

PLC Sports Hall Timetable



Peninsula Leisure Centre - 243 Blackwall Road, Woy Woy
4325 8123 PLC@gosford.nsw.gov.au

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am - 8am				Tabata 6.00am		Closed	Closed
8am - 12pm	Boxing 8.30am Two courts open for general use / schools.	Ready Steady Go kids Multi-sport program (ages two -six years) One court available.	Tabata 9.30am Two courts open for general use / schools.	Little Kickers Soccer program (ages two - six years) One court available.	TRX 8.30am Boxing 9.30am Two courts open for general use / schools.	Little Kickers Soccer program (ages two - six years). One court available.	Two courts open for general use.
12pm - 2pm	Regular Bookings available.	Two courts open for general use / schools. Regular bookings available.	Regular bookings available.	Two courts open for general use / schools. Regular bookings available.	Regular bookings available.	Two courts open for general use. Regular bookings available.	Regular bookings available.
2pm - 4pm						Two courts open for general use. Regular bookings available.	One court available. Power Chair Football (monthly)
4pm - 5pm	Two courts available to book for junior netball training. Bookings essential.	Junior floorball Go4fun Free kids health program. 1800 780 900	Darren Gunn's Junior Soccer Coaching (runs school term) One court available for general use.	PLC Team Training Night Two courts available for team training: Soccer Futsal Basketball Volleyball Netball Floorball Hockey \$55 per hour. Bookings essential.	Two courts open for general use.	Closed for general use. Two courts available for event bookings.	Closed for general use. Two courts available for event bookings.
5pm - 10pm	PLC Social Netball Comp Night Open women's and mixed teams. Runs all year round . 13 round comps. 0418 494 950 Tim.Peterson-Hamp-shire@centralcoast.nsw.gov.au	Tabata 5.00pm Peninsula Floorball Comp Night (indoor hockey) Juniors and Opens. Runs all year round. 0401 001 472 floorball.hq@gmail.com	PLC Social Futsal Comp Night (indoor soccer) Open, mixed and women's teams. Runs all year round. 13 round comps. 0418 494 950 Tim.Peterson-Hamp-shire@centralcoast.nsw.gov.au		IFS Junior Futsal Comp Night Run by The International Football School. 0431 424 529 andrew.peachey@ifsfutsal.com	NSW Futsal State League runs September to February.	

Bookings subject to change. For more program and bookings information please enquire at reception 4325 8123