centre**
Wyong Town Park, Alison Rd, Wyong
- 4. St Vincent de Paul**
47 Howarth Street, Wyong
- 5. Central Coast Outreach**
19 Anzac Rd, Long Jetty
- 6. Samaritans Gosford**
Lakes Anglican Church, 247 Wallarah Rd, Kanwal
- 7. Salvation Army Oasis Centre**
15 Hely St, Wyong
- 8. San Remo Neighbourhood Centre**
28 Brava Ave North, San Remo
- 9. Kanwal Cornerstone Church**
Corner Wallarah and Minnamurra Rd, Kanwal
- 10. The Fathers Table**
Wyong Town Park, Alison Rd, Wyong
- 11. Long Jetty Uniting Church**
204 The Entrance Rd, Long Jetty
- 12. The Entrance Neighbourhood Centre & Benevolent Society**
Corner of Battley and Oakland Ave, The Entrance
- 13. Bateau Bay Neighbourhood Centre**
4/10 Cynthia St, Bateau Bay
- 14. Berkeley Vale Neighbourhood Centre**
3 Heather Ave, Berkeley Vale
- 15. Feed a Friend**
509 – 515 The Entrance Rd, The Entrance
- 16. Northern Lakes Family Centre**
1 Colongra Bay Rd, Lake Munmorah

