

youth directory

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Emergency Numbers

Emergency (Police, Ambulance, Fire)	000
Accommodation Youth Hotline (Link2home)	1800 152 152
Alcohol & Drug Information Service	(02) 9361 8000
(Rural)	1800 422 599
Child Protection And Family Crisis Service	132 111 (Facs)
Child Protection Hotline	133 627
Domestic Violence Hotline	1800 656 463
Emergency Youth Accommodation	1800 152 152
Hospital – Gosford	4320 2111
Hospital – Wyong	4394 8000
Kids Help Line	1800 551 800
Legal Aid Helpline (Law Access)	1300 888 529
Legal Aid Hotline (U/18)	1800 101 810
Lifeline	13 11 14
Mental Health Central Intake	4320 3500
Ombudsman	1800 451 524
Police Assistance Line (Pal)	13 14 44
Rape Crisis Service	1800 424 017
Translation And Interpretation Service	131 450
2010 Gay & Lesbian Youth and Family Support (9am-5pm Mon-Fri)	1800 652 010
Gay & Lesbian Counselling Service of NSW (Glcs) (5.30pm-10.30pm)	8594 9596 Or 1800 184 527

Wesley Dalmar - OOHHC Hunter-Central Coast



Wesley Mission

Unit 3, 13 Anzac Rd, Tuggerah
PO Box 3516, Tuggerah, NSW, 2259

Phone: (02) 4305 3300

Fax: (02) 4352 3734

Email: ccfostercare@wesleymission.org.au

Web: www.wesleymission.org.au/centres/outofhomecare

Hours Open: Monday – Friday, 9am – 5pm

Service Description: Provides foster care services for children and young people aged 0-17 years of age who cannot live at home (Only via referral from Family and Community Services).

Wesley Family Accommodation Support



Central Coast Wesley Mission

PO Box 361, Ourimbah, NSW 2258

Phone: (02) 4329 6501

Central Intake referral Line: 1300 259 789

Fax: (02) 4328 4798

Email: homelesssservices@wesleymission.org.au

Web: www.wesleymission.org.au

Hours Open: Monday – Friday 9am – 5pm (Please use answering machine if office un-attended)

Service Description: Tenancy support and case management services for families who are homeless or at risk of homelessness. Families who have come from domestic violence and Aboriginal families.

Doorways - Central Coast Youth Homelessness Coordination & Support Services



UnitingCare Burnside

38 Pacific Highway, Wyong

Referral Intake line: 1800 067967 – 10.00am to 4.00pm

Hub Opening hours: 9.30am to 12.30pm – 1.00pm to 2.30pm

Service Description:

Doorways for youth is a support service led by UnitingCare Burnside for young people aged between 16 to 25yrs who are homeless or at risk of homelessness. We assist young people in their transition to independence by providing support with: financial and income matters, legal matters, family services, health/mental health, domestic violence, living skills, lines to accommodation services, employment, education and training. The Doorways program also support young people to access affordable accommodation within their transitional housing program where appropriate.

Keys- Homeless Young Parents Program



CatholicCare

3 Mary Mackillop Drive, Warnervale, NSW 2259

Phone: (02) 4356 2600

Mobile: 0448 888 972

Fax: (02) 4356 2601

Email: kim.mcintyre@dbb.org.au

Hours Open: Monday – Friday 8:30am – 4pm

Service Description:

This program is to assist Young parents 16 – 24 yrs that are homeless or at risk of homeless address their issues of homelessness and assisting them with long term sustainable housing.

Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: <http://www.cclhd.health.nsw.gov.au/>

Hours Open: Monday – Friday, 8:30am – 5:00pm, except public holidays

Service Description:

Locations and contact numbers

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged.

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > ChIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

Parkside

Parkside Building, 123 Donnison St Gosford
PO Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060

Fax: (02) 4323 7453

Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 4 independent Youth Services.

ARC, Options, ET Australia, ET Australia Secondary College, Regional Youth Support Services, Youth Arts Warehouse and Verto Apprenticeship Consultant. A youth and family service of Relationships Australia (NSW). Funded by the Government to provide support, information and advocacy to young people aged 16 – 25, who have been in care of the Department and are making their way to independent living.



Challenge Children Services – Central Coast

PO Box 3338 Tuggerah 2259

Phone: (02) 4305 4200

Email: info@challchildren.org.au

Web: <http://challengecommunity.org.au>

Hours Open: Monday-Friday: 8:30am – 5:00pm (admin)

Service Description:

Challenge Children's Services provides foster care and residential care to children and young people aged 0-18 years on the Central Coast and across NSW.



Housing NSW – Wyong Office

Suites 4/5 Wyong Plaza Village, 36 Alison Rd, Wyong, NSW, 2259

Phone: (02) 4352 4400

Fax: (02) 4352 4411

Web: www.housingpathways.nsw.gov.au (For all application forms)

Hours Open: Monday – Friday 9am-5pm (closed 12pm-1pm daily)

Service Description:

Provides affordable, safe and appropriate housing for low income earners for residents of NSW. Provision of public housing to eligible applicants. Assistance with bond for private renters who are eligible under the Rental Assistance Scheme.



Family & Community Services
Housing NSW

Housing NSW – Gosford Office

106-108 Erina St, Gosford, NSW, 2250

Phone: (02) 4323 5211

Fax: (02) 4323 5200

Web: www.housing.nsw.gov.au (for all application forms)

Hours Open: Monday – Friday 9am-5pm (closed 12pm-1pm daily)

Service Description:

Provide affordable, safe and appropriate housing for low income earners for residents of NSW. Provision of public housing to eligible applicants. Assistance with bond for private renters who are eligible under the Rental Assistance Scheme.



Family &
Community Services
Housing NSW

Housing NSW – Contact Centre (24/7)

Phone: 1300 468 746



Family &
Community Services
Housing NSW

Housing NSW

After Hours Temporary Accommodation Line

Link2home

Phone: 1800 152 152



Family &
Community Services
Housing NSW

Youth Emergency Accommodation Hotline

(Link2home)

Phone: 1800 152 152

Service Description:

Link2home is a single state-wide information and referral service to assist homeless people and those at risk of homelessness. From 9am to 10pm daily Link2Home provide information, assessment and referrals to homelessness services across NSW.

Community Housing

Compass Housing Services

Block H/2 Reliance Drive Tuggerah Business Park

PO Box 3217, Tuggerah, NSW, 2259

Phone: 1300 333 733

Fax: (02) 4351 1653

Email: centralcoast@compasshousing.org

Web: www.compasshousing.org



Coast Shelter

346 Mann St, Gosford

PO Box 1234, Gosford, NSW 2250

Phone: (02) 4325 3540 or (02) 4324 7239 (24hr Accommodation)

Fax: (02) 4324 7876

Email: admin@coastshelter.org.au

Web: www.coastshelter.org.au

Hours Open: Contact for information

Service Description:

Coast shelter is a not for profit organisation providing accommodation and support services to homeless persons on the Central Coast since 1992. Coast Shelter consists of six refuges, a transitional accommodation program, a Brokerage service and a Community Centre which provides free meals and practical assistance to help people avoid homelessness.



Rumbalara Youth Refuge

Coast Shelter

Rear Henry Wheeler Pl, Gosford, NSW 2250

PO Box 1234, Gosford, NSW 2250

Phone: 4325 0453 (24hrs) or 0418 603 837

Fax: (02) 4325 0453

Email: rumbalara@coastshelter.org.au

Web: www.coastshelter.org.au

Hours Open: Seven days 24hrs

Service Description:

Rumbalara is a youth refuge at Gosford which provides temporary accommodation and support up to six homeless young women and men aged between 15 and 20 years of age. Rumbalara provides a relaxed and caring environment which emphasis on developing the personal and living skill needed to sustain independent living. Residents work together in sharing household responsibilities, organising meals, grocery shopping and planning activities such as roster of chores and weekend outings. Where appropriate, residents under the age of 16 will be encouraged to reconcile with their families.



Maya Young Women's Refuge

Coast Shelter

102 Manns Rd, Narara, NSW, 2250

PO Box 1234, Gosford, NSW 2250

Phone: (02) 4323 1636 (24hrs) or 0419 692 049

Fax: (02) 4323 3952

Email: maya@coastshelter.org.au

Web: www.coastshelter.org.au

Hours Open: Seven days 24hrs

Service Description:

Maya Young Women's refuge is one of five refugees operated by Coast Shelter. Maya is a specialised medium term youth refuge providing accommodation and support to six young women who are homeless or at risk of becoming homeless.

Maya provides a relaxed and caring environment which emphasis on developing the personal and living skill needed to sustain independent living. Residents work together in sharing household responsibilities, organising meals, grocery shopping and planning activities such as roster of chores and weekend outings.



Woy Woy Youth Cottage

Coast Shelter

78 Carpenter St, Umina, NSW, 2257

PO Box 1234 Gosford, NSW 2250

Phone: (02) 4341 9027 (24hrs) 0405 663 929

Fax: (02) 4341 4231

Email: youthcottage@coastshelter.org.au

Hours Open: Seven Days, 24 hrs

Service Description:

Woy Woy Youth Cottage is a crisis youth refuge which provided temporary accommodation and support to five homeless young women and men aged between 14 and 20. Woy Woy cottage primary focus for each resident is to work through their crisis in a safe and supportive environment. Where appropriate, residents under the age of 16 will be encouraged to reconcile with their families.



Youth Angle

40 Gallipoli Ave, Umina Beach, NSW, 2257
PO Box 1234 Gosford, NSW 2250

Phone: (02) 4341 8830 (24hrs) 0405 663 958

Fax: (02) 4341 4231

Email: youthangle@coastshelter.org.au

Hours Open: Seven Days, 24 hrs

Service Description:

Youth Angle is our refuge at Umina which provides temporary accommodation and support to up to six homeless young women or men aged between 15 and 20 years of age. Where appropriate, residents under the age of 16 will be encouraged to reconcile with their families.



Wyong Youth Refuge

200 Pacific Highway Watanobbi NSW 2259

Po Box 1234 Gosford, NSW 2250

Phone: (02) 4341 8830 (24hrs) 0405 663 958

Fax: (02) 4341 4231

Email: wyongyouth@coastshelter.org.au

Hours Open: 7 Days, 24 hrs

Service Description:

Wyong Youth Refuge is our crisis youth refuge which provides temporary accommodation and support to five homeless young women and men aged between 14 and 20. Where appropriate, residents under the age of 16 will be encouraged to reconcile with their families.



Pacific Link Housing

Suite 2 Level 1, 10 William St Gosford NSW 2250

Phone: 1300 654 973 or (02) 4324 7617

Email: info@pacificlink.org.au

Web: www.pacificlink.org.au

Hours Open: Mondays 9:00am – 5:00pm

Service Description:

Affordable secure housing for customers in greatest need. Waiting list may apply.



Y Foundation

Phone: 1800 152 152 (Accommodation) (Link2Home)
(02) 8306 7900 (General)



Centrelink Offices

Human Services

Ettalong 241 Ocean View Rd.

Woy Woy 87-89 Blackwall Rd.

Gosford 9 Watt St.

Wyong 25-27 Hely St.

The Entrance 16-18 Fairview Ave.

Lake Haven 3 Forrow Dr
Locked Bag 2, Regents Park DC,
NSW 2143 (For All Offices)

Employment Services 13 28 50

Youth And Students Services 13 24 90

Australian Apprenticeships 13 36 33

Family Assistance Office 13 61 50

Disabilities, Sickness And Carers 13 27 17

Indigenous Call Centre 1800 136 380

Abstudy 1800 132 317

International Services 13 16 73

Retirement Services 13 23 00

In Languages Other Than English .. 13 12 02

Customer Relations Free Call 1800 132 468

Report Income 13 32 76 (13Earn)

TTY Enquires Free Call 1800 810 586

Web: www.humanservices.gov.au

Hours Open: Monday – Friday 8:30am – 4.30pm

Service Description:

Centrelink assists people to become self-sufficient and supports those in need.



St Vincent de Paul Society

Broken Bay Diocese

Suite 203 1 Katherine St, Chatswood
PO Box 1426, Chatswood, NSW, 2057

Phone: (02) 9415 1492 Youth team (02) 9495 8306

Fax: (02) 9415 3193

Email: georgia.strutt@vinnies.org.au

Web: www.vinnies.org.au

Hours Open: Monday – Friday 9am – 5pm

Service Description:

We run a Kids Camp program in the school holidays for children aged between 7 and 13. We also provide volunteering opportunities to young people over the age of 16.



The Smith Family Shop

The Smith Family

8 Community Rd, Bateau Bay 2261

Phone: (02) 4334 7844

Web: www.thesmithfamily.com.au

Hours Open: Monday – Friday 9am – 4pm, Saturday 9am – 1pm

Service Description:

We have an excellent range of new and near new clothing, accessories, manchester, furniture, other household goods, books and toys at an affordable price. Our stores also accept donations of good quality items. To find your local Smith Family Clothing bin call 1300 737 166 or email customerservice@thesmithfamily.com.au



everyone's family

Central Coast Community Council

1 Bay Village Rd, Bateau Bay, NSW 2261

Phone: (02) 4333 4401

Email: rdo@theccccc.org.au

Web: www.theccccc.org.au

<http://theccccc.org.au/directory/12-peak-community-organisations/4762-interagency-list>

Hours Open: Monday – Thursday 9:00am – 4:00pm

Service Description:

The CCCC provides advocacy and support to all community organisations on the Central Coast as the regional peak body. We work in partnership with local community organisations, NCOSS and ACOSS to ensure any gaps in community services are advocated at regional, state and national levels.



'Vinnies' Centres, St Vincent de Paul Society



Vinnies Gosford

273-275 Mann St, Gosford NSW 2250

Phone: (02) 4323 6080

Hours Open: Monday – Saturday 9:30am – 4.00pm

Vinnies Wyong

47 Howarth St, Wyong NSW 2259

Phone: (02) 4353 5614

Hours Open: Monday – Friday 9:00am – 4:00pm, Saturday 9:00am – 4.00pm

Vinnies East Gosford

81 Victoria St, East Gosford NSW 2250

Phone: (02) 4325 5431

Hours Open: Monday – Saturday 9:00am – 4:00pm

Vinnies Woy Woy

41 The Boulevard, Woy Woy NSW 2256

Phone: (02) 4344 3261

Hours Open: Monday – Saturday 9:00am – 4.00pm, Sun 10:00am – 2:00pm

Vinnies The Entrance

189 The entrance Rd , The Entrance NSW 2261

Phone: (02) 4332 3776

Hours Open: Monday – Sat 9:00am – 4.00pm, Sun 10:00am – 2:00pm

Vinnies Toukley

173 Main Rd, Toukley NSW 2263

Phone: (02) 4396 3001

Hours Open: Monday –Saturday 9:00am – 4:00pm

Vinnies Umina

344 West St, Umina NSW 2257

Phone: (02) 4341 7091

Hours Open: Monday – Friday 9:00am – 4:00pm, Sat 9:00am – 12:00pm

Vinnies Kincumber

39 Avoca Drive Kincumber (Shop 3 &4) NSW 2251

Phone: 4363 1330

Hours opening: Monday – Saturday 9.00am-4.00pm

Vinnies Erina Heights

3/490 the Entrance road the Entrance NSW 2260

Phone: 4367 6559

Hours Open: Monday – Friday 9.00am – 4.00pm, Sat 9.00am -12.30pm

Vinnies Budgewoi

63B Tenth Ave Budgewoi NSW 2262

Phone: 4390 5667

Hours Opening: Monday- Friday 9.00am-4.00pm, Saturday 9.00am – 12.00pm

Salvos Stores

Salvation Army

Salvo's Gosford

348 Mann St, Gosford

Phone: (02) 4325 3101

Hours Open: Monday – Friday 8:30am – 4:30pm, Saturday 9:00am – 2:00pm



Salvo's West Gosford

30 B Central Coast Hwy, West Gosford

Phone: (02) 4322 1755

Hours Open: Monday – Friday 9:00am – 5:00pm, Saturday 9:00am – 2:00pm

Salvo's Woy Woy

74 Rawson Rd, Woy Woy

Phone: (02) 4343 1104

Hours Open: Monday – Friday 9:00am – 5:00pm, Saturday 9:00am – 2:00pm

Salvo's Tuggerah

130 Pacific Hwy, Tuggerah

Phone: (02) 4351 5873

Hours Open: Monday – Friday 9:00am – 5:00pm, Sat 9:00am – 2:00pm

Salvo's Green Point

Shop 16, Green Point Shopping Centre,

Avoca Drive Green Point 2251

Phone: (02) 4365 6348

Hours Open: Monday – Friday 9:00am – 5:00pm, Sat 9:00am – 3:00pm

Oasis Youth Centre

Salvation Army

Cnr Hely St and Anzac Ave, Wyong

Phone: (02) 4353 9799

Fax: (02) 4353 9550

Email: oasisyouth@aue.salvationarmy.org

Web: salvos.org.au/oasis

Hour Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Support, information and recreational activities for 12-24 years including: Case management, Court support, Anger management, Sport and Rec centre (sports court, skate park, games tables, computer games and more), Oasis Shop - low priced groceries, School based group programs, Work experience/student placement, School Holiday programs, Work Development Orders, Assistance with Juvenile Justice Conferences, Advocacy and referral and drive for Life Program.



Musicians Making A Difference

1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350 (contact via email preferred)

Fax: (02) 8208 9846

Email: info@mmad.org.au

Web: www.mmad.org.au

Hours Open: AM: Monday - Friday by appointment. PM: Gosford HQ programs – Monday, Wednesday, Friday by referral (info@mmad.org.au). Outreach across Hunter, Wyong and Gosford. Dance Mentoring: Monday – Thursday (register at streetdreams.info). Music Mentoring: Tuesday and Thursday (via EOI).

Service Description:

Musicians Making A Difference (MMAD) is an Australian charity changing young lives through creative mentoring. MMAD uses innovative music, dance and camp programs to address the emotional, social & physical needs of disadvantaged young people aged between 8 and 24.



Kariong Child Care Centre

Gosford City Council

46 Langford Dr, Kariong

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4340 1823

Fax: (02) 4340 4860

Web: www.gosford.nsw.gov.au/community/facilities/childcare-centres

Hours Open: Monday – Friday 7:30am – 6:00pm

Service Description:

Not for Profit service, Licensed and accredited long day care and occasional childcare. Welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.



Niagara Park Children's Centre

Gosford City Council

209 Narara Valley Dr, Niagara Park

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4328 5485

Fax: (02) 4328 5002

Web: www.gosford.nsw.gov.au/community/facilities/childcare-centres

Hours Open: Monday – Friday 7:00am – 5:30pm

Service Description:

Not for Profit service, Licensed and accredited long day care and occasional childcare. Welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.



Terrigal Children's Centre

Gosford City Council

4 Duffy's Rd, Terrigal

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4385 1088

Fax: (02) 4385 3389

Web: www.gosford.nsw.gov.au/community/facilities/childcare-centres

Hours Open: Monday – Friday 7:00am – 5.30pm

Service Description:

Not for Profit service, Licensed and accredited long day care and occasional childcare. Welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.



Umina Child Care Centre

Gosford City Council

10 Australia Ave, Umina

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4342 3633

Fax: (02) 4344 5418

Web: www.gosford.nsw.gov.au/community/facilities/childcare-centres

Hours Open: Monday – Friday 7:30am – 6:00pm

Service Description:

Not for Profit service, Licensed & accredited long day care & occasional childcare. Welcoming & nurturing environments with established & well resourced facilities. Nutritious hot & cold meals with inclusive practices for the development of all children.



Wyong Little Learners Childcare Centre

8a Amy Close, Wyong NSW 2259

Phone: (02) 4353 4967

Fax: (02) 4353 0349

Email: director@wyonglittlelearners.com.au

Web: www.wyonglittlelearners.com.au

Hours Open: Monday – Friday 7:00am – 6:00pm



North Wyong Wadalba Childcare Centre

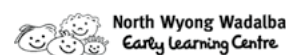
27 Amsterdam Circuit North Wyong NSW 2259

Phone: (02) 4352 2005

Email: info@northwyongchildcare.com.au

Web: www.northwyongchildcare.com.au

Hours Open: Monday – Friday 6:30am – 6:00pm



Kids Korner

CC1 Westfield Shoppingtown, Tuggerah NSW 2259

Phone: (02) 4353 4545

Fax: (02) 4353 4548

Email: info@kidskorner.net.au

Web: www.kidskorner.net.au

Hours Open: Monday – Friday 6:30am – 6:30pm



Charlestown CSC

309 Charlestown Rd, Charlestown
PO Box 585, Charlestown, NSW 2290

Phone: (02) 4985 1500

Fax: (02) 4985 1599

Gosford CSC

The Gateway Centre, 231-237 Mann St, Gosford
PO Box 1392, Gosford, NSW 2250

Phone: (02) 4336 2400

Fax: (02) 4336 2429

Wyong CSC

9 Hely St, Wyong
PO Box 65, Wyong, NSW 2259

Phone: (02) 4352 6500

Fax: (02) 4352 6599

Keep Them Safe - Guides

Phone: 1800 772 479

Web: www.keepthemsafe.nsw.gov.au/reporting_concerns/mandatory_reporter_guide

Child Protection Hotline

Phone: 133 627 (Mandatory Reporters)

Phone: 132 111 (Public)

The Aftercare Resource Centre

Relationships Australia

123 Donnison Road, Gosford NSW 2250
(Parkside Building)

Phone: (02) 4322 3659 and 1800 656 884 (free call)

Fax: (02) 4322 3659

Email: arc@ransw.org.au **Web:** www.nsw.relationships.com.au

Hours Open: Monday – Wednesday 9am – 5pm

Service Description:

The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required. We can also help you to access our ward file and provide support you while you read it.



Staying Home Leaving Violence

CatholicCare

3 Mary Mackillop Drive, Warnervale, NSW 2259

Phone: (02) 4356 2600

Mobile: 0448 888 972

Fax: (02) 4356 2601

Email: kim.mcintyre@dbb.org.au

Hours Open: Monday – Friday 8:30am – 5pm

Service Description:

Staying Home Leaving Violence is a free service that helps women and their children to escape a violent relationship and stay safely at home or a home of their choice. We assist with local ADVO court and family law court, safety assessments, planning and upgrades, educational and therapeutic groups, long term case management, advocacy and referral.



Challenge Children's Services – Central Coast

PO Box 3338 Tuggerah 2259

Phone: (02) 43054200

Email: info@challchildren.org.au

Web: <http://challengecommunity.org.au>

Hours Open: Monday-Friday: 8:30am – 5:00pm (admin)

Service Description:

Challenge Children's Services provides foster care and residential care to children and young people aged 0-18 years on the Central Coast and across NSW.



Community Development Library & Community

Unit Administration Officer

Gosford City Council

Level 9, 49 Mann St, Gosford

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4325 8172

Fax: (02) 4325 8870

Email: alison.amos@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au/community

Hours Open: Monday – Friday 8.30am – 5pm

Service Description:

Community Development is the process or effort of building community capacity on a local level with emphasis on forging and strengthening social ties, building economy, and developing the not for profit sector. Incorporating Childcare, Youth Services, Community Partnerships, Seniors Services, and Aboriginal Programs.



Youth Services

Youth Connections

Gate 1 Kangaroo Road, Kariong NSW 2229

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: admin@youthconnections.com.au

Web: www.youthconnections.com.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

Youthconnections.com.au creates environments where young people can achieve purposeful futures through economic, social and civic participation. As a trusted Not-For-Profit organisation, we have a long history in developing meaningful enterprises that provide work experience, vocational learning, soft employment entry points, mentorship and support to young people. Our programs touch the lives of over 6000 young people annually across the Central Coast, North Sydney and Hunter regions, offer work placements to over 2,000 young people and support them to overcome barriers which may prevent full and purposeful engagement in education, training or employment. Youthconnections.com.au has a strong commitment to our most vulnerable and disenfranchised youth and provides programs, services and resources to cater to Indigenous youth, job-seekers, young parents and those with a disability. Youthconnections.com.au ensure no young person is left behind without a supported transition into education, training and employment.



Youth Arts Warehouse

Regional Youth Support Service

Parkside Building, 123 Donnison St Gosford

Po Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374

Fax: (02) 4323 3796

Email: arts@ryss.com.au

Web: www.youthartswarehouse.com.au

Hours Open: Various

Service Description:

The Youth Arts Warehouse is a contemporary leading-edge facility providing young people (12-24) with professional art programming in areas such as theatre, music, visual arts, and photography, which creates artistic, cultural and professional development opportunities for young and emerging artists on the Central Coast.



Central Coast Community Council

1 Bay Village Rd, Bateau Bay, NSW 2261

Phone: (02) 4333 4401

Email: rdo@theccccc.org.au

Web: www.theccccc.org.au

<http://theccccc.org.au/directory/12-peak-community-organisations/4762-interagency-list>

Hours Open: Monday – Thursday 9:00am – 4:00pm

Service Description:

The CCCC provides advocacy and support to all community organisations on the Central Coast as the regional peak body. We work in partnership with local community organisations, NCOSS and ACOSS to ensure any gaps in community services are advocated at regional, state and national levels.



Early Intervention and Activities Centre



Samaritans

10-12 Debra Anne Dr, Bateau Bay, NSW (until mid July)
1 Bay Village Road Bateau Bay, NSW, 2261 (new address)
(Tuggerah Lake Community Centre)
PO Box 4316, Bay Village 2261

Phone: (02) 4332 1141 Office (02) 4384 8400

Fax: (02) 4333 6044 (02)43 8460 (after July)

Email: eiacc@samaritans.org.au

Web: www.samaritans.org.au

Hours Open: 9am-5pm.

Service Description:

The Samaritans EIA team operates within the Central Coast Region across the Wyong Local Government Areas ranging from Mannering Park in the North to Bateau Bay in the South. EIA provides a range of services for families with children under 13 years and for young people aged 13-17 years and their families. Support includes providing information, referral, support and advocacy for young people within the community and a range of parenting programs.

Interrelate Family Centre

213 The Entrance Rd, Erina & 33A Alison Rd, Wyong
PO Box 3646, Erina, NSW, 2050

Phone: (02) 4363 8050

Fax: (02) 4363 8010

Web: www.interrelate.org.au

Hours Open: Wyong Mon-Fri 9.00am – 5.00pm,
Erina Mon & Wed 9am-9pm, Tues, Thurs & Fri 9am-6pm.

Service Description:

Counselling for: Individuals, Couples, Families, Men, Carers of children with disability
Family Dispute Resolution: Assisting separated parents to develop child-focussed parenting plans
Building Stronger Families: Case Managed holistic approach to supporting separated families
Group/Seminar programs on: Parenting, Post-Separation, Anger Management, Self-Esteem, Relationships.



Evolution Youth Service - AOD Program

Evolution Youth Services

2 Ross Street, Woy Woy
PO Box 512, Woy Woy, NSW 2256

Phone: (02) 4342 7640

Fax: (02) 4342 3914

Email: eyes@coastcommunityconnections.com.au

Website: www.coastcommunityconnections.com.au

Hours Open: Mon-Fri 9.00am– 5.00pm.

Service Description:

Provides free counselling, information, education and group programs for young people who may be concerned about their own (or their friend's) use of alcohol and other drugs.



Wyong TAFE Counselling and Careers Service

TAFE Hunter Institute

Wyong TAFE Campus, Block D, Porter St, Wyong
PO Box 486, Wyong, NSW, 2059

Phone: (02) 4350 2222 or 13 12 25

Fax: (02) 4350 2247

Email: hunter.counselling@tafe.nsw.edu.au

Web: www.hunter.tafensw.edu.au

Hours Open: Mon - Fri: 8.30am to 5.00pm during school terms

Service Description:

To help students and prospective students access and make the best use of TAFE Courses.

Phone 1300 733 248 to make an appointment.



Gosford TAFE Counselling and Careers Service

TAFE Hunter

Gosford TAFE Campus, Block F, Cnr Margin St and Henry Parry Drive, Gosford

Phone: (02) 4348 2222

Fax: (02) 4348 2359

Email: hunter.counselling@tafe.nsw.edu.au

Web: www.hunter.tafensw.edu.au

Hours Open: Mon - Fri: 8.30am to 5.00pm during school terms

Service Description:

To help students and prospective students access and make the best use of TAFE Courses. Phone 1300 733 248 to make an appointment.



Unifam Counselling and Mediation

Level 2, 15 Watts St, Gosford 2250
Po Box 864, Gosford, NSW 2250 (waiting on email)

Phone: (02) 4325 9666

Fax: (02) 4324 2903

Email: gosford@unitingcarenswwact.com.org

Web: www.unifamcounselling.org

Hours Open: Monday, Wednesday, Thursday, Friday 9-5, Tuesday 12-8

Service Description:

Counselling services for individuals, families and relationships. Gambling is also a specialist service for children who parents are separated or divorces. Fees are sliding scale for adults and children eligible for SCASP free and gambling counselling is also a free service. Family dispute resolution and mediation on property and family matters.



Adolescent and Family Counselling

Youth for Christ (YFC) Central Coast

Level 1 – 18 Washington Ave, Niagara Park NSW
Po Box 9183, Wyoming, NSW 2250

Phone: 1300 557 174 or (02) 4346 4064

Fax: (02) 4328 1867

Email: central_coast@yfc.org.au or counselling_cc@yfc.org.au

Web: www.yfc.org.au

Hours Open: Monday – Friday 9:00am – 5pm

Service Description:

We are a generalist counselling service that provides individual and family counselling to young people aged 12-18 and their families who are facing life challenges and/or experiencing difficulties in their living situation where the young person is at risk of leaving the family home. The service aims to improve the mental health and well-being of young people, and to prevent family breakdown by assisting young people and their families to improve communication and relationships.



Baptist Care

Relationship Services

102 Pacific Hwy, Tuggerah
PO Box 384 Wyong NSW 2259

Phone: 1300 130 225 or (02) 4352 7900

Fax: (02) 4353 5638

Web: www.baptistcare.org.au

Hours Open: Monday – Friday 9:00am – 5pm

Service Description:

We provide individual, couple and family counselling as well as specialised services for families who have experienced Domestic Violence. We provide group programs and seminars aimed at supporting young people to work towards healthy, respectful relationships.



Parkside

Parkside Building, 123 Donnison St Gosford
PO Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060

Fax: (02) 4323 7453

Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment & Training Australia Inc (ET Australia). At present, Parkside houses 4 independent Youth Services. ARC, Options, ET Australia Secondary College, Regional Youth Support Services, Youth Arts Warehouse and Verto Apprenticeship Consultant.



Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259
PO Box 361 Gosford NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: <http://www.cclhd.health.nsw.gov.au>

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays.

Service Description:

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged.

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > CHIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

Feeniks Career and Training Services

Mobile: 0415 188 266

Email: n.szabo@comcen.com.au

Web: www.feeniks.com.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Feeniks is a licensed provider of the “Coaching Young People for Success Program”. This program includes - Life Coaching, Career Coaching and School Performance Coaching Sessions for individual young people or small groups. It includes proven strategies from coaching and positive psychology that assist young people find direction, overcome barriers and the emotional skills required to maximise their personal, school and career potential. Modules include “Steps for My Life Success”, “Steps for My School Success” & “My Life and Career Pathway Plan” or “School Performance Plan”. A complete range of Career Development services are also available. Feeniks is a Professional Member of the Career Development Association of Australia (CDAA).



Lifeline Central Coast

Lifeline

15 Cary St, Wyoming

PO Box 9094, Wyoming, NSW, 2250

Phone: (02) 4320 7400

Fax: (02) 4324 2753

Email: ceocc@lifelinecentralcoastnsw.org

Web: www.lifeline.org.au/centralcoastnsw

Hours Open: Monday to Friday 9.00am – 5.00pm

Service Description:

Our vision is to bring hope and understanding to those in need, so they can be empowered, and grow.



Coast Care Counselling

A group of Personal Counsellors who provide counselling services in the Community and Neighbourhood Centre's on the Central Coast of NSW.

We provide both individual and couple counselling for relationship problems and are available for both day and evening appointments.

Centres:

Berkeley Vale Neighbourhood Centre

Heather Ave, (cnr Berkeley Road), Glenning Valley NSW 2261
Phone: (02) 4388 5801

Chertsey Cottage

10 Willow Road, Springfield NSW 2250
Phone: (02) 4325 3963

Kariong Neighbourhood Centre

10 Langford Dr, Kariong
Phone: (02) 4340 1724

Kincumber & District Neighbourhood Centre

20 Kincumber St, Kincumber
Phone: (02) 4363 1044

Peninsula Community Centre

93 McMasters Rd, Woy Woy
Phone: 4341 9333

Peninsula Women's Health Centre

20a McMasters Rd, Woy Woy
Phone: (02) 4342 5905

Warnervale Family Community Centre

271 Warnervale Rd, Hamlyn Terrace
Phone: (02) 4392 8734

Woodbury Park Community Centre

Cnr Woodbury Park Ave and Woolmers Cres Mardi NSW 2259
Phone: (02) 4353 9806

Wyang Neighbourhood Centre

Cnr Alison Rd and Ranken Court Wyong NSW 2259
Phone: (02) 4353 1750



Biala Cottage Child and Adolescent Sexual Assault Counselling

NSCCAH

Holden St Gosford (Gosford Hospital)
PO Box 361 Gosford, NSW 2250

Phone: (02) 4320 3175 or After Hours – (02) 4320 2111

Fax: (02) 4320 3133

Hours Open: Monday to Friday 8:30am – 5:00pm

Service Description:

Counselling service for children and adults who have been sexually abused, and for their non-offending family members.

Musicians Making A Difference

1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350 (contact via email preferred)

Fax: (02) 8208 9846

Email: info@mmad.org.au

Web: www.mmad.org.au

Hours Open: AM: Monday to Friday by appointment. PM: Gosford HQ programs – Monday, Wednesday, Friday by referral (info@mmad.org.au).

Outreach across Hunter, Wyong & Gosford. Dance Mentoring: Monday – Thursday (register at streetdreams.info).

Music Mentoring: Tuesday & Thursday (via EOI).

Service Description:

Musicians Making A Difference (MMAD) is an Australian charity changing young lives through creative mentoring. MMAD uses innovative music, dance and camp programs to address the emotional, social & physical needs of disadvantaged young people aged between 8 and 24.



Commonwealth Respite and Carelink Centre



Shop 2, Ground Floor, Citigate Centre.
451 Pacific Highway, North Gosford NSW 2250

Phone: 1800 052 222

Fax: (02) 4304 0726

Hours Open: 1800 052 222 - 24 hour Emergency Hotline. Shop front open – 8.30 – 4.30pm

Service Description:

The CRCC provides information, support and advice to carers and assists with organising emergency or short-term planned respite in a variety of settings that suit the carer and the care recipient. Staff at the CRCC explore options with carers to assist them to take a break from their caring role by providing information regarding respite options, financial assistance for respite, a brokerage booking service for respite in nursing homes and hostels and opportunities for carers to get together and network. The CRCC also provides an after hour's emergency respite care service. The CRCC also has specific projects focussing on Young Carers, Respite for Carers of people with Mental Health issues including Intellectual, Asperger's, Autism and Carers of children with severe and profound disabilities. As of July 2014, the CRCC no longer provides Carelink Information and people are asked to please contact the Myagedcare number on 1800 200 422 or the myagedcare website (www.myagedcare.gov.au).

Youth Services



Youth Connections

Gate 1 Kangoo Rd, Kariong NSW 2250

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: admin@youthconnections.com.au

Web: www.youthconnections.com.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

Youthconnections.com.au provides an innovative range of abilities programs to cater for young people with a disability and provide social networking opportunities, vocational training and work experience, supported transition into employment and after-school and vacation care.

Programs include:

Skool's Out: Skool's Out is a social networking and peer support program for young people with a disability. Skool's Out assists young people to form new friendships, find new interests and gain skills all under the guidance and support of our experienced staff. Green Central provides a safe and friendly space for young people. Young people have access to a range of facilities including the media centre, café and gardening facilities.

Skool's Out clients participate in a range of activities including:

Art & craft, Cooking, Gardening, Wii Fitness, Games, Sport, Watching DVDs, Outside excursions & more.

Hours: Skool's Out operates Monday to Thursday, 3-6pm

T-Team: T-Team is an after school and vacation care program for high school students with a disability. The program allows young people to form social networks and participate in

entertaining, age-appropriate activities under the supervision of qualified facilitators. T-Team allows parents and carers more time to work or participate in the community with the knowledge that their child is in a safe and supportive environment. Young people have access to a range of facilities including the media centre, café and gardening facilities.

Activities include: Art, Sport, Cooking, Movies, Games, Excursions and more

Transition to Work: Transition to Work (TTW) is a two year program that helps young people with a disability gain employment after leaving school. Participation hours allow part-time work or study in addition to TTW.

Who is it for: Primarily for young people with a disability with moderate to high needs. To be able to access Transition to Work, you need to:

- > Live in NSW, Have a disability as defined by the Disability Services Act 1993
- > Have completed Year 12, Undertake an eligibility assessment

Key objectives:

- > Move to open or supported employment at the completion of their program
- > Perform satisfying and meaningful work, consistent with employment goals
- > Develop skills and qualifications necessary for the transition to sustainable employment
- > Successfully fulfil work and training commitments
- > Ensure full access to support and fair outcomes for people who are Aboriginal or from culturally and linguistically diverse backgrounds.

Hours: Monday to Thursday, 9am - 1.30pm at Green Central, Kariong. 18 hours per week. Includes daily bus pick up and drop off from Gosford.

Transition Support: The Transition Support Project was developed to help Year 9 and 10 students to plan their life after school (University, TAFE, a traineeship, an apprenticeship or a new job) and help them take the right steps to get there. Students may participate in work experience, complete a course or talk with students who have left school and find out what worked for them. Some of the questions they might ask themselves include:

What sort of job do I want? Will I need extra training? Should I do a course at TAFE or University? What are my friends doing? Who can I talk to if I need some help?

The Transition Support Project was developed to assist students to answer some of these questions. The Project helps students to plan their life after school and help them take the right steps to get there. It is a partnership between Ageing, Disability and Home Care (ADHC), NSW Department of Family and Community Services and the NSW Department of Education and Communities, the Association of Independent Schools and the Catholic Education Commission and youthconnections.com.au. [Youthconnections.com.au](http://youthconnections.com.au) Support Workers work with students, family and the student's school to;

- > Find out students strengths and interests,
- > Assist in finding work experience.

Advising students of career and trade expos and information sessions about work and vocational education, Help students to broaden social networks

Transcendence: Gaming at its Best Located at Green Central Kariong, this is a gaming hub for young people. It offers recreational Friday night gaming competition nights for youth aged 9-15 years old, both those with a disability and those without. This encourages safe, positive and engaging social networking for young people, in a fun and inclusive environment.

To make enquiries or register your interest, contact 43 46 11 11 or Ashley@youthconnections.com.au

Parkside

Parkside Buildjng, 123 Donnison St Gosford
PO Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060

Fax: (02) 4323 7453

Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment & Training Australia Inc (ET Australia). At present, Parkside houses 4 independent Youth Services. ARC, Options, ET Australia Secondary College, Regional Youth Support Services, Youth Arts Warehouse and Verto Apprenticeship Consultant. Post School Options, Programs designed for people with disabilities to maximise their opportunities to develop or maintain skills in areas such as numeracy, literacy and budgeting.



Life Without Barriers

Suite A 2 reliance Drive Tuggerah 2259

Phone: (02) 4343 8830

Fax: (02) 4355 4196

Email: centralcoast.disability@lwb.org.au

Web: www.lwb.org.au

Hours Open: Monday-Friday: 9:00am – 5:00pm

Service Description:

Flexible support options program offers a range of services including: Social Outings, Independent Living training, Sport and Recreation, Behaviour Intervention, Family support, Personal care and Equipment Hire. Support is for a limited time – usually 12 weeks.



Job Centre Australia

Disability Employment Service

Offices at Gosford, Woy Woy, Wyong and the Entrance

Phone: (02) 4322 5511 or 1800 466 046

Fax: (02) 4322 5550

Web: www.jobcentreaustralia.com.au

Hours Open: Monday-Friday: 8.30am – 5:00pm

Service Description:

Specialised career pathway assistance to Central Coast students with an eligible disability, injury or health condition.



Central Coast Disability Network

29 Webb St, East Gosford

Phone: (02) 4349 3700 (Main Office) or (02) 4324 2127 (Home Support)

Fax: (02) 4324 3187

Email: info@ccdn.com.au

Web: www.ccdn.com.au

Hours Open: Monday-Friday: 9:00am – 4:00pm

Service Description:

The Central Coast Disability Network (CCDN) is a registered charity and a not for profit organisation that has been providing support to people with a disability since 1979.

CCDN delivers several disability focussed programs and provides an information, referral and support role to people with disabilities, families, carers and service providers on the Central Coast of New South Wales. Membership of CCDN is open to all individuals, organisations and groups who support CCDN aims and objectives.

CCDN is committed to, and practices social justice principles of rights, equity, access and participation. These principles are informed by the United Nations Declaration of Human Rights and the United Nations Declaration on the Rights of Disabled Persons

CCDN's vision is for all people with disabilities to be fully included in the life of their communities

CCDN's philosophy is based on the belief that people with disabilities have the same rights and responsibilities as other members of society.



Camp Breakaway

80 Highview Ave, San Remo

Phone: (02) 4390 7624

Fax: (02) 4399 1979

Email: info@breakaway.org.au

Web: www.breakaway.org.au

Hours Open: Mon – Fri 8.30am- 5.00pm

Services Description:

- > Children and adults with physical disabilities
- > volunteers- we provide opportunities for volunteers to give back to the community in which they live, by participating at our camps.
- > our facilities can be hired during our non- camp periods



Getting It Together Program

Wesley Mission

38 Gilda Ave, Narara

Also Co-located at Headspace Gosford and Lakehaven

Phone: (02) 4328 1053

Mobile: 0427 403 601

Fax: (02) 4328 4798

Email: gits@wesleymission.org.au or susan.higgins@wesleymission.org.au

Web: www.wesleymission.org.au

Hours Open: Monday – Friday 9am – 5pm

Service Description:

Outreach service for young people 12-18 with drug and alcohol issues. Holistic program dealing with the underlying issues that are impacting a young person's life and their Drug & Alcohol use, through case management, referrals, and brokerage assistance.



Evolution Youth Service and Program

Evolution Youth Service

2 Ross Street, Woy Woy

PO Box 512, Woy Woy, NSW 2256

Phone: (02) 4342 7640

Email: eye@coastcommunityconnections.com.au

Web: www.coastcommunityconnections.com.au

Hours Open: Mon- Fri 9.00am-5.00pm

Service Description:

Provides free counselling, information, education and group programs for young people who may be concerned about their own (or their friend's) use of alcohol and other drugs.



Al-Anon/Alateen Family Groups



Room 6, St Peter's Church Hall, Dixon St, Hamilton

PO Box 217, Hamilton NSW 2303

Phone: (02) 4969 3889 Hotline: 1300 ALANON or 1300 252 666

Email: alanonnorthernns@bigpond.com

Web: <http://Al-Anon/Alateen Family Groups>

Service Description:

AL-ANON'S purpose is to help families and friends of alcoholics recover from the effects of living with the problem drinking of someone close.

Similarly, Alateen is our recovery program for young people. Alateen groups are sponsored by Al-Anon members. Alateen provides support for teenagers affected by the problem drinking of a parent or other family member.

Needle Clean Up Hotline

Phone: 1800 633 353 (Free call) Monday to Friday 8.00am - 6.30pm
(with an answering machine at other times).



Health
Central Coast
Local Health District

Service Description:

If you are a person that uses needles or syringes, or if you have found needles or syringes in a public place, call to have safely removed.

Community Sharps Exchange Program



Participating Central Coast Pharmacies

Phone: (02) 4325 8222 (Gosford Council) or (02) 4350 5555 (Wyangong Council)

Web: www.gosford.nsw.gov.au or www.wyangong.nsw.gov.au

Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: <http://www.cclhd.health.nsw.gov.au/>

Hours Open: Monday – Friday, 8:30am – 5:00pm, except public holidays

Service Description:

Locations and contact numbers

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > ChIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

Transition Support

Youth Connections

Gate 1 Kangoo Road, Kariong, NSW 2250

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: admin@youthconnections.com.au

Web: www.youthconnections.com.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

The Transition Support Project was developed to help Year 9 and 10 students to plan their life after school (University, TAFE, a traineeship, an apprenticeship or a new job) and help them take the right steps to get there. Students may participate in work experience, complete a course or talk with students who have left school and find out what worked for them. Some of the questions they might ask themselves include:

- > What sort of job do I want?
- > Will I need extra training?
- > Should I do a course at TAFE or University?
- > What are my friends doing?
- > Who can I talk to if I need some help?

The Transition Support Project was developed to assist students to answer some of these questions. The Project helps students to plan their life after school and help them take the right steps to get there. It is a partnership between Ageing, Disability and Home Care (ADHC), NSW Department of Family and Community Services and the NSW Department of Education and Communities, the Association of Independent Schools and the Catholic Education Commission and youthconnections.com.au. [Youthconnections.com.au](http://youthconnections.com.au) Support Workers work with students, family and the student's school to;

- > Find out students strengths and interests
- > Assist in finding work experience
- > Advising students of career and trade expos and information sessions about work and vocational education
- > Help students to broaden social networks



Career Skills Education

TAFE, Wyong Campus

Porter St, Wyong

PO Box 486, Wyong NSW 2259

Phone: (02) 4350 2225 or 131 225

Email: www.hunter.tafensw.edu.au

Web: www.hunter.tafensw.edu.au

Hours Open: Monday to Thursday 8:00am – 9:30pm and Friday 8:00am – 6:00pm

Service Description:

Provide literacy, numeracy and computer assistance to support the personal, social, academic and employment goals of individuals.

Career Skills Education offers full time and part time Certificate 1 courses and Statement of Attainment courses. In addition we may provide tutorial support to people who are enrolled in TAFE vocational courses.



Community Services Section

Ourimbah TAFE

Ourimbah Campus, Brush Rd, Ourimbah

PO Box 127, Ourimbah, NSW 2258

Phone: (02) 4348 4504 or 131 225

Fax: (02) 4348 4035

Email: www.tafensw.edu.au

Web: www.tafensw.edu.au

Hours Open: Monday to Friday 8:30am – 6:00pm

Service Description:

Provides professional training for those who want to work in community services sector – community services, youth, non clinical mental health. Also provides commercial learning for workers employed in community services sector.



ET Australia



123 Donnison St, Gosford
PO Box 1296 Gosford, NSW 2250

Phone: (02) 4323 1233 or 1300 852 800

Fax: (02) 4323 7453

Email: email@etaustralia.com

Web: www.etaustralia.com

Hours Open: Mon - Fri: 8:30am – 5:00pm

Service Description:

ET Australia delivers a range of employment training and recruitment services for young people. Located in the Parkside Multi Service Youth Facility in the Gosford CBD, this vocational training college offers entry level training in Aged Care; Home & Community Care; Children's Services; Community Services; Business Services & Administration; Frontline Management; Disability Work; Retail Operations; Conservation & Land Management; Information Technology & Computers; Hospitality; Training and Assessment; Links to Learning Program; School to Work Transition; National Green Jobs Corps Program.

Tuggerah Lakes Community College



**Tuggerah Lakes
Community College**

Suite 16/1 Reliance Drive, Tuggerah NSW 2259

PO Box 5013, Chittaway Bay NSW 2261

Phone: (02) 4353 0017 (Head Office) or (02) 4369 1187 (Kincumber Office)

Fax: (02) 4353 5960

Email: info@tlkcc.com.au

Web: www.tlkcc.com.au

Hours Open: Mon - Fri: 9:00am – 5:00pm

Service Description:

Tuggerah Lakes Community College specialises in accredited training in Children's Services; Conservation and Land Management (including indigenous land management); Business Services, IT and Administration; Training and Assessment; Sustainability training; Literacy and Numeracy programs; and tailored short professional development and lifestyle courses.

Parkside



Parkside Building, 123 Donnison St Gosford

Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060

Fax: (02) 4323 7453

Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services.

ARC, Post School Options, ET Australia, Regional Youth Support Services, Youth Arts Warehouse and the Verto Apprenticeship Consultant.

TAFE NSW

Wyong Campus

Porter St, Wyong

Po Box 486, Wyong NSW 2259

Phone: (02) 4350 2222 or 131225

Fax: (02) 4350 2247

Web: www.hunter.tafensw.edu.au

Hours Open: Various



TAFE NSW

Gosford Campus

Cnr Henry Parry Dr and Margin St, Gosford

Locked Bag 23, Gosford NSW 2250

Phone: (02) 4348 2222 or 131225

Fax: (02) 4348 2359

Web: www.hunter.tafensw.edu.au

Hours Open: Various



Wyong TAFE Counselling And Careers Service

TAFE Hunter Institute

Wyong TAFE Campus, Block D, Porter St, Wyong
PO Box 486, Wyong, NSW, 2059

Phone: (02) 4350 2222 or 1300 733 148

Fax: (02) 4350 2247

Email: hunter.counselling@tafe.nsw.edu.au

Web: www.hunter.tafensw.edu.au

Hours Open: Mon - Fri: 8.30am to 5.00pm during school terms

Service Description:

To help students and prospective students access and make the best use of TAFE Courses. Phone 1300 733 248 to make an appointment.



Gosford TAFE Counselling and Careers Service

TAFE Hunter Institute

Gosford TAFE Campus, Block F, Cnr Margin St and Henry Parry Drive, Gosford

Phone: (02) 4348 2222 or 1300 733 248

Fax: (02) 4348 2359

Email: hunter.counselling@tafe.nsw.edu.au

Web: www.hunter.tafensw.edu.au

Hours Open: Mon - Fri: 8.30am to 5.00pm during school terms

Service Description:

To help students and prospective students access and make the best use of TAFE Courses. Phone 1300 733 248 to make an appointment



Break Thru People Solutions

Transition To Work

Cnr Alison Road and Rankens court, Wyong, 2259 (Djarwin Building)

Phone: (02) 4350 5820 (Wyong) (02) 4302 1400 (Gosford)

Mobile: 0406 382 165

Web: www.breakthru.org.au

Hours Open: Mon - Fri: 8:00am – 4:00pm

Service Description:

Transition To Work program is funded through the NSW Department of Family and Community Services, Ageing, Disability and Home Care, the Break Thru Transition To Work program supports school leavers with a disability access suitable employment, education and vocational training. Break Thru staff are dedicated to providing each and every client with an individual person centred approach, focussing on their abilities, individual goals and dreams for the future. We are a NDIS service provider.



Parkside



Parkside Building, 123 Donnison St Gosford
Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060

Fax: (02) 4323 7453

Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services.

ARC, Post School Options, ET Australia, Regional Youth Support Services, Youth Arts Warehouse and the Verto Apprenticeships Consultant.

The Verto Apprenticeship Consultant provides Information to employers, apprentices and trainees and any other interested people. ET Australia is an Employment, Training and Recruitment Agency with a range of services for young people.

The Skills Generator



Youth Connections

10 Dignity Crescent, West Gosford NSW 2250

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: Marcus@theskillgenerator.com.au

Web: www.theskillgenerator.com.au

Opening Hours: 8am-4.30pm

Service Description:

The Skills Generator develops and provides partnered solutions to inspire and equip jobseekers for employment and further training. We broker partnerships that deliver services and training for job-seekers who want to hone their skills and knowledge for employment in the vocational sector.

We provide partnered training, employment opportunities, apprenticeships, traineeships, ASBA'S and Work For The Dole community projects for eligible job-seekers.

Our contemporary facilities, tools and workshops along with our experienced and industry-connected trainers give young people a real-world understanding of the workforce and provides them with the tools to navigate the process of sourcing, securing and maintaining employment.

Our areas of service delivery are:

- > Training Courses
- > Work For The Dole
- > Group Training - YC Industry Link Apprenticeships and Traineeships
- > The Skills Generator Trade Academy

Art on the Hill (Formerly known as North Wyong Shire Youth Arts Service)



Wyong Neighbourhood Centre

Old Primary School, Cnr Rankens Ct and Alison Rd, Wyong
PO Box 411 Wyong, NSW 2259

Phone: (02) 4353 1750

Mobile: 0488 129 222

Email: via website

Web: <http://www.wyongneighbourhoodcentre.org.au/projects/art-on-the-hill>,
www.artonthehill.org.au

Hours Open: Monday – Thursday 9:30am – 4:30pm

Service Description:

Art On The Hill implements, facilitates and advocates skills and professional based contemporary arts and culture projects, events, workshops and opportunities for young people (12-18yrs) living throughout Wyong Shire and the regions young emerging artists (18-25yrs), through employment, training and mentoring opportunities.

Job Services Australia



Job Find Centre Toukley (check times and number)

225B Main Rd, Toukley, NSW 2263

Phone: (02) 4301 8300

Fax: (02) 4396 8927

Email: jobfind_toukley@jobfindcentre.com.au

Web: www.jobfindcentre.com.au

Hours Open: Monday – Thursday 9:00am – 5:00pm

Service Description:

Jobfind delivers Job Services Australia programs to job seekers across Australia. Jobfind assists jobseekers with finding meaningful and sustainable employment and assists with identifying additional skills and training that they may require.

YC Industry Link

Youth Connections

10 Dignity Crescent, West Gosford NSW 2250

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: Marcus@theskillsgenerator.com.au

Website: www.theskillsdgenerator.com.au

Hours Open: 8:00am – 4:30pm

Service Description:

YC Industry Link is our Group Training Organisation employing and supporting apprentices and trainees. We then host them out to local employers through our extensive network of business connections and continue to support our apprentices and trainees through the period of their employment to ensure their successful completion and integration into the workforce. If you're a young person looking for an Apprenticeship, Traineeship or School-Based Traineeship, we can help you find one. If you're a business on the Central Coast, Sydney, Hunter region, NSW or in the ACT and are interested in employing one of our apprentices or trainees, you can complete the online form or arrange to meet with one of our friendly staff for more information. We also have our own Registered Training Organisation and can administer training across a range of vocational frameworks, as well as partnering with TAFEs and training organisations to offer innovative and relevant training courses for job-seekers.

Apprenticeships

Apprenticeships combine paid work with training, putting you on a career pathway in your chosen industry. The duration varies depending on the industry and generally involves 4 days per week with an employer and one day per week at TAFE or similar where you gain an industry recognised national qualification. YC Industry Link are here to match potential clients with host employers ready to take on their next Apprentice.

Traineeships

Traineeships combine paid work with training giving you experience and putting you on a career pathway. Trainee's generally work 2-5 days per week with an employer and spend one day per week at TAFE or similar where they gain an industry recognised national qualification within 1-2 years. YC Industry Link are here to match potential clients with host employers ready to take on their next trainee.

School-Based Apprenticeships and Traineeships

School Based Apprenticeships and Traineeships are more than just part-time jobs. Students have a head start in their chosen career and are still able to complete their HSC. School Based Apprenticeships and Traineeships combine paid work, training and school giving students the opportunity to gain an industry recognised national qualification, and experience in the industry leading to further employment and career pathways. YC Industry Link specialises in supporting the school, the student and the host employer.



Apprenticeship Support Australia (ASA)



Unit 13, 6 Reliance Dr, Tuggerah Business Park, NSW 2259

Phone: 1300 363 831

Fax: 1300 650 755

Email: info@apprenticeshipcentre.com.au

Web: www.ablac.com.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Australian Apprenticeships and Traineeship service provider. Apprenticeship Support Australia provides advice and assistance to employers of apprentices and trainees, by completing all the paperwork and processing Government incentives that may apply. ASA also assists those seeking an apprenticeship and traineeship. With over 12 years experience in providing this service, ASA is the most experienced provider of this service in NSW.

Job Services Australia



Job Find Centre Gosford

95 Erina Street, Gosford

PO Box 2235, Gosford, NSW 2250

Phone: (02) 4322 5511

Fax: (02) 4322 5550

Email: jcagosford@jcal.com.au

Web: www.jobcentre.com.au

Hours Open: Monday – Friday 8:30am – 5:00pm

Service Description:

Jobfind Centre's friendly, experienced consultants and mentors are focused on your individual needs including accessing an extensive range of online training programs which you can complete in our centres, at home or on the job. Jobfind can also assist you prepare a resume and cover letter and coach you through the recruitment process by improving her confidence and interview skills.

ET Australia

123 Donnison St, Gosford
PO Box 1296 Gosford, NSW 2250

Phone: (02) 4323 1233 or 1300 852 800

Fax: (02) 4323 7453

Email: email@etaustralia.com

Web: www.etaustralia.com

Hours Open: Mon - Fri: 8:30am – 5:00pm

Service Description:

ET Australia delivers a range of employment training and recruitment services for young people. Located in the Parkside Multi Service Youth Facility in the Gosford CBD, this vocational training college offers entry level training in Aged Care; Home & Community Care; Children's Services; Community Services; Business Services & Administration; Frontline Management; Disability Work; Retail Operations; Conservation & Land Management; Information Technology & Computers; Hospitality; Training and Assessment; Links to Learning Program; School to Work Transition; National Green Jobs Corps Program.



Jobfind Centre

Job Find Centre Ettalong

283 Ocean View Rd, Ettalong NSW 2257

Phone: (02) 4343 3100

Fax: (02) 4343 3199

Email: Jobfind_Ettalong@jobfindcentre.com.au

Web: www.jobcentre.com.au

Hours Open: Monday – Friday 8:30am – 5:00pm

Service Description:

Established in 1998, Jobfind Centres Australia is a leading Job Services Australia provider with an impressive track record of filling over 330,000 vacancies for employers around Australia. We have an extensive network of Centres that focus on the needs of local businesses while also tapping into the range of services we offer nationally.



Job Centre Australia

Offices at Gosford, Woy Woy and The Entrance

Phone: (02) 4322 5511 or 1800 466 046

Fax: (02) 4322 5550

Email: jcagosford@jcal.com.au

Web: www.jobcentreaustralia.com.au

Hours Open: Monday-Friday: 9.00am – 5:00pm

Service Description:

Specialised career pathway assistance to all Central Coast years 10, 11 and 12 students who have an identified disability. Our service will involve working with young people who have left or who want to leave school and commence employment or be placed into suitable employment training to allow the completion of studies to gain the HSC.



Feeniks Career and Training Services

Mobile: 0415 188 266

Email: n.szabo@comcen.com.au

Web: www.feeniks.com.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Feeniks is a licensed provider of the “Coaching Young People for Success Program”. This program includes - Life Coaching, Career Coaching and School Performance Coaching Sessions for individual young people or small groups. It includes proven strategies from coaching and positive psychology that assist young people find direction, overcome barriers and the emotional skills required to maximise their personal, school and career potential. Modules include “Steps for My Life Success”, “Steps for My School Success” & “My Life and Career Pathway Plan” or “School Performance Plan”. A complete range of Career Development services are also available. Feeniks is a Professional Member of the Career Development Association of Australia (CDAA).



MEGT Apprenticeship Network Provider

PO BOX 2004, North Parramatta, NSW 1752

Phone: 13 MEGT

Fax: (02) 8841 1988

Email: AACinfo@megt.com.au

Web: www.megt.com.au

Hours Open: Monday – Friday 8:40am – 5:00pm

Service Description:

Apprenticeships, Traineeships, Employment and Training.



Migas Central Coast (Hunter and Sydney regions)

Phone: 1300 464 427

Email: enquiries@migas.com.au

Web: www.migas.com.au

Service Description:

Apprenticeships and Traineeships with local host companies.



Central Coast Group Training

Unit 1/3 Bounty Close, Tuggerah Business Park
PO Box 3100, Tuggerah, NSW 2259

Phone: (02) 4353 2655

Fax: (02) 4353 4647

Email: info@ccgt.com.au

Web: www.ccggt.com.au or search for Central Coast Group Training on Facebook.

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

CCGT is the Central Coast's leading employer of apprentices and trainees and with almost 30 years of experience, have developed a large network of experienced employers waiting to host an apprentice or trainee today!

By subscribing to "Job Alerts" CCGT will email and/or SMS you details of EVERY vacancy we receive, together with details on how to apply, to make sure you never miss an employment opportunity! Additionally, all our vacancies are posted on Facebook and Twitter to keep you in the know.

We want to see you succeed and will make every effort to help you prepare your application, from writing a resume to presenting at an interview we are there to help.

CCGT takes care of the administration, training and legal requirements, and our Host Employers provide a work environment in which an Apprentice or Trainee can learn and become skilled in their chosen career.



Musicians Making a Difference

1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350 (contact via email preferred)

Fax: (02) 8208 9846

Email: info@mmad.org.au

Web: www.mmad.org.au

Hours Open: AM: Monday to Friday by appointment. PM: Gosford HQ programs – Monday Wednesday, Friday by referral (info@mmad.org.au). Outreach across Hunter, Wyong & Gosford. Dance Mentoring: Monday – Thursday (register at streetdreams.info). Music Mentoring: Tuesday & Thursday (via EOI).

Service Description:

Musicians Making A Difference (MMAD) is an Australian charity changing young lives through creative mentoring. MMAD uses innovative music, dance and camp programs to address the emotional, social & physical needs of disadvantaged young people aged between 8 and 24.



The Hub Erina Youth Entertainment Venue

Gosford City Council Youth Services

North South Head Rd, Erina Fair, Erina
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4304 7104

Fax: (02) 4365 6715

Email: jennifer.dias@gosford.nsw.gov.au

Web: www.thehuberina.com

Hours Open: Various. See the HUB Erina's music listing, events and programmes at www.thehuberina.com

Service Description:

The HUB Erina aims to provide a variety of structured programs, entertainment, activities, information and referral services for local youth. Our programmed activities promote positive development for young people within the safe and supportive environment of our venue. Host to live music events since 2005, helping launch the careers of Shortstack and Karise Eden. The HUB Erina is renowned as a venue for rock, alternative and indie music with its' Battle of the Bands and DISCOVERED events. The HUB Erina's policy of nurturing new music continues to this day, making it a great place to spot the stars of tomorrow.

The HUB Erina Youth Entertainment Venue is available for hire to groups and individuals for various activities, events and performances.



Laycock St Theatre & Peninsula Theatre

Gosford City Council

Laycock St, North Gosford and
Cnr McMasters Beach Rd and Ocean Beach Rd, Woy Woy
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4323 7299 (Administration) (between the hours of 10am and 5pm, Monday to Friday) or (02) 4323 3233 (Box Office) (between the hours of 10am and 5pm, Monday to Friday)

Email: laycock.theatre@gosford.nsw.gov.au

Web: www.laycockstreettheatre.com/whats_on.html

Hours Open: Office 10:00am to 5:00pm

Service Description:

Producers of Youth in Performing Arts, a performance opportunity for youth with outstanding talent. Presenters of theatre specifically for youth, as well as for the general public.



Youth Arts Warehouse

Regional Youth Support Service

Parkside Building, 123 Donnison St Gosford
PO Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374

Email: arts@ryss.com.au

Web: www.youthartswarehouse.com.au

Hours Open: Various

Service Description:

The Youth Arts Warehouse is a contemporary leading-edge facility providing young people (12-24) with professional art programming in areas such as theatre, music, visual arts, and photography, which creates artistic, cultural and professional development opportunities for young and emerging artist on the Central Coast.



Youth Connections Media

Gate 1, Kangoo Road, Kariong 2229

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: admin@youthconnections.com.au

Web: www.youthconnections.com.au

Hours open: 8.30am-4.30pm

Service Description:

For the majority of year 11 and 12 Central Coast students striving to become part of the entertainment industry, gaining work experience in a large production company without an industry contact is a struggle. YC Media at youthconnections.com.au's Green Central facilitates work placement, training students to produce a radio program and develop skills in film, graphics and photography. It boasts a new studio, edit suites and professional camera gear, all available to students to use with the supervision of industry professionals. YC Radio is broadcast Monday nights at 7pm on CoastFM963.

Bateau Bay Ten Pin Bowl (Interbowl)

470a The Entrance Rd, Bateau Bay

Phone: (02) 4332 9999

Web: www.bateaubaybowling.com.au

Gosford City Ten Pin Bowl (Interbowl)

Brooks Ave, Wyoming

Phone: (02) 4328 3133

Web: <http://www.gosfordbowling.com.au>

Greater Union Cinemas – Tuggerah

Westfield Shopping Centre, Cnr Wyong Rd and Gavenlock Roads, Tuggerah

Phone: (02) 4353 4181

Web: www.eventcinemas.com.au

SLAM Factory

93 Gavenlock Rd, Tuggerah, NSW 2259

Phone: (02) 4355 1557

Web: www.slamfactory.com.au

Email: slamfactory@slamfactory.com.au

Majestic Cinemas - The Entrance

54 The Entrance Rd, The Entrance, NSW 2261

Phone: (02) 4332 6566

Web: www.majesticcinemas.com.au

The Entrance Ocean Baths

Ocean Parade, The Entrance

Phone: (02) 4333 3711

Web: www.wyong.nsw.gov.au/discover-wyong-shire/swimming-pools-public



Wyong Olympic Pool

Ithome St, Wyong

Phone: (02) 4352 1043

Web: www.wyong.nsw.gov.au/discover-wyong-shire/swimming-pools-public

Toukley Indoor Pool

Heador St, Toukley

Phone: (02) 4396 5373

Web: www.wyong.nsw.gov.au/discover-wyong-shire/swimming-pools-public

Gosford Olympic Pool

42 Masons Parade, Gosford

Phone: (02) 4325 1869

Web: www.gosford.nsw.gov.au/arts-culture-and-recreation/leisure-venues/gosford-olympic-pool

Peninsula Leisure Centre

243 Blackwall Rd, Woy Woy

Phone: (02) 4325 8123

Web: www.gosford.nsw.gov.au/arts-culture-and-recreation/leisure-venues/peninsula-leisure-centre

Hoyts Erina

Erina Fair Shopping Centre, Terrigal Drive Erina

Phone: (02) 4346 1400

Web: www.hoyts.com.au/cinemas/locations/erina.aspx

Erina Ice Arena

Karalta Rd, Erina Fair Shopping Centre

Phone: (02) 4367 8244

Web: www.erinaicearena.com.au

Email: info@erinaicearena.com.au

Westfield Tuggerah

Cobbs Rd, Tuggerah

Phone: (02) 4305 5350

Web: www.westfield.com.au/tuggerah

Erina Fair Shopping Centre

Terrigal Dr, Erina, NSW 2250

Phone: (02) 4367 7655

Web: www.erinafair.com.au

Cinema Paradiso Ettalong

189 Ocean View Rd, Ettalong, NSW, 2257

Phone: (02) 4342 4666

Web: www.cinemaparadiso.com.au

Reconnecting Adolescent Parent Team (RAPT)



UnitingCare Burnside

Level 2, 15 Watt St, Gosford
PO Box 2061, Gosford, NSW, 2250

Phone: 1800 067 967 (Referral/Intake) or (02) 4325 9600 (Gosford Office)

Fax: (02) 4324 3588

Web: www.burnside.org.au

Hours Open: Monday to Friday 8:30am – 4:30pm
Referral Line available 10.00pm – 4.00pm Monday to Friday

Service Description:

RAPT works with Young People and their parents/and or other family members when there is conflict in the relationship and as a result of that conflict the Young person is at risk of becoming homeless or is already homeless. RAPT is a Voluntary program and works with young people aged 10 – 18 living on the Central Coast. RAPT provides an outreach service and offers practical and personal support to young people and their family members in strengthening relationships.

Adolescent And Family Counselling



Youth for Christ (YFC) Central Coast

Level 1 – 18 Washington Ave, Niagara Park
PO Box 9183, Wyoming NSW 2250

Phone: 1300 557 174 or (02) 4346 4064

Fax: (02) 4328 1867

Email: central_coast@yfc.org.au or counselling_cc@yfc.org.au

Web: www.yfc.org.au

Hours Open: Monday – Friday 9:00am – 5pm

Service Description:

To provide individual and family counselling to young people aged 12-18 and their families who are experiencing difficulties in their living situation where the young person is at risk of leaving home. The service aims to prevent family breakdown by assisting young people and their families to improve communication and relationships between family members.

Evolution Youth Service



Peninsula Community Centre Inc

2 Ross Street Woy Woy NSW 2256

PO Box 512, Woy Woy, NSW 2256

Phone: (02) 4342 3684

Fax: (02) 4342 3914

Email: eyes@coastcommunityconnections.com.au

Web: www.coastcommunityconnections.com.au

Hours Open: Monday – Friday 9.00am – 5.00pm

Service Description:

Evolution Youth Service is a free service delivering support and assistance to young people and their families. Our service is committed to assisting young people to:

- > remain engaged with education or employment
- > stay connected with their families
- > gain knowledge and skills to make positive life choices
- > support them to achieve their goals

EYS is a case management service for young people 12 – 17 and/or their families.

- > Youth Health Clinic available Friday 4.00pm – 8.00pm
- > Drug and Alcohol Counsellor – 12-18 yrs
- > Call (02) 4342 7640 to make an appointment.

We are committed to assisting parents and carers to:

- > know about community services and resources that meet their family's needs
- > have improved relationships with their child or children.

Evolution Youth Service supports an Alcohol and Other Drugs Program which provides free counselling and education for young people who may be concerned about their own (or their friend's) use of alcohol and other drugs. For more information on this project, please contact the AOD Worker on 4342 7640.

Early Family Options



Uniting Care Burnside

38 Pacific Highway, Wyong 2259

Phone: (02) 4350 9000

Mobile: 0455 090 041

Fax: (02) 4352 3222

Email: vrobson@unitingcarenswact.org.au

Web: www.unitingcarenswact.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Early Family Options has 2 young parent workers who work with parents up to 25 years in both Gosford and Wyong Shires and 2 family Workers who work with parents, grandparents and other carers of all ages in Wyong Shire. The service is for parents and carers who are pregnant or have children up to eight years of age. EFO can provide both short term casework or up to 1 year. EFO is voluntary and free. We take self-referrals and referrals from other services as well as Hospital midwives, child and family health, childcare centres and schools.

All referrals are to be directed to the Central Intake line which is 1800 067 967.

Keys - Homesless Young Parents Program



CatholicCare

3 Mary Mackillop Drive, Warnervale, NSW 2259

Phone: (02) 4356 2600

Mobile: 0448 888 972

Fax: (02) 4356 2601

Email: kim.mcintyre@dbb.org.au

Hours Open: Monday – Friday 8:30am – 4pm

Service Description:

This program is to assist Young parents 16 – 24 yrs that are homeless or at risk of homeless address their issues of homelessness and assisting them with long term sustainable housing.

GenQ

Regional Youth Support Services

Parkside Building, 123 Donnison St, Gosford
PO Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374

Fax: (02) 4323 3796

Email: administration@ryss.com.au

Web: www.ryss.com.au

Hours Open: Last Tuesday of every month 2.00-5.00pm.

Service Description:

GenQ is one of the longest running programs that Regional Youth Support Services inc has provided over its 23 years of working for the young people of the Central Coast. They provide a safe and supervised place where young people who may identify as Gay, Lesbian, Bi, Trans*, Queer or Questioning their sexuality can go to meet other same minded young people and get the information, support and resources they need to keep safe and have fun.



PFLAG

(Parents, Families & Friends of Lesbians & Gays)



PFLAG NSW Central Coast

Phone: 0431 863 799

Email: pflag.nsw.centralcoast@gmail.com

Facebook Page: www.facebook.com/PFLAGNSWCentralCoast

Website: www.pflagaustralia.org.au

Service Description:

Our group - Families and Friends of Lesbians & Gays & Gender Diverse, meets at Erina to support parents, educate and inform on matters relating to mental health & physical wellbeing, discrimination & bullying, sexuality & 'coming out' to family and friends. All meetings are confidential.

PFLAG Newcastle Group

Phone: (02) 4977 3271

Email: contact@newcoastmcc.org.au

Web: www.pflagaustralia.org.au

Service Description:

PFLAG stands for Parents and Friends of Lesbians And Gays. We are a non-profit voluntary organisation whose members have a common goal of keeping families together. PFLAG is here to give help, support and information to families, friends of all gay people. See website for staff contact details

Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: <http://www.cclhd.health.nsw.gov.au/>

Hours Open: Monday – Friday, 8:30am – 5:00pm, except public holidays

Service Description:

Locations and contact numbers

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged.

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > ChIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

Links Youth Service Support

San Remo Neighbourhood Centre

Brava Ave, San Remo (Opposite Northlakes High)

28 Brava Ave, San Remo, NSW 2262

Phone: (02) 4390 7888

Fax: (02) 4399 2398

Email: links@sanremo.org.au or jillian@sanremo.org.au or cathy@sanremo.org.au

Hours Open: 9.00am – 4.00pm. Youth Cabin – Monday, Tuesday, Wednesday, Thursday & Friday

Service Description:

Youth and Family Service

- > Provide Information, Support and Referral in the Youth Cabin.
- > Case Planning and Case management.
- > Life Skills and Skills Development Group Work.
- > Youth Health GP Clinic and headspace appointments available.
- > Community projects in the Northern Wyong shire.
- > Gen Q Wyong program social, support group for questioning and same sex attracted young people

LINKS Youth Support Service aims to provide a fun and safe non threatening environment for young people aged 12 - 18 years to make social connections, learn new skills and to be active participants in their community. LINKS Youth Support Service caters to the changing needs and demands of young people in the north of the Wyong Shire from Wadalba to Summerland Point within a strengths and assets based community development framework. LINKS Youth Support Service aims to provide best practice youth service provision to all young people inclusive of young people who are Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, and Disabled or otherwise marginalised.



Gay and Lesbian Youth & Family Support



Twenty 10

Level 1, 45 Chippen St, Chippendale

NSW PO Box 78 Strawberry Hills NSW 2013

Phone: Twenty 10 Intake Line - (02) 8594 9555 (Mon-Fri 10am-5pm)

Lesbian Line: (02) 8594 9595 (Mondays 5.30pm – 9.30pm).

QLife Australia Free call: 1800 184 527 (daily 5.30pm – 10.30pm).

Email: info@twenty10.org.au

Web: www.twenty10.org.au

Service Description:

Looking for somewhere to feel safe to be yourself? If you are under the age of 26 and identify as gay, lesbian bisexual, queer or transgender or are same-sex attracted, gender diverse or intersex, Twenty10 can help you access the support you may need.

Sexual Health Clinic

69 Holden St, Gosford, NSW 2250

Phone: (02) 4320 2114

Fax: (02) 4320 2020

Hours Open: Phone for Details

Service Description:

Testing and treatment for sexually transmitted infections. The Clinic will see anyone presenting with symptoms or who has been exposed to sexually transmitted infections.

Counselling is Available. Guys Clinic available on Thursdays

ycentral

The Gateway Building, Suite 1 &4, Level 2, 237 Mann St, Gosford 2250

Phone: (02) 4304 7878 (Children and Young People)
(02) 4304 7870 (Headspace)

Fax: (02) 4304 7800 or (02) 4304 7899

Web: www.ycentral.com.au

Hours Open: Monday – Friday 8:30am – 5pm

Service Description:

A co-located one stop shop for young people 12-24 years. It provides youth specific and youth friendly services for young people and their families to deal with different problems. Workers from Children and Young People's Mental health Services, Allied Health, Housing and Vocational and Education Services are available at different times to provide support for young people. Staff includes GP's, psychologist, social workers, nurses, education and employment specialist and youth friendly reception staff.



Sexual Health Clinic

69 Holden St, Gosford, NSW 2250

Phone: (02) 4320 2114

Fax: (02) 4320 2020

Hours Open: Phone for Details

Service Description:

Testing and treatment for sexually transmitted infections. The Clinic will see anyone presenting with symptoms or who has been exposed to sexually transmitted infections. Counselling is Available. Guys Clinic available on Thursdays.

Eleanor Duncan Aboriginal Health Centre

Yerin Aboriginal Health Services

37 Alison Rd Wyong

Phone: (02) 4351 4637

Web: www.yerin.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

All health services available



Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259

PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: www.cclhd.health.nsw.gov.au

Hours Open: Monday – Friday, 8:30am – 5:00pm, except public holidays

Service Description:

Location and contact numbers

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged.

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > ChIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259

PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

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The Aftercare Resource Centre

Relationships Australia

123 Donnison St, Gosford NSW 2250 (Parkside Building)

Phone: (02) 4322 3659 and 1800 656 884 (free call)

Fax: (02) 4322 3659

Email: arc@ransw.org.au

Web: www.nsw.relationships.com.au

Hours Open: Monday – Wednesday 9am – 5pm

Service Description:

The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required. We can also help you to access our ward file and provide support you while you read it.

Bara Barang Corporation



Green Central

Gate 1 Kangoo Road, Kariong NSW 2259

Phone: (02) 4346 1152

Mobile: 0439 105 375

Fax: (02) 4346 1192

Email: denise@barabarang.com.au

Web: www.barabarang.com.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

Bara Barang is an Aboriginal Central Coast Corporation providing innovative programs, events, training and services to engage Aboriginal people and youth. We aim to create a self-determined and empowered community to improve school retention, build leadership and promote vocational learning and employment opportunities.

Cultural activities including performance, art, craft, visitation to significant Aboriginal sites are complimented by case management. Koori Sports has its own football and netball team and encourages a balanced healthy and culturally appropriate lifestyle.

Aboriginal youth in need of additional support are linked with an Aboriginal mentor and are encouraged to participate in the variety of community activities that occur weekly throughout the region. Bara Barang has an Aboriginal Central Coast Youth Reference Group. Members of the group facilitate youth forums and are available as Master of Ceremonies.

Bara Barang promotes Aboriginal youth leadership through activities such as the 2011 Freedom Ride and links participants to disadvantaged Aboriginal communities throughout NSW. Participants work with these communities to bring about economic and social reform in the spirit of reconciliation.

Nunyara Aboriginal Health Unit Connect

NSCCAHS

2 Ward Street Gosford
PO Box 361, Gosford, NSW 2250

Phone: (02) 4320 2698

Fax: (02) 4320 2695

Email: cclhd-nunyara@health.nsw.gov.au

Web: www.cclhd.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

Provides a service for the Aboriginal Community and liaison between service providers and community members. Our major goal is to liaise, educate and inform and assist the Aboriginal Community in accessing Central Coast Health and the services available in the community. Our Hospital Liaison Officer's role is to act as an advocate and support person for Aboriginal patients within the health system. Our team represents NSCCAHS on state-wide committees, providing leadership and guidance, advocating for Aboriginal Health improvement, Aboriginal Health policy and its implementation. The Chronic Care Team work to improve the health outcomes of Aboriginal people with or at risk of cardiovascular disease through improved access to and co-ordination of services and improved quality of care.



S.A.A.P Youth Program

Bungaree Aboriginal Association

20/1 Reliance Drive Tuggerah, NSW 2259
PO Box 3070 Tuggerah, NSW 2259

Phone: (02) 4350 0100

Fax: (02) 4355 4256

Hours Open: Mon - Fri: 8:30am – 4:30pm

Service Description:

Provision of information and advice, advocacy, assistance with help line and referrals, counselling, mediation, legal advice, assistance to access services, mentoring and support.



Darkinjung Land Council



168 Pacific Highway, Watanobbi
PO Box 401 Wyong, NSW 2259

Phone: (02) 4351 2930

Fax: (02) 4351 2946

Email: darkinjung@dlalc.org.au

Web: www.darkinjung.com.au

Hours Open: Mon - Fri: 8:30am – 4:30pm

Service Description:

“Create, maintain and celebrate a culturally affirming, socially strong and healthy community, through maintaining and promoting cultural practices and protocols”

Eleanor Duncan Aboriginal Health Centre



Yerin Aboriginal Health Services

37 Alison Rd Wyong

Phone: (02) 4351 1040

Web: www.yerin.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

All health services available

Aboriginal Aftercare State-Wide Service



UnitingCare Burnside

Level 2 / 15 Watt Street Gosford 2250

PO Box 2061 Gosford 2250

Phone: 02 4325 9600

Fax: 02 4324 3588

Email: ssharp@unitingcarenswwact.org.au

Hours open: Mon-Fri- 9am to 5pm

Service description:

The new Aboriginal Aftercare State-Wide Service (AASS) provides support, information and resources to Aboriginal young people in NSW who have left or are about to leave out-of-home care (OOHC) who are aged 18-25 years to transition to independence.

Juvenile Justice Community Services

Human Services

Level 1, 15 Watt St, Gosford
PO Box 1927, Gosford, NSW 2250

Phone: (02) 4325 6850

Fax: (02) 4323 4441

Web: www.djj.nsw.gov.au

Hours Open: Mon - Fri: 9am – 5pm

Service Description:

Juvenile Justice Community Services provides supervision and support to young offenders who are made subject to Court Orders. This service also administers Youth Justice Conferences for young offenders referred by either police or the Children's Court. Referrals can only be made by Police or Court.

Children's Court Assistance Scheme

31 Alison Rd, Wyong
PO Box 246, Wyong, NSW 2259

Phone: (02) 4353 0111

Mobile: 0413 534 911

Fax: (02) 4353 4680

Email: centralcoast_ccas@clc.net.au

Web: www.centralcoastclc.org.au

Hours Open: Tues, Thurs and Fri: 9am – 2pm at Court and Tues 9am – 1pm in Office

Service Description:

To provide court support including information, practical and emotional support, advocacy and referrals to young people and their families appearing before the magistrate in the children's court. We operate from Woy Woy children's court Mondays and Fridays and Wyong Children's Court on Tuesdays.

Community Corrections

125 Donnison St Gosford
Po Box 1024 Gosford NSW 2250

Phone: (02) 4324 3744

Fax: (02) 4323 2913

Service Description:

Supervision of adult offenders and provision of a number of programmes (drug and alcohol and personal development) to offenders on probation, parole or community service orders.

Central Coast Community Legal Centre



31 Alison Rd, Wyong
PO Box 246 Wyong NSW 2259

Phone: (02) 4353 4988

Fax: (02) 4353 4680 (call)

Email: centralcoast@clc.net.au **Web:** www.centralcoastclc.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Central Coast Community Legal Centre is a non-profit community based legal service providing free assistance to individuals and non-profit groups who live or work on the Central Coast.

As well, we provide Community Legal Education, Law Reform and Systemic Advocacy, Homeless Outreach Legal Services, Children's Court Assistance Scheme, Co-operative Legal Service Delivery Program and Justice of the Peace services.

NSW Fair Trading



Level 2, Gateway Centre, 237 Mann St, Gosford
PO Box 1019, Gosford, NSW 2250

Phone: (02) 4320 0600 or General Enquiries 133 220

Fax: (02) 4320 0602

Web: www.fairtrading.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm phone only no counter service

Service Description:

As the consumer protection agency in NSW, NSW Fair Trading works to assist customers in resolving a wide range of issues. Consumer advice, complaint and dispute resolution, Tenancy Information, Residential Building, Rental Bonds, Shopping (Refunds and Repairs), Product safety, Strata/Residential Parks/Retirement Villages, Business Licence Information Service.

Woy Woy Children's Court

Woy Woy Courthouse 78-80 Blackwall Rd, Woy Woy, NSW 2256

Phone: (02) 4344 0111

Fax: (02) 4344 4831

Hours Open: Monday to Friday 9am-1pm and 2pm-4pm

Service Description:

Chamber Registrar part service available by appointment 2-3 days per week. Call office to arrange appointment. Each Monday from Central Coast Youth Court Support based at Central Coast Legal Centre Wyong on 43530111 co-ordinator David McDonald.

Wyong Children's Court

Wyong Court House Cnr Hely St and Anzac Ave, Wyong

Phone: 1300 679 272

Fax: (02) 4350 3050

Hours Open: Monday to Friday 9am-4pm

Service Description:

Chamber Registrar service available by appointment 4-5 days per week. Call office to arrange appointment. Each Tuesday from Central Coast Youth Court Support based at Central Coast Legal Centre Wyong. Salvation Army provides refreshments on Local and Children's Court sitting days. Salvation Army Chaplaincy service available at Wyong Court.

Frank Baxter Juvenile Justice Centre

Juvenile Justice

Pacific Hwy, Kariong (Off The Avenue)

Phone: (02) 4340 3800 or (02) 4340 3888 (visitation bookings)

Fax: (02) 4340 3862

Hours Open: Visiting times - Wed: 2:30pm to 5pm; Sat and Sun: 9am - 11am, 2.30pm - 5pm

Service Description:

Frank Baxter Juvenile Justice Centre is the largest juvenile justice centre in the state with a capacity for 120 young people and is located at Kariong near Gosford. The centre was opened in October 1999 and accommodates males aged 16 to 21 years, mostly on control orders. The centre offers a range of health, educational and spiritual services to the young people, including individual case management, specialised counselling, and training in job and living skills.

Legal Aid – Gosford

92-100 Donnison Street Gosford, NSW, 2250

Phone: (02) 4324 5611 or 1300 888 529

Fax: (02) 4324 3503

Web: www.legalaid.nsw.gov.au

Service Description:

We assist socially and economically disadvantaged people to understand and protect their rights. One of the functions of the legal system is to safeguard people's rights. The legal system can only perform this protective role if people have equitable access to it.

Bateau Bay Library

Wyong Shire Council

Bay Square Shopping Centre, 10 Bay Village Rd , Bateau Bay

Phone: (02) 4350 1580

Info: Monday - Friday, 9am - 5.30pm , Saturday, 9am - 3pm

Web: www.wyong.nsw.gov.au



Book Express

Gosford City Council Library Services

Woy Woy and Gosford Train Stations

Info: 5.30am – 8.00am



Book Mobile

Gosford City Council Library Services

Nursing Homes and selected community spaces

Info: See website for timetable information

Web: www.gosford.nsw.gov.au



Erina Library

Gosford City Council Library Services

The Hive, Erina Fair

Phone: (02) 4304 7650

Info: Monday to Wednesday - 9.30am - 5pm, Thursday - 9.30am - 7pm, Friday - 9.30am - 5pm

Saturday - 9.30am - 4pm, Sunday - 12pm - 3pm.

Closed Public Holidays.

Web: www.gosford.nsw.gov.au



Gosford Library

Gosford City Council Library Services

118 Donnison St, Gosford, NSW

Phone: (02) 4304 7500

Email: goscitylib@gosford.nsw.gov.au

Info: Monday to Friday: 9.30am - 5pm, Saturday: 9.30am - 12.30pm.

Closed Sundays & Public Holidays.

Web: www.gosford.nsw.gov.au



Kariong Library

Gosford City Council Library Services

Cnr Currunga Road & Arunta Ave, Kariong

Phone: (02) 4325 8155

Email: goscitylib@gosford.nsw.gov.au

Info: Tuesday to Friday: 9.30am - 5.00pm, Saturday: 9.30am - 2.30pm.

Closed Monday, Sunday and Public Holidays.

NB: This branch closes for lunch each weekday between 1pm & 2pm and Saturday between 12.00 & 12.30pm.

Web: www.gosford.nsw.gov.au



Kincumber Library

Gosford City Council Library Services

3 Bungoona Road, Kincumber

Phone: (02) 4304 7641

Email: goscitylib@gosford.nsw.gov.au

Info: Monday to Friday: 9.30am - 5.00pm.

Closed Saturday, Sunday and Public Holidays.

Web: www.gosford.nsw.gov.au



Lake Haven Library

Wyong Shire Council

Lake Haven Shopping Centre, Goobarabah Ave, Lake Haven

Phone: (02) 4350 1570 information services, children and youth 4350 1577

Info: Monday - Friday, 9am - 5.30pm, Saturday, 9am - 3pm, Sunday, 10am - 2pm

Web: www.wyong.nsw.gov.au



The Entrance Library

Wyong Shire Council

211a The Entrance Road, The Entrance

Phone: (02) 4350 1550

Info: Library and Council services: Monday - Friday, 9.30am - 4.30pm

Library services: Saturday, 9am - 12 noon

Web: www.wyong.nsw.gov.au/libraries/libraries_home.html



Toukley Library

Wyong Shire Council

Cnr Main Rd and Victoria Ave, Toukley

Phone: (02) 4350 1540 (information services) 4350 1566 (children and youth) 43501564

Info: Monday - Friday, 9am - 4.30pm, Saturday 9am - 12noon

Web: www.wyong.nsw.gov.au/libraries/libraries_home.html



Tuggerah Library

Wyong Shire Council

Westfield Shopping Centre, 50 Wyong Road, Tuggerah

Phone: (02) 4350 1560

Info: Monday - Friday, 9am - 5.30pm, Saturday, 9am - 3pm

Web: www.wyong.nsw.gov.au/libraries/libraries_home.html



Umina Beach Library

Gosford City Council Library Services

Cnr West St & Bullion St, Umina, NSW

Phone: (02) 4304 7333

Info: Monday to Friday: 9.30am - 5pm.

Closed Saturday, Sunday & Public Holidays.

Web: www.gosford.nsw.gov.au



Woy Woy Library

Gosford City Council Library Services

Cnr Blackwall Road & Oval Ave, Woy Woy

Phone: (02) 4304 7555

Info: Monday to Friday: 9.30am - 5pm, Saturday: 9.30am - 12.30pm, Sunday: 12pm - 3pm.

Closed Public Holidays.

Web: www.gosford.nsw.gov.au



Wyoming Library

Gosford City Council Library Services

147 Maiden Brush Road, Wyoming, NSW (Wyoming Community Centre)

Phone: (02) 4304 7525

Email: goscitylib@gosford.nsw.gov.au

Info: Monday, Tuesday, Thursday & Friday: 9.30am - 5pm

NB: This branch closes for lunch each day between 1pm and 2pm.

Web: www.gosford.nsw.gov.au



Headspace Central Coast- Gosford

The Gateway Building, Suite 1, Level 2/237 Mann St, Gosford 2250

Phone: (02) 4304 7870

Fax: (02) 4304 7899

Web: www.headspace.org.au/gosford

Hours Open: Monday - Friday 8.30am – 5.00pm

Service Description:

Headspace Gosford is located at ycentral and has a range of easily accessible, free and confidential services specially designed for young people aged 12-25 years who are:

- > Feeling down, stressed or worried
- > Concerned about drug or alcohol use
- > Being bullied, hurt or harassed
- > Dealing with family or relationship problems
- > Experiencing difficulties at school, work or home, or
- > Worried about a friend or family member

Headspace Gosford offers the following youth friendly services:

- > GPs that provide primary and mental health support
- > A specialised Youth Access team that assessment, information and referral
- > A professional team of Clinical Psychologists/psychologists/mental health Social Workers/ AOD counsellors.

Please phone us to make an appointment. We also have a small number of “book on the day” appointments available, however please note, headspace is not a crisis service.



Headspace Central Coast- Lake Haven

Gravity Youth Centre



70 Chelmsford Rd East, Lake Haven NSW 2263

Phone: (02) 4394 9100

Fax: (02) 4394 9111

Website: www.headspace.org.au/lakehaven

Opening Hours: Monday - Thursday 8.30am - 5.00pm

Service Description:

Headspace Lake Haven is located within the Gravity Youth Centre within the Lake Haven Shopping Centre precinct, and has as a range of easily accessible, free and confidential services specifically designed for young people aged 12-25 years who are:

- > Feeling down, stressed or worried
- > Concerned about drug or alcohol use
- > Being bullied, hurt or harassed
- > Dealing with family or relationship problems
- > Experiencing difficulties at school, work or home, or
- > Worried about a friend or family member

Headspace Lake Haven offers the following youth friendly services:

- > A specialised Youth Access Team that provide assessment, information and referral
- > A professional team of Clinical Psychologists/Psychologists/Mental Health Social Workers/AOD Counsellors
- > Wrap around support services including: Centrelink outreach service; Wesley GITS, ORS, LINKS, and the Cannabis Clinic

Please phone us to make an appointment. We also have a small number of "book on the day" appointments available, however please note, headspace is not a crisis service.

ycentral

The Gateway Building, Suite 1, Level 2/237 Mann St, Gosford 2250

Phone: (02) 4304 7870

Fax: (02) 4304 7800

Web: www.ycentral.com.au

Hours Open: Monday – Friday 8:30am – 5pm

Service Description:

Ycentral is a co-located one stop shop for young people 12-24 years. It provides youth specific and youth friendly services for young people and their families to deal with different problems. Workers from Children and Young People's Mental health Services, headspace, allied health professionals, housing and vocational and education services are available at different times to provide support for young people. Staff includes GP's, psychologists, social workers, nurses, education and employment specialist and youth friendly reception staff.



Children and Young People's Mental Health Service



The Gateway Building, Suite 1, Level 2 237 Mann St, Gosford 2250

Phone: 1800 011 511 (Central Intake – 24hr Service) or (02) 4304 7870 (General Enquiries)

Fax: (02) 4304 7899

Web: www.ycentral.com.au

Hours Open: Monday – Friday 8:30am – 5pm

Service Description:

Central Intake is the first point of contact for anyone wishing to obtain CYPMH Services on the Central Coast. This service is available 24hrs a day, 7 days a week on 1800 011 511.

Children & Young Peoples Mental Health Service (CYPMH) is a mobile, outreach and assertive clinical mental health services for young people 12-24 years with moderate to severe mental health problems. Service includes a mental health assessment from ypage and referral to: Youth mental health team, Young People, and early Psychosis Intervention (YPPI), Youth mental health group programs including Recovery groups and Primary Health Clinics and GP liaison for current clients. Comprehensive prevention, promotion and early intervention programs are also available at CYPMH @ycentral:

- > mental health and parenting
- > pregnancy and infant mental health support
- > children of parents with a mental illness (COPMI)
- > school link
- > mental health research and evaluation
- > youth mental health projects
- > primary health clinics
- > vocational, educational, training and employment (VETE)

How do you contact us? Referrals for CYPMH can be made by phoning:
Mental Health Central Intake 1800 011 511 (24hr phone service)

Young Arafami

Arafami – Kincumber

6/20-22 Kincumber St, Kincumber PO Box 6159, Kincumber, NSW, 2251

Phone: (02) 4369 4233

Fax: (02) 4363 1069

Email: familysupport@ccarafmi.org.au

Web: www.ccarafmi.org.au

Hours Open: Monday – Thursday 9:00am – 4:30pm and Friday 9:00am – 1.00pm



Arafami – Bateau Bay

6 Community Rd, Bateau Bay
PO Box 4325, Bateau Bay, NSW 2261

Phone: (02) 4334 3666

Service Description:

Children can be carers for their parents/siblings or extended family members who reside with the child. Our Child and Adolescent Support Worker will provide a quality service to children where mental illness has disrupted the family, through services including:

Assessment of child and family needs, Child and adolescent counselling around mental health issues, Individual and family consultations, Liaison with and referral to other services, Education and training regarding mental illness and its effects, including medication, Group work including 'Kids Club' and 'Kids Connecting' – support for children whose parents have a mental illness, Telephone support.



Connecting

Family Mental Health Support Service

33A Alison Road Wyong
PO Box 585 Wyong 2259

Phone: 1300 654 269

Fax: 4350 8910

E mail: connectwyong@interrelate.org.au

Web: www.interrelate.org.au/connect

Hours open: Monday - Friday

Service Description:

Connect is a Family Mental Health Support Service that works with families in the Wyong LGA with a child or young person 0-18 years of age.

Connect is a free service which provides assistance for families and children/young people where a child or young person's mental health and well-being are at risk.

Connect offers home visiting, school visits, assistance to access services within the community, short term and long term support.



Commonwealth Respite & Carelink Centre



Commonwealth Respite and Carelink Centres

Shop 2 Ground Floor, Citigate Centre.
451 Pacific Highway, North Gosford NSW 2250

Phone: 1800 052 222

Fax: (02) 4304 0726

Hours Open: 1800 052 222 - 24 hour Emergency hotline

Shop front open – 8.00am – 4.30pm.

Service Description:

The CRCC provides information, support and advice to carers and assists with organising emergency or short-term planned respite in a variety of settings that suit the carer and the care recipient. Staff at the CRCC explore options with carers to assist them to take a break from their caring role by providing information regarding respite options, financial assistance for respite, a brokerage booking service for respite in nursing homes and hostels and opportunities for carers to get together and network. The CRCC also provides an after hour's emergency respite care service. The CRCC also has specific projects focussing on Young Carers, Respite for Carers of people with Mental Health issues including Intellectual, Asperger's, Autism and Carers of children with severe and profound disabilities. As of July 2014, the CRCC no longer provides Carelink Information and people are asked to please contact the Myagedcare number on 1800 200 422 or the myagedcare website www.myagedcare.gov.au).

Northern Settlement Services Ltd

Central Coast

1 Bay Village Rd, Bateau Bay 2261 (Tuggerah Lakes Centre)
PO Box 4167, Bay Village, NSW, 2261

Phone: (02) 4334 3877 or free call 1800 813 205

Fax: (02) 4334 3044

Email: ccmanager@nssservices.com.au

Web: www.nssservices.com.au

Hours Open: Mon-Fri 9:00am to 4:00pm

Fees: Small fee for transport and some social activities

Referral details: Self, friend, carer, family, GP etc

Service Description:

The Multicultural Community Development Project aims to build stronger communities by developing stronger links and assisting members of CALD communities to participate in community life and activities (funded by NSW Dept. of Community Services).

Family & Community Settlement Services support migrants & refugees, who are permanent residents, within 5 years of settlement in Australia (funded by Dept. Social Services).

The Multicultural Social Support Service coordinates weekly respite activities and home visits, taking people shopping and to appointments for frail aged people, younger people with a disability, and carers who have a non-English speaking background (funded by Dept. Social Services).

The Community Visitors Scheme provides volunteer visits to frail older people from non-English speaking backgrounds living in residential aged care facilities and those living at home who are recipients of Home Care Packages (funded by Dept. Social Services).

Immigration Advice is available by NSS Immigration Agent – generally last Thursday of month. Please make an appointment.

Languages available include Spanish, Farsi, Thai & Japanese (include only languages, other than English, spoken by professional full time staff)

Our facilities cater for people with a disability and are available of public use.

We offer consultancy and cross cultural training to other agencies to assist them in their service delivery to migrants. Other support is available through Head Office in Hamilton (Newcastle) by free call 1800 813 205.



Supported Playgroups at Gosford

Families NSW

1/21 Jusfrute Drive West Gosford, NSW, 2250

Phone: (02) 4340 1111

Fax: (02) 4340 0888

Email: reception@ccfdc.com.au

Web: www.ccfdc.com.au

Supported Playgroup provides a welcoming, relaxed and friendly environment for families. Run by trained Playgroup Facilitators whose role it is to provide fun activities for children and their families including CALD and Indigenous. Provide information, support, resources and children's borrowing library.

Multicultural Group Program

Warnervale Family & Community Centre at Hamlyn Terrace

Phone: (02) 4392 8734

Service Description:

Provides migrant support, assistance, referrals and information.

Central Coast Neighbourhood Centre at Kariong

10 Langford Drive Kariong, 2250

Phone: (02) 4340 1724

Web: www.ccncforum.org.au

Service Description:

Assess the needs of local residents including Indigenous, Torres Strait Islanders and people from CALD backgrounds. Implement programs/activities to assist in addressing identified needs and provide support, referrals and advocacy service.

Berkeley Vale Neighbourhood Centre at Glenning Valley



Phone: (02) 4388 5801

Web: www.bvnc.org.au

Service Description:

Provides information, referrals, advocacy, support groups to most target groups including Aboriginal and Torres Strait Islander.

Central Coast Youth Interagency

C/O Gosford City Council Youth Services

PO Box 21, Gosford NSW 2250

Phone: (02) 4304 7039

Email: CCYI@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au/community/services/youth-services

Hours Open: Meets first Tuesday each month, various times and alternative locations.

Service Description:

Information sharing network with youth services on the Central Coast. Advocacy on issues affecting young people. Meets monthly and produces a weekly e-newsletter.



Youth Action Policy Association (YAPA)

Suite 403, 64-76 Kippax St Surry Hills, NSW 2010 Australia

Phone: (02) 8218 9800

Fax: (02) 8569 2071

Email: info@youthaction.org.au

Web: <http://youthaction.org.au/>

Hours Open: Business Hours

Service Description:

YAPA is the peak organisation representing young people and youth services in NSW and works towards a society where all young people are supported, engaged and valued. The role of YAPA is to:

- > Monitor and respond to government policies and proposals affecting young people
- > Promote and advocate on issues affecting young people and youth services
- > Bring young people and youth workers together to act on issues affecting them
- > Work to raise a positive profile of young people in the media and in the community
- > Provide training, forums and conferences to young people and youth workers
- > Provide information and referral
- > Produce a range of resources, publications and newsletters.



Central Coast Men's Interagency

Email: via website

Web: www.thecccc.org.au/projects/33-projects/4541-men-s-interagency-central-coast

Service Description:

The Men's Interagency focuses on developing strength and capacity in the regions in which it operates. Community strengthening is about building the capacity of and opportunities for men of all ages to actively engage in a wide variety of social, economic, cultural, recreational, learning and civic activities.



Gosford City Youth Council

PO Box 21, Gosford NSW 2250

Phone: (02) 4304 7104

Email: youth.council@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au/community/services/youth-services/gosford-city-youth-council

Hours Open: Meets monthly between 4.00 and 5.00pm

Service Description:

Gosford City Youth Council is devoted to helping to better the future for young people on the Central Coast. The Council is run by an enthusiastic group of young people aged between 12 and 25 years who live, work or study in the Gosford City area.

Youth Council offers an opportunity for people to get involved with their local community and to engage in positions of leadership, and to work closely with Gosford City Council.



Regional Youth Development Officers Network

(RYDON)

Phone: Various (See Website)

Web: www.rydon.org.au

Hours Open: Meets monthly

Service Description:

RYDON Inc is a network of Youth Development Officers from the Cessnock, Dungog, Gloucester, Gosford, Great Lakes, Taree, Lake Macquarie, Maitland, Newcastle, Port Stephens, Upper Hunter and Wyong Local Government Areas.

RYDON's primary purpose is to focus on community development activities that will assist young people to access community resources and opportunities.

This is done through:

- > Promoting coordination, cooperation and networking between providers of services to young people;
- > Lobbying government and other relevant bodies on behalf of young people and providers of services to young people;
- > Supporting, organising and providing training for those working with young people;
- > Representing the interest of young people and those working with young people



Youth Services

Gosford City Council

49 Mann St, Gosford
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4304 7104

Fax: (02) 4365 6715

Email: youthservices@gosford.nsw.gov.au

Web: <http://www.gosford.nsw.gov.au/community/services/youth-services>

Hours Open: Mon – Fri 9am – 4:30pm

Service Description:

Gosford City Council Youth Services operates to promote and advocate on behalf of young people and to assist youth sector members on the Central Coast. Youth Week, Central Coast Youth Interagency and other LGA wide initiatives are operated by GCC Youth Services.



Gosford City Council

49 Mann St, Gosford
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4325 8222

Fax: (02) 4325 2477

Email: goscity@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au

Hours Open: Mon – Fri 8:30am – 5:00pm

Service Description:

The Council is responsible for the protection and improvement of the quality and standard of living in Gosford City. Council's Charter, under the NSW Local Government Act, is to properly manage, develop, protect, restore and conserve the environment of Gosford City in a manner that is consistent with and promotes the principles of ecologically sustainable development.

Council endeavours to satisfy the needs of both residents and visitors and anticipate their further requirements through the planning and implementation of physical and community development programs. These programs offer a wide range of physical, social, environmental and cultural services and facilities.



Central Coast Community Council

1 Bay Village Rd, Bateau Bay, NSW 2261

Phone: (02) 4333 4401

Email: rdo@theccccc.or.au

Web: www.theccccc.org.au

Hours Open: Monday – Thursday 9:00am – 4:00pm

Service Description:

The CCCC provides advocacy and support to all community organisations on the Central Coast as the regional peak body. We work in partnership with local community organisations, NCOSS and ACOSs to ensure any gaps in community services are advocated at regional, state and national levels.



Wyong Shire Council

Youth Officer

2 Hely St, Wyong

PO Box 20, Wyong, NSW, 2259

Phone: (02) 4350 5555 xtn 5522

Fax: (02) 4351 2098

Email: wsc@wyong.nsw.gov.au

Web: www.wyong.nsw.gov.au

Hours Open: Mon – Fri 9:00am – 5:00pm

Service Description:

To implement the Wyong Shire Council's Youth Engagement Strategy, support youth services and empower the Shire's young people to make Wyong Shire a great place to live, study, work and play.



Member for Gosford, Kathy Smith (Australian Labor Party)

State Government

20 Blackwall Rd, Woy Woy

PO Box 223 Woy Woy, NSW 2256

Phone: (02) 4342 4122

Fax: (02) 4341 2368

Email: Kathy.smith@nswlabor.org.au

Web: www.nswlabor.org.au



Member for Wyong, David Harris
(Labor Party)

State Government

Shop 4 142 Pacific Highway Wyong, NSW 2259

Phone: (02) 4352 2711

Fax: (02) 4352 2766

Email: wyong@parliament.nsw.gov.au



Member for Terrigal, Adam Crouch
(Liberal Party)

STATE GOVERNMENT

Shop 3 Fountain Plaza, 148-158 The Entrance Rd, Erina

Phone: (02) 4365 1906

Fax: (02) 4365 4768

Email: terrigal@parliament.nsw.gov.au



Parliamentary Secretary Hunter and Central Coast
Scot Mac Donald (MLC)

STATE GOVERNMENT

Parliament House Macquarie Street, Sydney, NSW, 2000

Phone: (02) 9230 2393

Fax: (02) 9230 2366

Email: scot.macdonald@parliament.nsw.gov.au



Member for The Entrance, David Mehan MP
(Labor Party)

STATE GOVERNMENT

24 The Entrance Rd, The Entrance

PO Box 401, The Entrance NSW 2261

Phone: (02) 4334 1012

Fax: (02) 4334 3840

Email: TheEntrance@parliament.nsw.gov.au



Member for Robertson, Mrs Lucy Wicks (Liberal Party)



FEDERAL GOVERNMENT

Level 3 69 Central coast High Way, West Gosford, NSW 2250

PO Box 577 Gosford, NSW 2250

Phone: (02) 4322 2400

Fax: (02) 4322 2499

Email: lucy.wicks.mp@aph.gov.au

Member for Shortland, Jill Hall (Australian Labor Party)



FEDERAL GOVERNMENT

26 Macquarie St, Belmont

PO Box 499 Belmont, NSW 2280

Phone: (02) 4947 9711

Email: jill.hall.mp@aph.gov.au

Member for Dobell, Karen McNamara (Liberal Party)



FEDERAL GOVERNMENT

Shop E1, Westfield Tuggerah

PO Box 3763 Tuggerah, NSW 2259

Phone: (02) 4351 0837

Fax: (02) 4351 1487

Email: karen.mcnamara.mp@aph.gov.au

Contact: www.karenmcnamara.com.au

Gosford Police Station

Brisbane Water LAC

Level 1, 9-11 Mann Street, Gosford

Phone: (02) 4323 5599

Fax: (02) 4323 5409

Info: Open 24 hours



NSW Police Force

Terrigal Police Station

Brisbane Water LAC

13 Church Street, Terrigal, NSW 2250

Phone: (02) 4384 4822

Fax: (02) 4385 2040

Info: Not open 24 hours



NSW Police Force

Woy Woy Police Station

Brisbane Water LAC

49 Blackwall Road, Woy Woy, NSW 2256

Phone: (02) 4379 7399

Fax: (02) 4379 7311

Info: Open 24 hours



NSW Police Force

The Entrance Police Station

Tuggerah Lakes LAC

14 Denning Street, The Entrance, NSW 2261

Phone: (02) 4333 2999

Fax: (02) 4333 2911

Info: Open 24 hours



NSW Police Force

Toukley Police Station

Tuggerah Lakes LAC

271-273 Main Road, Toukley, NSW 2263

Phone: (02) 4390 1299

Fax: (02) 4390 1211

Info: Open 24 hours



NSW Police Force

Wyong Police Station

Tuggerah Lakes LAC

22 Hely Street, WYONG, NSW 2259

Phone: (02) 4356 6099

Fax: (02) 4356 6011

Info: Open 24 hours



Youth Liaison Officers

Brisbane Water LAC

Gosford Police Station

Senior Constable Jaime Tommerup

Phone: (02) 4323 5514

Fax: (02)4323 5542

Responsible for Delivering Crime Prevention Workshops to Primary School classes and for the Implementation of the Young Offenders act within the command e.g. cautions, youth justice conferences. Am also available for advise on youth issues and incidents that occur in primary schools.



Youth Liaison Officer

Tuggerah Lakes LAC

The Entrance Police Station

Senior Constable Corinne Andrews and Graham Tinworth

Phone: (02) 4356 6233

Fax: (02)4356 6211

Responsible for Delivering Crime Prevention Workshops to Primary School classes and for the Implementation of the Young Offenders Act 1997, within the command e.g. cautions, youth justice conferences. Also available for advise on youth issues and incidents that occur in primary schools.



School Liaison Officer

Brisbane Water LAC

Gosford Police Station

Senior Constable Rebecca Armitage & Constable Denise Lynch

Phone: (02) 4323 5530

Fax: (02) 4323 5542

Responsible for Delivering Crime Prevention Workshops to Secondary School classes and for advice on youth issues and incidents that occur in high schools.



School Liaison Officer

Tuggerah Lakes LAC

The Entrance Police Station

Senior Constable Kim Smith

Phone: (02) 4356 6233

Fax: (02) 4356 6211

Responsible for Delivering Crime Prevention Workshops to Secondary Schools and for advice on youth issues and incidents that occur in high schools.



Transition Support 7 – 12

Department of Education and Training

Glenvale SSP, Narara Ck Rd, Narara

Phone: (02) 4325 7783, 4325 2325

Fax: (02) 4323 6326

Email: glenvale-s.school@det.nsw.edu.au

Hours Open: School Hours (8.30- 3.15pm)

Service Description:

Transition Support for students with a disability at DET High Schools. Support for students in Support Classes, SSP's and Mainstream settings. Curriculum support, Vocational advice, Links to outside agencies; i.e. TAFE, University, DES Disability Employment Services, ADHC Assessments to Post School Programs.



Hopetown

117 Pollock Ave, Wyong

Phone: (02) 4353 2522

Fax: (02) 4351 2381

Email: hopetown-s.school@det.nsw.edu.au

Web: www.hopetown-s.schools.nsw.edu.au

Service Description:

We service the needs of primary & secondary students who have difficulties coping in mainstream settings. Programs emphasise social & emotional learning as well as academic, living & vocational skills which are developed in a therapeutic environment.

HopeTown School

*Be Safe * Be Respectful *Be Responsible

Girrakool Education And Training Unit

c/- Frank Baxter Juvenile Justice Centre Central Coast Highway
Kariong NSW 2250

Phone: (02) 4340 1353

Fax: (02) 4340 2527

Email: girrakool-s.school@det.nsw.edu.au

Web: www.girrakool-s.schools.nsw.edu.au

Service Description:

Girrakool School is a community care school providing education and vocational training programs for male juvenile offenders. The school has been in new premises since the opening of the Frank Baxter Juvenile Justice Centre in October 1999. The mission of the school is "To create a positive learning environment and to facilitate the student's successful integration into their community". A variety of credentialed curriculum is provided which covers remedial, academic, recreational and vocational courses.



Alesco Learning Centre Central Coast



Shannon Parade, Berkeley Vale NSW 2261

PO Box 5013, Chittaway Bay NSW 2260

Phone: (02) 4388 1384

Fax: (02) 4388 5035

Email: info@tlkalesco.nsw.edu.au

Web: www.tlkalesco.nsw.edu.au

Hours Open: Mon - Fri: 8:30am – 5:00pm

Service Description:

TLK Alesco School, a division of Tuggerah Lakes Community College Incorporated, is a registered and accredited non-government, non-political or religious school, specifically designed for the inclusion of young people who have been unable to complete their studies in conventional high schools.

The school caters for all students from years 9 to 12, using a proven and successful model for young people on the Central Coast. A key difference lies in the adult education setting, where the school encourages learning, freedom of thought, independence, mutual respect and responsibility.

If you would like to find out more about this exciting learning option, please contact the TLK Alesco School, Central Coast, on (02) 4388 1384 or email info@tlkalesco.nsw.edu.au.

The Haven Education Centre

St Edwards College

165 Serpentine Rd, Terrigal, NSW, 2260

Po Box 4011, East Gosford NSW 2250

Phone: (02) 4321 6490

Fax: (02) 4367 5197

Email: ckokegei@stedwards.nsw.edu.au

Web: www.stedwards.nsw.edu.au

Service Description:

The Haven Education Centre address a complex set of individual problems presented by students which result in them being unable to cope with mainstream schooling.

The Haven Education Centre is an annexe of St Edwards College, East Gosford.

School Counselling Services: Educational psychologists are available for students at every government school, and can be accessed through the school switchboard or by talking with the Principal or class teacher.



Ngaruki Gulgul Central

Youth Connections

Gate 1, Kangoo Road, Kariong 2229

Phone: (02) 4346 1111

Fax: 4346 1112

Email: admin@ngc.nsw.edu.au

Web: www.youthconnections.com.au

Hours open: 8.30am- 4.30pm

Service Description:

Ngaruki Gulgul, otherwise known as NG Central, offers a dynamic, enterprise learning environment for young people who need a new perspective on what it means to have skills and knowledge. Registered and accredited as a special assistance school with the NSW Board of Studies we offer Years 9, 10 and 11 along with a Vocational Certificate I qualification. Central to the philosophy of NG Central is the belief that practical work combined with vocational instruction, and a view to genuine production and sales, will enhance participants' motivation to learn and become positive and fully integrated citizens of our community. Participants will develop their learning, personal, social and professional skills with their barriers to engagement treated in a holistic manner.



Avoca Beach Public School The Round Drive, Avoca Beach 4382 1416	Bateau Bay Primary School 2A Waratah St, Bateau Bay 4332 8000	Berkeley Vale Public School Pindarri Ave, Berkeley Vale 4388 1305 / 4388 1305
Brisbania Public School High St, Saratoga 4369 1246	Brooke Ave Public School Brooke Ave, Killarney Vale 4333 1022	Budgewoi Public School Lukela Ave, Budgewoi 4390 9166
Central Coast Adventist School 12 Penrose Cres, Erina 4367 1800	Central Coast Grammar School Arundel Rd, Erina Heights 4367 6766	Central Mangrove Public School 1708 Wisemans Ferry Rd Central Mangrove 4373 1156
Chertsey Primary School Willow Rd Springfield 4325 3963	Chittaway Bay Public School Chittaway Rd, Chittaway Bay 4388 2188	Copacabana Public School Pueblo St Copacabana 4382 1766
Dooralong Public School 1046 Dooralong Rd Dooralong 4355 1246	East Gosford Public School Cnr York & Webb Sts East Gosford 4325 2178	East Gosford Infants School York St East Gosford 4325 3418
Empire Bay Public School Empire Bay Drive Empire Bay 4369 1796	Erina Heights Primary School 2 Serpentine Rd Erina Heights 4367 7608	Ettalong Primary School Karingi Street Ettalong 4341 3655
Gorokan Public School Dudley St Gorokan 4392 4200	Gosford Public School Faunce St West Gosford 4349 3600	Green Point Christian College 382 Avoca Drive, Green Point 4363 1266

Holgate Primary School 189 Wattle Tree Rd, Holgate 4367 7444	Holy Cross Primary School 37 Kincumber St, Kincumber 4369 6638	Jilliby Public School 352 Jilliby Rd, Jilliby 4355 1240
Kanwal Public School Craigie Ave, Kanwal 4392 3477	Kariong Public School Langford Drive, Kariong 4340 1885	Killarney Vale Public School Henricks Rd, Killarney Vale 4388 1066
Kincumber Public School Avoca Drive, Kincumber 4369 1544	Kulnura Public School 9 Williams Road, Kulnura 4376 1264	Lake Munmorah Primary School Carters Rd, Lake Munmorah 4358 1171
Lakes Grammar Cnr Sparks Road & Albert Warner Drive, Warnervale 4393 4111	Lisarow Public School 17 McDonalds Road, Lisarow 4362 1048	Mannering Park Public School Vales Rd, Mannering Park 4359 1184
Narara Public School Newling St, Lisarow 4328 3024	Niagara Park Public School Narara Valley Drive Niagara Park 4328 3397	Northlakes Primary School 69 Goorاما Ave, San Remo 4399 2071
Our Lady Of The Rosary Infants School Copnor Ave, The Entrance 4332 4061	Our Lady Of The Rosary Primary School Shelly Beach Rd Shelly Beach 4332 5594	Our Lady Of The Rosary Primary School 92 Glennie St, Wyoming 4324 6641
Our Lady Of The Sea School 165 Serpentine Road, Terrigal 4367 4630	Ourimbah Public School 121 Pacific Hwy, Ourimbah 4362 1033	Peats Ridge Public School 1231 Peats Ridge Rd, Peats Ridge 4373 1149

Point Clare Public School Takari Ave, Point Clare 4325 0594	Pretty Beach Public School 4 Pretty Beach Rd, Wagstaff 4360 1012	Jilliby Public School 352 Jilliby Rd, Jilliby 4355 1240
Kanwal Public School Craigie Ave, Kanwal 4392 3477	Kariong Public School Langford Drive, Kariong 4340 1885	Somersby Primary School 840 Wisemans Ferry Rd Somersby 4372 1233
St Edward's Christian Brothers 13 Frederick St, Gosford 4321 6400	St Joseph's Catholic College 6 Russell Drysdale St East Gosford 4324 4022	St Peter's Catholic College 84 Gavenlock Rd, Tuggerah 4351 2344
St Philip's Christian School 20 Narara Creek Rd Narara 4331 4400	The Coast Christian School 37/39 Bundaleer Crescent, Bensville 4368 3377	Spencer Public School Wisemans Ferry Road, Spencer 4377 1142
St Brendans Catholic Primary School Carters Rd, Lake Munmorah 4358 1501	St Cecilia's Catholic Primary School Panonia Rd, Wyong 4353 2922	St John Fisher Catholic School Hicks Lane, Tumbi Umbi 4388 5800
St John The Baptist School Dulkara Rd, Woy Woy South 4341 0884	St Mary's Primary School 458 Main Rd, Noraville 4396 5100	St Patrick's Catholic Primary School Cnr York St Melbourne Streets East Gosford 4325 1159
Tacoma Public School Hillcrest Ave, Tacoma 4353 1154	Terrigal Public School Havenvue Rd, Terrigal 4384 4599	The Entrance North Hutton Rd The Entrance North 4334 3600

The Entrance Public School 80 Oakland Ave, The Entrance 4332 2422	Toukley Primary School Main Rd, Toukley 4396 4275	Tuggerah Public School 1 Pacific Hwy, Tuggerah 4352 1116
Tuggerawong Public School Cadonia Rd, Tuggerawong 4392 1542	Somersby Primary School 840 Wisemans Ferry Rd Somersby 4372 1233	St Joseph's Catholic College Russell Drysdale St East Gosford 4324 4022
Umina Public School Sydney Ave, Umina 4341 1630	Valley View Public School Chamberlain Rd, Wyoming 4328 4433	Wadalba Community School Orchid Way, Wadalba 4392 5000
Wamberal Public School Lea Ave, Wamberal 4384 1111	Warnervale Public School Cnr Minnesota & Warnervale Rd, Hamlyn Terrace 4392 1358	Woodport Public School The Entrance Rd, Erina 4367 7324
Woy Woy Primary School Cnr Blackwall & Parks Rds, Woy Woy 4341 3555	Woy Woy South Primary School The School Mall, Woy Woy 4341 1899	Wyee Public School Wyee Rd, Wyee 4357 1255
Wyoming Primary School Maidens Brush Rd, Wyoming 4325 2181	Wyang Creek Primary School 583 Yarramalong Rd, Wyang Creek 4352 1583	Wyang Grove Public School North Rd, Wyang 4352 2142
Wyang Christian Community School 100 Alison Rd, Wyang 4351 2020	Wyang Public School Cutler Drive, Wyang 4352 2077	Yarramalong Public School Yarramalong Rd, Yarramalong 4356 1169

School Counselling Services: Educational psychologists are available for students at every government school, and can be accessed through the school switchboard or by talking with the Principal or class teacher.

Berkeley Vale Community High School 5-25 Berkeley Rd, Berkeley Vale 4388 1899	Brisbane Water Secondary College Umina Middle School Campus Veron Road, Umina 4341 9066	Brisbane Water Secondary College Woy Woy Senior Campus Edward Street, Woy Woy 4341 1600
Central Coast Adventist School 12 Penrose Cres, Erina 4367 1800	Central Coast Grammar School Arundel Rd, Erina Heights 4367 6766	Erina High School 152 Entrance Rd, Erina 4367 7353
Gorokan High School Goobarabah Ave, Gorokan 4393 7000	Gosford High School Racecourse Rd, Gosford 4325 2048	Green Point Christian College 382 Avoca Dr, Green Point 4363 1266
Henry Kendall High School Faunce Rd, Gosford 4325 2110	Kincumber High School Bungoona Rd, Kincumber 4369 1555	Lisarow High School Chamberlain Rd, Lisarow 4328 4599
Lakes Grammar Cnr Sparks Road and Albert Warner Drive, Warnervale 4393 4111	Narara Valley High School Cnr Fountains and Pandala Rds, Narara 4329 3780	Northlakes High School Brava Ave, San Remo 4390 0555
St Edward's Christian Brothers 13 Frederick St, East Gosford 4321 6400	St Joseph's Catholic College 6 Russell Drysdale St, East Gosford 4324 4022	St Peter's Catholic College 84 Gavenlock Rd, Tuggerah 4351 2344

St Philip's Christian School 20 Narara Creek Rd, Narara 4331 4400	Terrigal High School Charles Kay Drive, Terrigal 4384 4677	The Coast Christian School 37 – 39 Bundaleer Crescent, Bensville 4368 3377
Tuggerah Lakes Secondary College The Entrance Campus The Entrance Rd, Shelly Beach 4332 2944	Tuggerah Lakes Secondary Collage Tumbi Umbi campus 150 Bellevue Rd, Tumbi Umbi 4385 6802	Wyong Christian Community School 100 Alison Rd, Wyong 4351 2020
Wyong High School 53 Alison Rd, Wyong 4353 1088		

Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: <http://www.cclhd.health.nsw.gov.au/>

Hours Open: Monday – Friday, 8:30am – 5:00pm, except public holidays

Service Description:

Locations and contact numbers

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged.

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > ChIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

Gosford Regional Gallery & Arts Centre

Gosford City Council

36 Webb St, East Gosford, NSW 2250

PO Box 21, Gosford NSW 2250

Phone: (02) 4304 7550

Email: gallery@gosford.nsw.gov.au

Web: www.gosfordregionalgallery.com

Hours Open: Seven Days - 10:00am – 4:00pm



Girl Guides Association Of NSW

Level 2, 55 Holt, Street Surry Hills, NSW 2010

Phone: (02) 8396 5200

Fax: (02) 9211 5911

Email: guides@girlguides.org.au

Web: www.girlguides-nswact.org.au



Service Description:

Girls of 5 to 18 years have fun and learn skills that develop their self-confidence and community responsibility. Guides meet weekly during the school term.

At meetings girls work in small groups, play games, progress through challenges, earn badges, run their own activities.

Camps offer girls the chance to enjoy being outdoors, try boating, abseiling, skiing and attend campfires.

Musicians Making A Difference

1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350 (contact via email preferred)

Fax: (02) 8208 9846

Email: info@mmad.org.au

Web: www.mmad.org.au



Hours Open: AM: Monday - Friday by appointment. PM: Gosford HQ programs – Monday, Wednesday, Friday by referral (info@mmad.org.au). Outreach across Hunter, Wyong and Gosford. Dance Mentoring: Monday – Thursday (register at streetdreams.info). Music Mentoring: Tuesday and Thursday (via EOI).

Service Description:

Musicians Making A Difference (MMAD) is an Australian charity changing young lives through creative mentoring. MMAD uses innovative music, dance and camp programs to address the emotional, social & physical needs of disadvantaged young people aged between 8 and 24.

Transcendence: Gaming At Its Best

Youth Connections

Gate 1, Kangoo Road, Kariong 2229

Phone: 4346 1111

Fax: 4346 1112

Email: ashley@youthconnections.com.au

Web: www.youthconnections.com.au

Hours open: 8.30am- 4.30pm

Service description:

Transcendence: Gaming at its Best is a gaming hub located at Green Central, Kariong as an Abilities initiative of Youthconnections.com.au. It offers recreational Friday night gaming competition nights for young people aged 9-15 years old, both those with a disability and those without. This encourages safe, positive and engaging social networking for young people, in a fun and inclusive environment.



Central Coast Lakes Scout District

Phone: 1300 858 464

Location: Wyong Shire and including Terrigal and Erina

Email: DC.CCLakes@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the relevant Scout group

Fees: Cost of own uniform

Contact: Regional office

Area Served: Central Coast, Wyong, Gosford

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer.

Parent Organisation: Scouts Australia – NSW Branch

Description: For volunteer adults to assist in the development of our youth in one of the 11 Scout Groups across the District. VET courses and training provided up to Cert III and Cert IV. Diploma VET courses also available.



1st Berkeley Vale Scout Group

Phone: 1300 858 464

Location: Myrtle Brush Park, Panorama Pde, Berkeley Vale NSW 2261

Email: Berkeley.Vale@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Berkeley Vale

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.339742, 151.433925

Description: Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses



1st Budgewoi Scout Group

Phone: 1300 858 464

Location: Narambi Rd Buff point NSW 2262

Email: Budgewoi@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Budgewoi

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.230408, 151.537361

Description: Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Erina Scout Group

Phone: 1300 858 464

Location: Serpentine Rd, Erina Heights NSW 2260

Email: Erina@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Gosford, Erina

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.428807, 151.413017

Description:

Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Gwandalan Scout Group

Phone: 1300 858 464

Location: Koowong Rd, Gwandalan NSW 2259

Email: Gwandalan@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Gwandalan

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.138447, 151.586285

Description:

Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Kanwal Scout Group

Phone: 1300 858 464

Location: Cnr Pearce & Hopetown Rds, Kanwal NSW 2259

Email: Kanwal@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Kanwal

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.265120, 151.482594

Description: Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Mannering Park Sea Scouts

Phone: 1300 858 464

Location: Griffith St, Mannering Park NSW 2259

Email: Mannering.Park@Scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Mannering Park

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.155141, 151.543170

Description: Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Terrigal Scout Group

Phone: 1300 858 464

Location: Cnr Terrigal Dr & Willoughby Rd Terrigal NSW 2260

Email: Terrigal@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Gosford, Terrigal

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.439652, 151.437814

Description:

Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



Toukley Haven Scout Group

Phone: 1300 858 464

Location: 90 Evans Rd, Toukley NSW 2263

Email: Toukley.Haven@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Toukley

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer.

Parent Organisation: Scouts Australia – NSW Branch

GPS: [-33.271130, 151.549064](#)

Description:

Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Tumbi Scout Group

Phone: 1300 858 464

Location: 54 Adelaide St, Tumbi Umbi NSW 2261

Email: Tumbi@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional Office

Area Served: Central Coast, Wyong, Tumbi Umbi

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.362118, 151.449386

Description:

Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Tuggerah Lakes Scout Group

Phone: 1300 858 464

Location: Nirvana St, Long Jetty NSW 2261

Email: Tuggerah.Lakes@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong, Long Jetty

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.356123, 151.492986

Description: Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



1st Wyong Lakes Scout Group

Phone: 1300 858 464

Location: Levitt St, Wyong NSW 2259

Email: Wyong@scoutreach.org.au

Web: www.scoutreach.com.au

Hours: Evenings and weekend activities depending on the age group

Fees: Term fees are set by the parent's committee

Contact: Regional office

Area Served: Central Coast, Wyong

Keywords: Children and Families; Social Clubs and Groups; Community Service Groups; Youth groups; Volunteer.

Parent Organisation: Scouts Australia – NSW Branch

GPS: -33.285220, 151.426774

Description:

Youth activities for Girls and boys from 6-26 through four age based sections. Volunteer adults may be eligible for Cert III, Cert IV and Diploma VET courses.



Gosford Presbyterian Church

14-16 Young St, West Gosford

PO Box 1171, Gosford, NSW, 2250

Phone: (02) 4323 2490

Email: office@gosfordpc.com.au

Web: www.gosfordpc.com.au

Hours Open: Admin hours: No onsite admin. Phone and email only. For program times, see below in service description

Service Description:

Sunday Church Services: 8.00am traditional service, 9:45am family focused, 4.00pm Youthchurch, 6.30pm Nightchurch

Friday Activities: During school term

GPC Youth: 6.30-8.30pm Friday evenings for school years 7-9; and Sunday afternoons from 4-5pm for school years 10-12. (Please ring to confirm times and activities)

Purpose of Group:

Christian Education, Friendship, and Activities for children and youth of the Central Coast, based on the desire for all youth to know Jesus.

Thrive Church Central Coast

(formerly known as hope family church)

Tuggerah Lakes Secondary College, The Entrance Rd, Long Jetty, NSW

Phone: 0401 465 737 (Brad – Hagan – Senior Pastor)

Email: admin@thrivechurchcentralcoast.com.au

Web: www.thrivechurchcentralcoast.com.au

Hours Open: Sunday Service 10am

Service Description:

Held Sundays 10am in Tuggerah Lakes Secondary College.
Senior Pastor Brad Hagan 0401 465 737.

Terrigal Uniting Church

380 Terrigal Dr, Terrigal

Phone: (02) 4385 1248

Fax: (02) 4385 7287

Email: minpatuc@fastmail.com

Web: www.terrigalunitingchurch.com

Hours Open: Fridays 4-6pm (years 3-6) includes dinner. Services most Saturdays, Sundays and Tuesdays. See web for details.

Service Description:

We proclaim God's good news of salvation offered by Jesus Christ, in what we say and do in all areas of the life of the church. We pray and work for all people to accept Jesus Christ as their Lord and Saviour.

We are united and enlivened by the loving Holy Spirit of Christ and God's good news.

Each believer in the congregation knows their spiritual gift(s) and serves God using that gift in a ministry in the church and / or in the community. They can name that ministry.

We offer outstretched hands from an open door for the "ugly, wet, naked & dirty" (of such we all are) to find rest, restoration, renewal, and growth.

People are equipped with knowledge and skills to assist living life to the fullness of the image of Christ. This includes the church making disciples, in Terrigal and beyond, in Australia and overseas.

All people on the pastoral care roll sharing in the pastoral care of each other, especially through small groups.

We wisely use God's resources including our time, talents, property, and finances, seeing all we have as belonging to God and for us to share.

Commence and finish our every breath in worship to God for all the things implied above.

Redemption Youth

Kariong Community Baptist Church

Kariong Public School Hall, Kariong

PO Box 7001 Kariong, NSW 2250

Phone: (02) 4340 5864

Email: pastor@kariongchurch.org.au

Web: www.kariongchurch.org.au

Hours Open: See website

Service Description:

Redemption Youth is the name of our youth ministry. There are various kinds of groups and activities available to cater for the diversity of youth involved.

Generation Unlimited

Church Unlimited

162 Pacific Hwy, Charmhaven; Central Coast Leagues Club, Gosford;
93 McMasters Rd, Woy Woy.

PO Box 4040 Lake Haven NSW 2263

Phone: (02) 4393 3764

Fax: (02) 4393 3765

Email: info@hopeuc.com

Web: www.hopeuc.com

Hours Open: Friday night 7:00pm – 9:00pm

Service Description:

GENERATION UNLIMITED is an empowering youth ministry for all High School aged young people. At GU, we are about taking the truth and love of Jesus Christ across the street, and around the world.

Every Friday night, GU unites together from 7-9pm at Church Unlimited for a great night packed with Biblical teaching, Inspiring Praise and Worship, and crazy games! GU is a place you will be encouraged in your personal walk with Christ, a place of connection and friendship, and a place of freedom and fun!

At GU, we also have mid-week connect groups for both girls and guys. This is a fantastic way to build positive friendships and deepen your relationship with Christ.

Sport And Recreation

Central Coast Regional Office, c/o, Ourimbah Campus
Brush Rd, Ourimbah, NSW, 2258

Phone: (02) 4362 6184

Fax: (02) 4362 2910

Email: centralcoast@sport.nsw.gov.au

Web: www.dsr.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

Sport and Recreation Office of Sport is a division of the Department of Premier and Cabinet. The Central Coast office promotes physical activity and provides a range of courses relating to sport including; coaching, sports massage, club administration etc. The Central Coast regional Office also provides a wide range of school holiday activities and sports programs as well as development opportunities for sporting organisations on the Central Coast.

Please visit our webpage for information on other sporting organisations.



Communities
Sport & Recreation

Myuna Bay Sport And Rec Centre

Communities NSW

21a Wangi Rd Myuna Bay
PO Box 5037 Dora Creek, NSW 2264

Phone: 1800 654 422 or (02) 4973 3301

Fax: (02) 4970 5014

Web: www.dsr.nsw.gov.au/myunabay

Service Description:

Discover the natural beauty of Lake Macquarie by staying lakeside at Myuna Bay Sport and Recreation. Just a little over an hour's drive north of Sydney, the centre is in a perfect location for outdoor adventure and specialises in water-based activities all year round.



Communities
Sport & Recreation

Umina PCYC

101 Osborne Avenue Umina Beach, NSW 2257

Phone: (02) 4344 7851

Email: via website

Web: www.pcyctnsw.org.au/umina

Hours Open: Monday to Friday 3:30pm – 7:00pm

Service Description:

PCYC is a statewide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.



Bateau Bay PCYC

The Entrance Rd, Bateau Bay NSW 2261

Phone: (02) 4332 7000

Fax: (02) 4334 1071

Email: via website

Web: www.pcydnsw.org.au/bateaubay

Hours Open: Various – See site for details

Service Description:

PCYC is a state-wide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.



Niagara Park Stadium

18 Washington Avenue, Niagara Park

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4325 84199

Email: scott.attwood@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au

Service Description:

Niagara Park Stadium is a community facility which incorporates 4 full size basketball courts which are adaptable to host many different sports, trampoline and foam pit area, dance studio, martial arts and meeting rooms. We also run weekend birthday parties and vacation care activities. To book or enquire about access please call 4325 8199 (ext 2).



Regional Transport Coordinator

Transport NSW

Level 3, 131-133, Donnison St, Gosford
PO Box 1327, Gosford, NSW, 2250

Phone: (02) 4337 2311

Fax: (02) 4324 2698

Mobile: 0407 946 912

Email: robert.thomas@transport.nsw.gov.au

Web: www.transport.nsw.gov.au/customers/community-transport

Service Description:

My role aims to reduce the negative effects of transport disadvantage through improved coordination with community stakeholders, transport operators and other agencies.

Transport disadvantage is defined as a circumstance or set of circumstances that leaves those that are affected by it in a situation where they have limited or no access to private transport and they have difficulty in gaining access to conventional transport systems.



Busways – Central Coast

Gosford Depot

42 Empire Bay Dr, Kincumber 2251

Phone: (02) 4368 2277

Hours Open: 7.30am to 5.30pm daily

Email: info@busways.com.au

Wyong Depot: 9 Arizona Rd, Woongarra 2259

Phone: (02) 4392 6666

Hours Open: 7.30am – 5.30pm daily

Email: info@busways.com.au



Redbus – Central Coast

Phone: (02) 43 328655

Fax: (02) 43 321512

Email: info@redbus.com.au



Coastallinner – Central Coast

157 Sparks Road, Warnervale, NSW 2259

Phone: (02) 4392 3050

Fax: (02) 4393 2910

Email: info@coastalliner.com.au

Website: www.coastalliner.com.au



Transport NSW (plan your trip and information)

Website: <http://www.transportnsw.info>

Phone: 13 15 00



Central Coast Taxis

Phone: 13 10 08

Website: <http://centralcoasttaxis.com.au>



Vehicles in the Central Coast Taxis fleet include four seater and five seater sedans, four seater and five seater station wagons and Maxi Taxis that seat up to eleven passengers. Wheelchair accessible transport is also available and includes flashcabs and vans.

St Vincent de Paul Society

Broken Bay Diocese

203 1 Katherine St, Chatswood
PO Box 1426, Chatswood, NSW, 2057

Phone: (02) 9415 1492 Youth team (02) 9495 8306

Fax: (02) 9415 3193

Email: georgia.strutt@vinnies.org.au

Web: www.vinnies.org.au

Hours Open: Monday – Friday 9am – 5pm

Service Description:

We run a Kids Camp program in the school holidays for children aged between 7 and 13. We also provide volunteering opportunities to young people over the age of 16.



Volunteering Central Coast Inc.

Unit 6/31 Dwyer Street, North Gosford, NSW 2250
PO Box 9344, Wyoming, NSW 2250

Phone: (02) 4329 7122

Email: recruit@volcc.org.au

Web: www.volunteeringcentralcoast.org.au

Hours Open: Monday – Thursday 9am – 4.30pm

Service Description:

Volunteering Central Coast (VCC) operates the only job centre for volunteers on the Central Coast and we provide services to the entire region. We have over 100 member organisations and refer over 600 volunteers each year to the various positions offered by our members. VCC also offers support to our member organisations and volunteers, through training, resources and advocacy. 2016 will see the 30th anniversary of our organisation and we continue to grow with each year.



www.youthdesk.com.au

Service Description: Online information for Central Coast Youth Sector Members. Contains regular CCCYI information.

www.youthaction.org.au

(previously known as Youth Action & Policy Association)

Service Description: The Youth Action & Policy Association, your peak body representing your interests as a young person or youth worker in NSW, has changed its name to Youth Action.

www.ycentral.com.au

Service Description:

A one stop shop to support young people 12-25 with their health and wellbeing

au.reachout.com

Service Description:

Web Based services that inspires young people to help themselves through tough times.

www.youthweek.nsw.gov.au

Service Description:

Information including events calendar for Youth Week events in NSW.

www.whatsoncentralcoast.com.au

Service Description:

Information on local events.

www.headspace.org.au/gosford

Service Description:

Funded by the Aust Gov, under the Promoting Better Mental Health - Youth Mental Health Initiative.

www.beyondblue.org.au

Service Description:

Organisation that works in partnership to assist depression and other mental health issues.

www.kidshelpline.com.au

Service Description:

Counselling service for Australian children and young people aged between 5 and 25 years.

Young Parents Support Program

Central Coast Family Support Service

21, Old Mt Penang Rd,
Kariong PO Box 7125, Kariong, NSW, 2250

Phone: (02) 4340 1585

Fax: (02) 4340 4772

Web: www.ccfss.org.au

Hours Open: Monday – Friday 9am – 4pm

Service Description:

The young parent support program provides home visiting and group based activities for pregnant and parenting young people aged 13 to 21 years. This service supports young people in a variety of settings with the aim to assisting the transition to parenthood.



Pregnancy Counselling

CatholicCare

3 Mary MacKillop Drive Woongarra, NSW 2259
(Level 2 GP Super Clinic)

Phone: (02) 4356 2600

Email: wyongfc@dbb.org.au centralcoastfamilycentre@dbb.org.au

Hours Open: Various – Call for Details

Service Description:

Central Coast Pregnancy Counselling can offer you support during crisis situations relating to pregnancy and assistance in looking at and exploring the options available to you in decision-making.



Early Family Options

Uniting Care Burnside

38 Pacific Highway, Wyong 2259

Phone: (02) 4350 9000

Mobile: 0455 090 041

Fax: (02) 4352 3222

Email: vrobson@unitingcarenswact.org.au

Web: www.unitingcarenswact.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Early Family Options has 2 young parent workers who work with parents up to 25 years in both Gosford and Wyong Shires and 2 family Workers who work with parents, grandparents and other carers of all ages in Wyong Shire. The service is for parents and carers who are pregnant or have children up to eight years of age. EFO can provide both short term casework or up to 1 year. EFO is voluntary and free. We take self-referrals and referrals from other services as well as Hospital midwives, child and family health, childcare centres and schools. All referrals are to be directed to the Central Intake line which is 1800 067 967.

Regional Youth Support Services Inc



Parkside Building, 123 Donnison St Gosford

PO Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374

Fax: (02) 4323 3796

Email: administration@ryss.com.au

Web: www.ryss.com.au www.youthartswarehouse.com.au

Hours Open: Monday-Friday: 9am – 6pm

Service Description:

Information, assessments & referrals to other agencies. RYSS is your point of access on the Central Coast for high quality services, resources & facilities specifically tailored to people aged 12 to 25 years of age.

The Hill Youth Centre

Gosford City Council Youth Services

98 Mitchell Drive, Kariong

PO Box 21, Gosford, NSW, 2250

Phone: (02) 4304 7039

Mobile: 0407 940 433

Fax: (02) 4340 4678

Email: michelle.tilden@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au/community/services/youth-services/youth-centres

Hours Open: Tues – Thur 3 - 6pm, Friday 4 - 8pm, School Holidays 12pm - 4pm.

Service Description:

The Hill Youth Centre provides a safe and fun place for young people to participate in recreational activities, music, art, cooking, movie nights and other programs. Information, advocacy, referral, career guidance and homework help is also available. Anger management, bullying, young women's and men's programs are run at the centre or in schools in Gosford LGA. Structured programs and holiday activities run for young people aged 12 - 18yrs. Ages outside 12 – 18 are dependent on programs. Advocacy is available for local community issues. A free Youth health Clinic operates Fridays 3.30 -6pm. The centre is a community facility available for hire.



The Hub Youth Entertainment Venue

Gosford City Council Youth Services

North South Head Rd, Erina Fair, Erina
PO Box 21, Gosford, NSW, 2250



Phone: (02) 4304 7104

Fax: (02) 4365 6715

Email: jennie.dias@gosford.nsw.gov.au

Web: www.thehuberina.com

Hours Open: See the HUB Erina's music listing, events and programmes at www.thehuberina.com

Service Description:

The HUB Erina aims to provide a variety of structured programmes, entertainment, activities, information and referral services for local youth. Our programmed activities promote positive development for young people within the safe and supportive environment of our venue. Host to live music events since 2005, helping launch the careers of Shortstack and Karise Eden. The HUB Erina is renowned as a venue for rock, alternative and indie music with its' Battle of the Bands and DISCOVERED events. The HUB Erina's policy of nurturing new music continues to this day, making it a great place to spot the stars of tomorrow.

The HUB Erina Youth Entertainment Venue is available for hire to groups and individuals for various activities, events and performances.

Kincumber Youth Centre

Gosford City Council Youth Services

Kincumber St, Kincumber (opposite Kincumber High School)
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4369 5633

Fax: (02) 4369 2520

Email: haley.burgess@gosford.nsw.gov.au

Web: www.gosford.nsw.gov.au/community/services/youth-services/youth-centres

Hours Open: Mon – Wed 2:30 – 5:30, Fri 2:30 – 5:30, School Holidays 12pm - 4pm

Service Description:

Kincumber Youth Centre provides a safe and fun place for young people to participate in recreational activities, music, art, cooking, movie nights and other programs. Information, advocacy, referral, career guidance and homework help is also available. Structured programs and holiday activities for young people aged 12 - 18yrs. Advocacy for local community issues. A free Youth health Clinic operates Wednesdays 2.30 -5.30pm. The centre is a community facility available for hire, including a recording studio.



Phoenix Youth Support Service

Wyong Neighbourhood Centre

Off Bannister Drive, Lake haven, NSW 2263
PO Box 411 Wyong 2259

Phone: (02) 4393 9555

Fax: (02) 4393 6951

Email: phoenixyss@wyongneighbourhoodcentre.org.au

Web: www.wyongneighbourhoodcentre.org.au

Hours Open: Mon –Fri 9am-5.30pm

Service Description:

Phoenix youth support Service offer case management/mentoring, Support, information, advice & referral for individuals including, Accommodation, Education, Employment, Relationships, Self Esteem, Legal support, Advocacy, Anger management. Clients can self refer or be referred by other services.



Wyoming Youth Centre

Regional Youth Support Services

9 Warrawilla Rd, Wyoming
PO Box 1300, Gosford, NSW 2250

Phone: (02) 4325 0661

Mobile: 0400 407 207

Fax: (02) 4325 0662

Email: wyoming@ryss.com.au

Web: www.ryss.com.au

Hours Open: Tuesday – Friday 2.30pm – 5.30pm (after school based programs)

Tuesday - Friday: 9.30am – 2.30pm (advice, referral and casework services)

Service Description:

Provides advice, referral and casework services, as well as after school activities and skills-based programs for young people 12-18 years of age.



Evolution Youth Service

Peninsula Community Centre Inc

2 Ross Street Woy Woy NSW 2256

PO Box 512, Woy Woy, NSW 2256

Phone: (02) 4342 3684

Fax: (02) 4342 3914

Email: eys@coastcommunityconnections.com.au

Web: www.coastcommunityconnections.com.au

Hours Open: Monday – Friday 9.00am – 5.00pm

Service Description:

Evolution Youth Service is a free service delivering support and assistance to young people and their families. Our service is committed to assisting young people to:

- > remain engaged with education or employment
- > stay connected with their families
- > gain knowledge and skills to make positive life choices
- > support them to achieve their goals
- > EYS is a case management service for young people 12 – 17 and/or their families.
- > Youth Health Clinic available Friday 4.00pm – 8.00pm
- > Drug and Alcohol Counsellor – 12-18 yrs
- > Call (02) 4342 7640 to make an appointment.

We are committed to assisting parents and carers to:

- > know about community services and resources that meet their family's needs
- > have improved relationships with their child or children.

Evolution Youth Service supports an Alcohol and Other Drugs Program which provides free counselling and education for young people who may be concerned about their own (or their friend's) use of alcohol and other drugs. For more information on this project, please contact the AOD Worker on 4342 7640.



Parkside

Parkside Building, 123 Donnison St Gosford

PO Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060

Fax: (02) 4323 7453

Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is a Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services.

Regional Youth Support Services Information, assessments & referrals to other agencies. RYSS is your point of access on the Central Coast for high quality services, resources & facilities specifically tailored to people aged 12 to 25 years of age.

Youth Arts Warehouse – is a contemporary leading- edge facility providing young people (12-24) with professional art programming in areas such as theatre, music, visual arts, and photography, which creates artistic, cultural and professional development opportunities for young and emerging artists on the Central Coast.

Oasis Youth Centre

Salvation Army

15 – 23 Hely St, Wyong

PO Box 57 Wyong, NSW 2259

Phone: (02) 4353 9799

Fax: (02) 4353 9550

Email: oasisyouth@aue.salvationarmy.org

Hour Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Support, information and recreational activities for 12-24 years including: Case management, Court support, Anger management, Sport and Rec centre (sports court, skate park, games tables, computer games and more), Oasis Shop - low priced groceries, School based group programs, Work experience/student placement, School Holiday programs, Work Development Orders, Assistance with Juvenile Justice Conferences, Advocacy and referral and drive for Life Program.



Links Youth Service Support

San Remo Neighbourhood Centre

Brava Ave, San Remo (Opposite Northlakes High)
28 Brava Ave, San Remo, NSW 2262

Phone: (02) 4390 7888

Fax: (02) 4399 2398

Email: links@sanremo.org.au , youthsupport@sanremo.org.au or jillian@sanremo.org.au

Hours Open: 9.00am – 4.00pm

Youth Cabin – Monday, Tuesday, Wednesday, Thursday and Friday

Service Description:

Youth and family Services

Provide Information, Support and Referral in the Youth Cabin.

Case Planning and Case management.

Life Skills and Skills Development Group Work.

Youth Health GP Clinic and headspace appointments available.

Community projects in the Northern Wyong shire

Gen Q Wyong program social, support group for questioning and same sex attracted young people. LINKS Youth Support Service aims to provide a fun and safe non threatening environment for young people aged 12 - 18 years to make social connections, learn new skills and to be active participants in their community. LINKS Youth Support Service caters to the changing needs and demands of young people in the north of the Wyong Shire from Wadalba to Summerland Point within a strengths and assets based community development framework. LINKS Youth Support Service aims to provide best practice youth service provision to all young people inclusive of young people who are Aboriginal and Torres Straight Islander, Culturally and Linguistically Diverse, and Disabled or otherwise marginalised.



Umina PCYC

101 Osborne Avenue Umina Beach, NSW 2257

Phone: (02) 4344 7851

Fax: N/A

Email: via website

Web: www.pcywnsw.org.au/umina

Hours Open: Monday to Friday 3:30pm – 7:00pm

Service Description:

PCYC is a state-wide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.



Bateau Bay PCYC

The Entrance Rd, Bateau Bay NSW 2261

Phone: (02) 4332 7000

Fax: (02) 4332 1071

Email: via website

Web: www.pcycnsw.org.au/bateaubay

Hours Open: Various – See site for details

Service Description:

PCYC is a statewide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.



Early Intervention & Activities Central Coast

Samaritans Foundation

10-12 Debra Anne Dr, Bateau Bay NSW 2261 (until mid July)

1 Bay village Road Bateau Bay, 2261 (Tuggerah Lake Community Centre)

PO Box 4316, Bay Village, NSW 2261

Phone: (02) 4332 1141

Fax: (02) 4333 6044 (until mid July) (02) 4384 8460

Email: eiacc@samaritans.org.au

Web: www.samaritans.org.au

Hours Open: Mon-Fri 9am-5pm

Service Description:

The Samaritans EIA team operates within the Central Coast Region across the Wyong Local Government Areas ranging from Mannering Park in the North to Bateau Bay in the South. EIA provides a range of services for families with children under 13 years and for young people aged 13-17 years and their families. Support includes providing information, referral, support and advocacy for young people within the community and a range of parenting programs.



Samaritans

Getting it Together Program

Wesley Mission

38 Gilda Ave, Narara

Also Co-located at: Headspace Gosford

Phone: (02) 4328 1053

Mobile: 0427 403 601

Fax: (02) 4328 4798

Email: susan.higgins@wesleymission.org.au

Web: www.wesleymission.org.au

Hours Open: Monday – Thursday 9am – 5pm

Appointments available at Gosford Headspace. Drop in on Thursday.

Service Description:

Outreach service for young people 12-21 with drug and alcohol issues. Holistic program dealing with the underlying issues that are impacting a young person's life and their Drug & Alcohol use, through case management, referrals, and brokerage assistance.



The Aftercare Resource Centre

Relationships Australia

123 Donnison St, Gosford NSW 2250
(Parkside Building)

Phone: (02) 4322 3659 or 1800 656 884 (free call)

Fax: (02) 4322 3659

Email: arc@ransw.org.au

Web: www.nsw.relationships.com.au

Hours Open: Monday – Wednesday 9am – 5pm

Service Description:

The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required. We can also help you to access our ward file and provide support you while you read it.



Young Parents Support Program

Central Coast Family Support Service

21, Old Mt Penang Rd,
Kariong PO Box 7125, Kariong, NSW, 2250

Phone: (02) 4340 1585

Fax: (02) 4340 4772

Web: www.ccfss.org.au

Hours Open: Monday – Friday 9am – 4pm

Service Description:

The young parent support program provides home visiting and group based activities for pregnant and parenting young people aged 13 to 21 years. This service supports young people in a variety of settings with the aim to assisting the transition to parenthood.



Regional Youth Support Services Inc

Parkside Building, 123 Donnison St Gosford

PO Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374

Fax: (02) 4323 3796

Email: administration@ryss.com.au

Web: www.ryss.com.au www.youthartswarehouse.com.au

Hours Open: Monday-Friday: 9am – 6pm

Service Description:

Information, assessments & referrals to other agencies. RYSS is your point of access on the Central Coast for high quality services, resources & facilities specifically tailored to people aged 12 to 25 years of age. Provision of case work to individuals.



Youth Service

Youth Connections

Gate 1, Kangoo Rd, Kariong

Phone: (02) 4346 1111

Fax: (02) 4346 1112

Email: admin@youthconnections.com.au

Web: www.youthconnections.com.au

Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

Youthconnections.com.au creates environments where young people can achieve purposeful futures through economic, social and civic participation. As a trusted Not-For-Profit organisation, we have a long history in developing meaningful enterprises that provide work experience, vocational learning, soft employment entry points, mentorship and support to young people. Our programs touch the lives of over 6000 young people annually across the Central Coast, North Sydney and Hunter regions, offer work placements to over 2,000 young people and support them to overcome barriers which may prevent full and purposeful engagement in education, training or employment. Youthconnections.com.au has a strong commitment to our most vulnerable and disenfranchised youth and provides programs, services and resources to cater to Indigenous youth, job-seekers, young parents and those with a disability. Youthconnections.com.au ensure no young person is left behind without a supported transition into education, training and employment.



Youth Engagement Strategy (Y.E.S)

Gosford City Council

Phone: (02) 4304 71 04

Email: steve.knee@gosford.nsw.gov.au

Service Description:

The Youth Engagement Strategy (YES) provides a positive approach to addressing issues relating to young people and public space and aims to address safety and security for young people and the wider community. YES is an initiative of Gosford City Council and is supported by the Police and the Department of Community Services.



Youth Health Service

Central Coast Local Health District



Health
Central Coast
Local Health District



Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, 2259
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333

Fax: (02) 4356 9350

Email: cclhd-ccyhs@health.nsw.gov.au

Web: <http://www.cclhd.health.nsw.gov.au/>

Hours Open: Monday – Friday, 8:30am – 5:00pm, except public holidays

Service Description:

Locations and contact numbers

The Central Coast Youth Health Service is located on the ground floor at Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong, near to Wyong train station, with a car parking off River Rd, at the rear of the community health centre.

The Youth Health Service has a range of health professionals (Aboriginal Youth Health Worker, Doctor, Nurses, Occupational Therapist, Social Workers, Psychologists) who provide health care, for a broad range of health concerns, for young people, 12 to 24 years of age, living in the Central Coast region (Wyong and Gosford local government areas) at community health centres, youth centres, schools and other locations, as arranged.

Services provided include:

- > Health Clinics at Youth Centres (Kariong, Kincumber and San Remo), Lake Munmorah High School and Wyong Central Community Health Centre
- > Worker on Duty (intake)
- > Counselling (for young people, 12 to 18 years of age)
- > Aboriginal Youth Health Worker
- > Community Outreach
- > Hospital Liaison
- > ChIPS (Chronic Illness Peer Support)

Through these, Youth Health:

- > Provides health information, assessment, brief intervention, treatment of general health concerns, counselling and referral to specialist health services and other agencies
- > Assists young people and other service providers to coordinate health care and link young people to mainstream health service providers
- > Helps young people to develop life skills, engage in school and community activities, manage stress and worry, improve concentration and activity levels
- > Assists young people to better know and understand health issues, to improve management of health concerns
- > Works with community agencies working with young people to promote young people's access to quality health services

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