

Monday	Tuesday	Wednesday	Thursday	Friday
Food Hub Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Hub Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Hub Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Hub Vouchers Wyoming Community Centre 9am - 4pm 4323 7483	Food Hub Vouchers Wyoming Community Centre 9am - 4pm 4323 7483
Youth Brekky Club Kincumber Neighbourhood Centre 7:30am - 8:45am 4363 1044	Food Pantry Green Point Community Centre \$5 for 2 bags 12pm - 1:30pm 4367 7591	Youth Brekky Club Kincumber Neighbourhood Centre 7:30am - 8:45am 4363 1044	Essential Food Cards Vinnies, Gosford 9am - 3pm 4322 5861	Youth Brekky Club Kincumber Neighbourhood Centre 7:30am - 8:45am 4363 1044
Essential Food Cards Vinnies, Gosford 9am - 3pm 4322 5861	Food Hampers Salvation Army, Erina 9am - 12pm 1300 371 288	Essential Food Cards Vinnies, Gosford 9am - 3pm 4322 5861	Fresh Produce and Food Hampers Mary Mac's Place Woy Woy 8am - 1pm 4341 0584	Essential Food Cards Vinnies, Gosford 9am - 3pm 4322 5861
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Essential Food Cards Vinnies, Woy Woy 9am - 4pm 4344 3261	Fresh Produce and Food Hampers Mary Mac's Place Woy Woy 8am - 1pm 4341 0584	Essential Food Cards Vinnies, Woy Woy 9am - 4pm 4341 7535	Food Hampers Vinnies, Woy Woy, 9am - 4pm 4341 7535	Food Hampers Vinnies, Woy Woy, 9am - 4pm 4341 7535
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Food Parcels Samaritans, Wyoming 10am - 1pm Drop in, subject to availability. 4329 3052	Essential Food Cards Vinnies, Woy Woy 9am - 4pm 4341 7535	Food Hampers Salvation Army, Erina 9am - 12pm 1300 371 288	Food Parcels Liberty Life House Gosford 10am - 2pm 4321 0305	Food Parcels Liberty Life House Gosford 10am - 2pm 4321 0305
Free Lunch Coast Shelter Community Centre 11am - 1pm 4325 3540	Food Parcels Liberty Life House Gosford 10am - 2pm 4321 0305	Food Parcels Liberty Life House, Gosford 10am - 2pm 4321 0305	Free Lunch Coast Shelter Community Centre 11am - 1pm 4325 3540	Food Parcels Samaritans, Wyoming 10am - 1pm Drop in, subject to availability. 4329 3052
Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584	Free Lunch Coast Shelter Community Centre 11am - 1pm 4325 3540	KNC Food Pantry Kincumber Neighbourhood Centre. \$5 for 2 bags 10:30am 4363 1044	Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584	Free Lunch Coast Shelter Community Centre 11am - 1pm 4325 3540
Food Hampers Coast Shelter Community Centre 11am - 1pm 4325 3540	Subsidised Lunch 50+ Leisure and Learning Centre Gosford People over 50 Meals from \$5 Orders by 11am 4304 7065	Free Lunch Coast Shelter Community Centre 11am - 1pm 4325 3540	Subsidised Lunch 50+ Leisure and Learning Centre Gosford People over 50 Meals from \$5 Orders by 11am 4304 7065	Subsidised Lunch 50+ Leisure and Learning Centre Gosford People over 50 Meals from \$5 Orders by 11am 4304 7065
Free Dinner Coast Shelter Community Centre 4:30pm - 5:30pm 4325 3540	Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584	Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584	Subsidised Lunch 50+ Leisure and Learning Centre Ettalong People over 50 Meals from \$5 Orders by 11am 4304 7222	Free Meal Mary Mac's Place, Woy Woy 11am - 1pm 4341 0584
Food Co-op Gosford CBD Community Hub 9am-4pm \$5 membership fee 4326 7359	Subsidised Lunch 50+ Leisure and Learning Centre Ettalong People over 50 Meals from \$5 Orders by 11am 4304 7222	Subsidised Lunch 50+ Leisure and Learning Centre Gosford People over 50 Meals from \$5 Orders by 11am 4304 7065	Food Hampers Coast Shelter Community Centre 11am - 1pm 4325 3540	Subsidised Lunch 50+ Leisure and Learning Centre Ettalong People over 50 Meals from \$5 Orders by 11am 4304 7222
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				Sunday
				Free Lunch Uniting Church Gosford 12pm 4325 3695



Key

Meals	Hampers	Vouchers
Youth	Grocery Items	Over 50



Crisis Relief Card (South)

Locations

- Vinnies Gosford**
273-275 Mann Street, Gosford
- Vinnies Woy Woy**
41 The Boulevard, Woy Woy
- Coast Shelter Community Centre**
346 Mann Street, North Gosford
- Mary Mac's Place**
100 Blackwall Road, Woy Woy
- Salvation Army Erina**
120-140 The Entrance Road, Erina
- Liberty Life House**
131-135 Henry Parry Drive, Gosford
- Hope Church**
4 Sydney Avenue, Umina Beach
- Uniting Church**
129 Donnison Street, Gosford
- Samaritans Wyoming**
2 Ronald Avenue, Wyoming
- Gosford 50+ Leisure and Learning Centre**
Corner Albany Street North and Henry Wheeler Place, Gosford
- Ettalong 50+ Leisure and Learning Centre**
Corner Broken Bay Road and Karingi Street, Ettalong

Neighbourhood Centres

- Narara Community Centre**
2-12 Pandala Road, Narara
4329 4477
- Kincumber Neighbourhood Centre**
1/20 Kincumber Street, Kincumber
4363 1044
- Kariong Neighbourhood Centre**
Langford Drive, Kariong
4340 1724
- Green Point Community Centre**
96 Koolang Road, Green Point
4367 7591
- Wyoming Community Centre**
147 Maidens Brush Road, Wyoming
4323 7483
- Salvation Army Umina**
10 Sydney Avenue, Umina Beach
- Gosford CBD Community Hub**
Suite A 201 Mann Street, Gosford
4326 7359

Shower and Laundry Facilities

- Coast Shelter Community Centre**
Shower and laundry facilities. Fresh towels, toiletries and laundry powder provided
Open from 11am, 4325 3540
- Kincumber Neighbourhood Centre**
Shower facilities, 4363 1044
- Orange Sky Laundry**
Mon - Mary Macs 9:30 - 11:30am
Central Coast Disaster Relief 6pm - 8pm
Tues - Wyong Neighbourhood Centre 10am - 1pm
Wed - Lakes Anglican Church 9am - 11am
Pass it on Clothing 6pm - 8pm
Frid - Toukley Neighbourhood Centre 9:30am - 12.30pm

Youth Services

- Homeless Youth Assistance Program (HYAP)**
Allambi Care, 4944 5900
- Service for Young Parent Families**
Catholic Care 4356 2600
- Youth Homelessness Accommodation Services**
Coast Shelter 4326 5395
- RYSS Youth Centre**
131 Henry Parry Drive, Gosford 4323 2374
- Headspace**
Gosford, 4304 7870
- Doorways for Youth**
Uniting Care, 1800 067 967

Housing Services

- Link2Home**
(Priority support for domestic and family violence)
24 hr line 1800 152 152
- Coast Shelter**
Emergency Accommodation
Mon - Fri, 8am - 4pm 4326 5395
- Department of Housing Gosford**
4323 5211

Services

- Lifeline**
13 11 14
- Domestic Violence Hotline**
1800 656 463
- Bungree**
Provide support to Aboriginal people who are homeless or at risk of homelessness, 4350 0100
- Meals on Wheels**
Meal delivery and support service for the elderly and disabled, 4357 8444
- Coast Shelter**
Furniture, whitegoods, blankets and clothing
4325 3540

Need help with bills or fines?

- Coast Shelter**
WDO'S, EAPA vouchers, Budget advice
4326 5395
- Moneycare**
Salvation Army financial advice
4367 6200
- Gosford CBD Community Hub**
Debt relief, financial counselling
appointment only 4326 7359
- Wyoming Community Centre**
Financial Counselling
4323 7483

Did you know

Council also has a Financial Services on the Central Coast card?

To order any of our crisis relief resources or to have your services advertised on the card please visit centralcoast.nsw.gov.au and search 'Crisis relief services'

