

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| <b>Discount Groceries</b><br>Bateau Bay<br>Neighbourhood Centre<br>9am - 3pm<br><b>4332 7450</b>                                     | <b>Discount Groceries</b><br>Bateau Bay<br>Neighbourhood Centre<br>9am - 3pm<br><b>4332 7450</b>                               | <b>Discount Groceries</b><br>Bateau Bay<br>Neighbourhood Centre<br>9am - 3pm<br><b>4332 7450</b>                                     | <b>Discount Groceries</b><br>The Salvation Army, Oasis Centre<br>10am - 2pm<br><b>4353 9799</b>                                  | <b>Discount Groceries</b><br>The Salvation Army, Oasis Centre<br>10am - 2pm<br><b>4353 9799</b>                                      |
| <b>Low Cost Groceries</b><br>Lakes Food Care Toukley<br>9am - 4pm<br><b>4307 1234</b>  | <b>Food Items and Frozen Meals</b><br>The Benevolent Society<br>(subject to availability)<br>9am - 3pm<br><b>4321 8601</b>     | <b>Discount Groceries</b><br>The Salvation Army, Oasis Centre<br>10am - 2pm<br><b>4353 9799</b>                                      | <b>Low Cost Groceries</b><br>Lakes Food Care Toukley<br>9am - 4pm<br><b>4307 1234</b>  | <b>Emergency relief vouchers, food, clothing and household items</b><br>Salvos Connect<br>9am - 5pm<br><b>1300 371 288</b>           |
| <b>Discount Groceries</b><br>The Salvation Army, Oasis Centre<br>10am - 2pm<br><b>4353 9799</b>                                      | <b>The Pantry - Food Bank</b><br>Young Parent's Hub<br>9am - 3pm<br><b>4335 1444</b>   | <b>Frozen Meals</b><br>Toukley Neighbourhood Centre<br><b>4396 1555</b><br>Subject to availability                                   | <b>Emergency relief vouchers, food, clothing and household items</b><br>Salvos Connect<br>9am - 5pm<br><b>1300 371 288</b>       | <b>Frozen Meals</b><br>Toukley Neighbourhood Centre<br><b>4396 1555</b><br>Subject to availability                                   |
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| <b>Emergency Relief Vouchers</b><br>Wyong Neighbourhood<br>Centre 9am - 4pm<br>By appointment<br><b>4353 1750</b>                    | <b>Low Cost Groceries</b><br>Lakes Food Care Toukley<br>9am - 4pm<br><b>4307 1234</b>  | <b>Emergency relief vouchers, food, clothing and household items</b><br>Salvos Connect<br>9am - 5pm<br><b>1300 371 288</b>           | <b>Frozen Meals</b><br>Toukley Neighbourhood Centre<br><b>4396 1555</b><br>Subject to availability                               | <b>Low Cost Groceries</b><br>Lakes Food Care Toukley<br>9am - 4pm<br><b>4307 1234</b>  |
| <b>Emergency Relief Food Vouchers</b><br>The Entrance Neighbourhood<br>Centre<br>9am - 1pm<br><b>4332 4545</b>                       | <b>Emergency Relief Vouchers</b><br>Wyong Neighbourhood<br>Centre 9am - 4pm<br>By appointment<br><b>4353 1750</b>              | <b>Emergency Relief Food Vouchers</b><br>The Entrance Neighbourhood<br>Centre<br>9am - 1pm<br><b>4332 4545</b>                       | <b>Food &amp; Household Hampers</b><br>Wyong Neighbourhood Centre<br>9.30am - 4pm<br>Subject to availability<br><b>4353 1750</b> | <b>Emergency Relief Food Vouchers</b><br>The Entrance Neighbourhood<br>Centre<br>9am - 1pm<br><b>4332 4545</b>                       |
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| <b>Food Hampers</b><br>St Vincent De Paul Wyong<br>9am - 4pm<br>By appointment<br><b>4356 6718</b>                                   | <b>Emergency Relief Vouchers &amp; Hampers</b><br>San Remo Neighbourhood Centre<br>9.30am - 3pm<br><b>4390 7888</b>            | <b>Community Café</b><br>Kanwal Cornerstone Church<br>10am - 12pm<br><b>0478 838 586</b>   | <b>Groceries</b><br>Berkeley Vale Neighbourhood<br>Centre<br>9am - 4pm<br><b>4388 5801</b>                                       | <b>Emergency Food Packages</b><br>Bateau Bay Anglican Church<br>1pm - 3pm<br><b>4332 6129</b>  |
| <b>Emergency Relief Vouchers</b><br>Samaritans Gorokan<br>Lakes Anglican Church<br>By appointment<br>10am - 12pm<br><b>4393 2450</b> | <b>Groceries</b><br>Berkeley Vale Neighbourhood<br>Centre<br>9am - 4pm<br><b>4388 5801</b>                                     | <b>Low Cost Groceries</b><br>Lakes Food Care Toukley<br>1pm - 4pm<br>4307 1234   | <b>Discount Groceries</b><br>Home in Place - The Meeting<br>Place<br>9:30am - 2pm<br><b>1300 333 733</b>                         | <b>Pizza in the Park &amp; Hampers</b><br>Fathers Table<br>5pm - 6pm<br><b>0406 947 767</b><br>Drop in                               |
| <b>Groceries</b><br>Berkeley Vale Neighbourhood<br>Centre<br>9am - 4pm<br><b>4388 5801</b>   | <b>Discount Groceries</b><br>Home in Place - The Meeting<br>Place<br>9:30am - 2pm<br><b>1300 333 733</b>                       | <b>Groceries</b><br>Berkeley Vale Neighbourhood<br>Centre<br>9am - 4pm<br><b>4388 580</b>  | <b>Food Hampers</b><br>San Remo Neighbourhood<br>Centre<br>9am - 3pm<br><b>4390 7888</b>   | <b>Discount Groceries</b><br>Home in Place - The Meeting<br>Place<br>9:30am - 2pm<br><b>1300 333 733</b>                             |
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### Sunday

**Community Lunch & Hampers**  
Fathers Table  
11:00am - 1pm  
**0406 947 767**  
Drop in

Central  
Coast  
Council

### Key

|                 |                  |
|-----------------|------------------|
| <b>Meals</b>    | <b>Hampers</b>   |
| <b>Vouchers</b> | <b>Groceries</b> |

May 2022

## Housing Services

### Link2Home

24hr Line  
1800 152 152

### Coast Shelter

Emergency Accommodation  
Mon - Friday 8am- 4pm  
4326 5395

### Department of Housing Wyong

4352 9600

### Uniting Burnside

Doorways Program  
1800 067 967

## Op-Shop

### Salvos

130 Pacific Hwy, Tuggerah  
253 The Entrance Rd, The Entrance  
28 Canton Beach Rd, Toukley

### Vinnies

47 Howarth St, Wyong  
189 The Entrance Rd, The Entrance  
173 Main Rd, Toukley  
Shop 62B Tenth Ave, Budgewoi

## Other Services

### Lifeline

13 11 14

### Domestic Violence Hotline

1800 656 463

## Shower and Laundry Facilities

### Orange Sky Laundry

#### Monday

Mary Macs 9.30 - 11.30am  
Central Coast Disaster Relief 6pm - 8pm

#### Tuesday

Wyong Neighbourhood Centre 10am - 1pm

#### Wednesday

Lakes Anglican Church 9am - 11am

Pass it on Clothing 6pm - 8pm

#### Friday

Toukley Neighbourhood Centre  
9.30am - 12.30pm

### San Remo Neighbourhood Centre

Shower and Laundry

Monday - Friday

9am - 3pm

4390 7888

## Youth Services

### Homeless Youth Assistance Program (HYAP)

Allambi Care - 4944 5900

### Oasis Youth Centre

15-23 Hely St, Wyong  
4353 9799

### Youth Homelessness Accommodation Services

Coast Shelter - 4326 5395

### Headspace

70 Chelmsford Rd, Lake Haven -  
4394 9100

### Service for Young Parent Families

Catholic Care - 4356 2600

## Locations

- Toukley Neighbourhood Centre**  
3 Hedor Street, Toukley
- Lakes Food Care**  
199 Main Rd, Toukley
- Wyong Neighbourhood Centre**  
Wyong Town Park, Alison Rd, Wyong
- St Vincent de Paul**  
47 Howarth Street, Wyong
- Samaritans Gosford**  
Lakes Anglican Church, 247 Wallarah Rd, Kanwal
- Salvation Army Oasis Centre**  
15 Hely St, Wyong
- San Remo Neighbourhood Centre**  
28 Brava Ave North, San Remo
- Kanwal Cornerstone Church**  
Corner Wallarah and Minnamurra Rd, Kanwal
- The Fathers Table**  
Wyong Town Park, Alison Rd, Wyong
- The Entrance Neighbourhood Centre & Benevolent Society**  
Corner of Battley and Oakland Ave, The Entrance
- Bateau Bay Neighbourhood Centre**  
4/10 Cynthia St, Bateau Bay
- Berkeley Vale Neighbourhood Centre**  
3 Heather Ave, Berkeley Vale
- Northern Lakes Neighbourhood Centre**  
1 Colongra Bay Rd, Lake Munmorah
- Young Parent's Hub**  
2a Amy Cl, Wyong
- Home in Place- The Meeting Place**  
1 Northumberland Way, Tumbi Umbi

## Did you know

### Council also has a Financial Services on the Central Coast card?

To order any of our crisis relief resources or to have your services advertised on the card please visit [centralcoast.nsw.gov.au](http://centralcoast.nsw.gov.au) and search 'Crisis relief services'

