

# Staying safe at night



Central  
Coast  
Council

## When heading out at night it is important to plan ahead so you can have a safe and enjoyable evening.

- Make sure you have the contact numbers of all the friends/family you are out with.
- Ensure your phone is charged and keep it with you.
- Let your parents, housemates, or partner know where you will be and until what time.
- Never leave your drink unattended.
- If you plan to drink alcohol, ensure you can get home safely with someone you know and trust.
- Never get in a car if the driver has been drinking alcohol or taking drugs. If you have driven your own car and end up drinking alcohol, leave your car where it is and find a safe way home with friends, family or in a taxi.
- If you decide to get a taxi, wait in a well-lit area and make sure you have enough money to pay for your trip home.
- Avoid walking alone at night - use safe transport or walk in a group.

### For further information or assistance, please contact:

In the case of an EMERGENCY or a crime in progress, call Triple Zero **000**

To report information about a crime that has been committed, call Crime Stoppers **1800 333 000**

For confidential crisis support, call Lifeline **131 114**

If you or someone you know is experiencing violence or abuse, call 1800RESPECT on **1800 737 732** or contact the Domestic Violence hotline on **1800 656 463**

